



May 2020

Children's Mental Health Awareness Month

Did you know?



1 in 5 young
people in the
United States
has a
diagnosable
mental disorder

But fewer than
1 in 5 get the
mental health
services they need

This means:
76,000
Virginia children
aren't getting the
mental
healthcare they
need

Left untreated mental health
disorders can lead to:
school failure
family conflicts
substance misuse
violence
suicide

There is Hope!

The treatment success rate for children's mental health challenges is 80%.

Family Support

Family driven care and culturally competent family supports are proven to help children and youth with emotional, social and behavioral challenges.

Intervening Early

Children are best served by intervening early, which can prevent them from being placed in more costly forms of treatment.

Sources

<https://www.ncbi.nlm.nih.gov/books/NBK44233>

www.samhsa.gov

govinfo.library.unt.edu.mentalhealthcommission/reports/FinalReport/downloads/FinalReport.pdf