

**MINUTES**  
**SUBSTANCE ABUSE SERVICES COUNCIL**  
**SEPTEMBER 9, 2009**  
**RICHMOND, VIRGINIA**

**PATTY GILBERTSON**  
**CHAIR**

**MEMBERS PRESENT:**

Ken Batten, *Department of Behavioral Health and Developmental Services*  
Joe Battle, *Substance Abuse and Addiction Recovery Alliance (SAARA) of Virginia*  
JoAnn Burkholder, *Department of Education*  
Curtis Coleburn, *Alcoholic Beverage Control Board*  
Angela Coleman, *Commission on Virginia Alcohol Safety Action Programs*  
Donna Gassie, *Virginia Foundation for Healthy Youth*  
John Gibney, *Lawyers Helping Lawyers*  
Patty Gilbertson, *Virginia Drug Court Association*  
Senator Mark Herring, *State Senate*  
Janice Hicks, *Department of Health*  
Lynette Isbell, *Department of Social Services*  
Robert Johnson, *Virginia Association of Community Services Boards*  
Jamie MacDonald, *Virginia Association of Community Services Boards/Prevention*  
David Moseley, *Department of Motor Vehicles*  
Delegate Dave Nutter, *House of Delegates*  
Mike Olsen, *Substance Abuse Certification Alliance of Virginia (SACAVA)*  
Scott Reiner, *Department of Juvenile Justice*  
John Savides, *Virginia Association of Alcoholism and Drug Abuse Counselors (VAADAC)*  
Gina Thorne, *Virginia Association of Drug and Alcohol Programs (VADAP)*  
Gayle Turner, *Department of Criminal Justice Services*  
Chuck Walsh, *Virginia Association of Community Services Boards*  
Ryant L. Washington, *Virginia Sheriffs' Association*  
William Williams, Jr., *Virginia Association of Community Services Boards/Treatment*

**GUESTS:**

Mark Blackwell, *SAARA*  
Baron Blakely, *DCJS*  
Cynthia Cave, *DOE*  
Lynne Crammer, *SAARA, Fairfax/Falls Church Community Services Board*  
Jean Motley, *DOC*  
Daniel Payne, *McShin Foundation*

**STAFF:**

Lynette Bowser, *DBHDS*  
Sterling Deal, *DBHDS*  
Karen DeSousa, *Office of Attorney General*

Malcolm King, *DBHDS*  
Martha Kurgans, *DBHDS*  
Mellie Randall, *DBHDS*  
Julie Truitt, *DBHDS*

**I. WELCOME AND INTRODUCTIONS**

The Chair called the meeting to order and welcomed and thanked everyone for their attendance. A special welcome was extended to Delegate Dave Nutter, a new member of the Council and a member of the SJR318 Joint-Subcommittee-*Study Strategies and Models for Substance Abuse Prevention and Treatment*. Members and visitors introduced themselves.

**II. REVIEW AND APPROVAL OF MINUTES OF NOVEMBER 13, 2008 MEETING.**

A draft of the November 12, 2008 minutes was previously distributed to the Council via email. The Chair allowed a period of time to review the draft minutes during the meeting. There being no changes or additions, a motion was made by Gayle Turner and seconded by Curtis Coleburn to approve the minutes. The motion was carried.

**III. STATUS OF APPOINTMENT OF NEW COUNCIL MEMBERS**

Ms. Randall welcomed the new appointees to the Council and stated that members have been duly appointed and reappointed as appropriate by the Governor, Speaker of the House, and the Senate Committee on Rules. As a result of the resignation of Senator Linda T. “Toddy” Puller, there is currently one Senate member vacancy.

The Chair also noted the official name changes for the Department of Mental Health Mental Retardation and Substance Abuse Services (DMHMRSAS) to the Department of Behavioral Health and Developmental Services (DBHDS), and the Virginia Tobacco Settlement Foundation to the Virginia Foundation for Healthy Youth.

**IV. OLD BUSINESS**

**A. UPDATE FROM DATA WORKGROUP PRESENTATION – SASC DATA WORK GROUP:** The Chair commended and thanked members of the Services Data Work Group for the work they have accomplished. Will Williams, work group chair, stated that the focus of the workgroup was to define outcomes and determine current and future collaborative efforts between agencies providing substance abuse services. The agencies vary in how they approach services and, as a result, some identified outcomes are different. However, the workgroup discovered that there are common elements and worked to illustrate how these agencies can work together as a system. The goals of the workgroup were to establish common measures capturing participant outcomes after treatment; determine methods to obtain outcome information across agencies and develop a process to collect that information from

agencies on an ongoing basis. In looking at the goals it was determined that there are many challenges in how data is collected and that there is not a single system to collect data and synthesize it. Mr. Williams stated that these are a few of the challenges that the workgroup faced as it worked to finalize the report.

Mr. Williams provided members with a logic model that illustrates how the various agencies operate as a system. The logic model was based on input and output activities, measures and outcomes. Mr. Williams stated that the workgroup also looked at the cost benefits of the information contained in the report, such as increased collaboration and development of infrastructure to allow agencies to collect and analyze data.

Members were also provided with an implementation plan developed by the workgroup to illustrate how the various agencies currently work collaboratively.

Mr. Williams thanked the members of the workgroup and their agencies for allowing them to participate on the workgroup. He also thanked Fairfax County for providing two staff members to facilitate the meetings.

