

*Child & Adolescent Mental Health
State & Community Consensus & Planning Team*
MEETING SUMMARY
MONDAY, JUNE 22, 2009 ♦ 1:00 PM – 3:00 PM
CCCA, Staunton, VA

WELCOME AND INTRODUCTIONS

Heidi Dix convened the meeting at 1:10 pm and welcomed participants.

Attendees introduced themselves and where they are from:

Name	Organization
Barb Shue	CCCA
Betsy Strawderman	Prince William CSB
Bill Semones	Centra Health
Catherine Hancock	DMAS
Cynthia McClaskey	SWVMHI
Diana Barnes	District 19 CSB/VACSB Council
Merilee Fox	DOE
Heidi Dix	DMHMRSAS
James Reinhard, MD	DMHMRSAS
Jim Krag	Pyschiatrist
Joe Tuell	CCCA
Lisa Moore	Mt. Rodgers CSB
Macy Fox	Parent
Margaret Nimmo Crowe	Voice for Virginia's Children
Mira Signer	NAMI
Pam Fisher	DMHMRSAS
Roger Burket, MD	Psychiatrist
Sandy Bryant	Central Valley CSB
Steve Peed, MD	DJJ
Vicky Hardy-Murrell	Medical Home Plus/Virginia Federation for Families

PRESENTATIONS and DISCUSSION

The Team heard presentations from:

Dr. Cynthia McClaskey from Southwest Virginia Mental Health Institute

Barbara Shue from Commonwealth Center for Children and Adolescents

Both presenters provided data and information about their facilities. Materials from the presentations are posted at:

<http://www.dmhmrzas.virginia.gov/Children/Planning.htm>

The Team discussed the data presented and heard from Betty Long from the Virginia Healthcare and Hospital Association about the private provider data that will be collected from their members. She will provide this information in the future. Discussion focused on the need for services before children need acute care to prevent crises and as well as crisis services at the local and regional level across the state so children do not have to receive care far from home. Another theme of the discussion focused on private insurance and how that can limit coverage for children. Frequently, coverage is exhausted and children are not excepted by private providers. A third theme centered on the CSA program and how that program interacts with these children. A parent participant noted that CSA in some localities is not providing adequate assistance and not meeting emergent needs because the FAPTs do not meet regularly and/or do not include families in the discussion.

Heidi Dix proposed that the Team break off into workgroups to address two areas that have frequently been part of the discussion:

1. Role of CCCA and SWVMHI Adolescent Unit. This workgroup would look at current data about the centers and identify ways to improve services, target high-need populations not served by other providers, determine how to advance training and center of excellence models through the centers, and other ideas to ensure the appropriate role for these two providers; and

2. Crisis and Alternative Services. This workgroup would discuss the needed array of services for crisis stabilization and acute care needs and outline how public and private providers can provide these services on a regional or local basis.

A third workgroup was added as part of this discussion:

3. Juvenile Justice Services. This workgroup would examine how children who are involved with the courts, in juvenile detention centers, or are in DJJ custody utilize acute mental health services, including the SWVMHI unit and CCCA. It will include data collection about this population group and discussion of the best ways to serve this population.

The Team agreed to provide Ms. Dix with their workgroup selections when asked. The plan is for the Workgroups to meet during July and August and:

- 1. Examine current data*
- 2. Identify gaps or areas for improvement or change*
- 3. Formulate recommendations for consideration by the Team*

The Team will meet again in September in Marion (near or at SWVMHI) to discuss the recommendations and vote on strategies. The Team will receive a

draft report of each workgroup in advance of the September meeting to be prepared for discussion.

The meeting adjourned at 2:45 pm. Tours were offered to Team members that were interested in seeing CCCA.