The Chair requested that the workgroup develop recommendations to present at the next Council meeting. The recommendations will be finalized and approved by the Council and included as appropriate in the Council's 2009 Report and Plan.

**B. REPORT ON EVIDENCED BASED PRACTICES FOR OLDER ADULTS: Ms.**

Randall reminded the Council that its 2008 report had included recommendations about services to older adults, including a recommendation that DBHDS develop a proposed evidence-based treatment model. She reviewed a draft response to be included in the 2009 report. There was discussion on the recommended action planning; specifically, on planning recommendation #2 regarding the CSB's implement "older adult" substance abuse services, but that the services not be mandated. The Chair stated that the next step would be to refine planning recommendation #2 of the draft and asked that any further comments be forwarded to Ms. Randall.

**C. OTHER:**

- The Chair reported that she and several members of the Council met twice with Dr. Reinhard, Commissioner of DBHDS, and discussed the Council's priorities, the Council's continued need for the Department's support, and requested the Commissioner continue to champion the Council's issues with the administration and the General Assembly. Dr. Reinhard pledged his continued support and agreed to continue meeting periodically with Council representatives.

## V. NEW BUSINESS

- A. REPORT OF 2009 GENERAL ASSEMBLY:** Mr. Batten provided a report on the 2009 session. He reported that there were no new funds allocated to DBHDS in this current session (2009). DBHDS was level funded both from the state and the federal block grant this year.
- B. SJR318 UPDATE:** Ms. Randall reported that SJR318 has three workgroups – Treatment and Recovery, Prevention, and Prescription Drug Abuse. Each workgroup is comprised of state agencies and community representatives. DBHDS is staffing the workgroups in by providing content to Sarah Stanton.

The Treatment and Recovery workgroup is focusing on identifying evidence based practices and programs; the needs of particular populations; cross systems issues that effect how systems can work better together (continuity of care, improving access to treatment, cross workforce development); policy issues; insurance parity; and incorporating recovery supports into the continuum of treatment.

The Prevention workgroup is examining the need for a statewide youth survey; identification of at risk populations across the life span; workforce development issues; and evidenced based practices and programs. Ms. Randall stated that more in-depth report on this workgroup will be presented at the next Council meeting.

The Prescription Drug Abuse workgroup is focusing on workforce development for those delivering treatment services as well as improved training for physicians and pharmacists; population differences (opiate use, junk” prescription drug abuse with adolescents), and the role of the Prescription Monitoring Program.

Mr. Batten stated that each workgroup has a work plan. Those work plans were presented to the full committee on August 26 and accepted by the Legislative Committee. The second round of meetings will be beginning the week of September 7 with each group implementing work plans to make recommendations to the full SJR318 study committee. Mr. Batten stated that current themes through all of the work plans are funding issues cost effectiveness of treatment. Among the issues being discussed is an increase in the alcohol beverage excise tax. Mr. Batten further stated that these issues must be addressed to impact these problems.

The Chair encouraged members to attend at least one of the committee meetings over the next several months. Council staff will provide notification of the meeting dates.

**C. DISCUSSION OF FUTURE TOPICS:** Ms. Burkholder suggested a discussion of the impact abolishing the Safe and Drug Free Schools Act funding on the community's ability to provide prevention and early intervention services. The requirement for local school divisions to submit a needs assessment, to coordinate with other services or provide services to children in prevention or intervention substance abuse services will no longer be mandated when SDFS resources end. The Council discussed the opportunity to support legislation mandating school divisions to continue these activities. The Chair suggested that in the Council's report for this year that it includes a recommendation to address this issue.

Another suggestion was for additional discussion and information regarding the beverage tax. Mr. Coleburn indicated that he could provide a historical perspective on this issue.

**VI. PUBLIC COMMENT**

**A. MCSHIN FOUNDATION PRESENTATION – DANIEL PAYNE, EXECUTIVE DIRECTOR:** Mr. Payne provided a presentation on Recovery Community Organizations (RCOs). The McShin Foundation, which is representative of an RCO, provides peer to peer support services. The objective of his presentation was to demonstrate the effectiveness, usefulness and necessity of Recovering Community Organizations. He presented RCOs as the best unused adjunct to Virginia's current system of care for persons with a substance use disorders. Mr. Payne thanked members for their time and input and the Chair thanked Mr. Payne for his presentation.

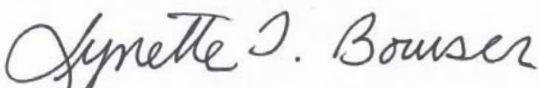
**B. OTHER COMMENTS FROM THE PUBLIC:**

Donna Gassie, *Virginia Foundation for Healthy Youth*, shared that the American Lung Association is scheduled to have an event on October 17 entitled the "2009 Fight for Air Climb." The event will be held at the Richmond International Raceway. Members were provided with a brochure.

**VII. SCHEDULE MEETINGS FOR 2009/2010:** The next meeting is scheduled for the Richmond area on October 22, 2009. A location will be announced via email.

**VIII. ADJOURNMENT:** With there being no further business, a motion was made by Ken Batten and seconded by Curtis Coleburn to adjourn the meeting. The motion was carried.

Respectfully submitted,



Lynette Bowser