

MINUTES
SUBSTANCE ABUSE SERVICES COUNCIL
JUNE 14, 2016
VIRGINIA ASSOCIATION OF COMMUNITY SERVICES BOARDS
RICHMOND, VIRGINIA

MEMBERS PRESENT:

Stephanie Arnold, *Department of Criminal Justice Services (DCJS)*
Diane Williams Barbour, *Rappahannock Area ASAP (RAASAP)*
Ashley Harrell, *Department of Medical Assistance Services (DMAS)*
Henry Harper, *Virginia Foundation for Healthy Youth (VFHY)*
Brian L. Hieatt, *Virginia Sheriffs' Association*
Mary McMasters, MD
The Honorable Delores L. McQuinn, *Virginia House of Delegates*
Hughes Melton, MD, *Department of Health (VDH)*
Charlene Motley, *Commission on the Virginia Alcohol Safety Action Program (VASAP)*
Sandra O'Dell, *Virginia Association of Community Services Boards (VACSB)*
Mellie Randall, *Department of Behavioral Health and Developmental Services (DBHDS)*
Zandra Relaford, *Department of Social Services (DSS)*
Patricia Shaw, *Virginia Drug Court Association (VDCA)*
Tom Walker, *Virginia Association of Drug and Alcohol Programs (VADAP)*
Robert Weakley, *Department of Motor Vehicles (DMV)*
The Honorable Jennifer T. Wexton, *Virginia State Senate*
Chuck Wilcox, *Virginia Association of Addiction Professionals (VAAP)*
W. Eddie Wirt, *Alcoholic Beverage Control (ABC)*
Marjorie Yates, *Substance Abuse and Addiction Recovery Alliance of Virginia (SAARA)*

GUESTS:

Kimberly Allen, *Department of Health (VDH)*
Richard Firth, *Department of Behavioral Health and Developmental Services (DBHDS)*
Jodi Manz, *Office of the Secretary of Health and Human Services (HHS)*
Carole Pratt, *Department of Health (VDH)*
Katie Weaks, *Alcoholic Beverage Control (ABC)*

STAFF:

Margaret Anne Lane, *Department of Behavioral Health and Developmental Services (DBHDS)*
Kate Marshall, *Department of Behavioral Health and Developmental Services (DBHDS)*
Karen Taylor, *Office of the Attorney General (OAG)*

I. WELCOME AND INTRODUCTIONS:

The meeting was called to order by Sandra O'Dell, Council Chair. She welcomed members and guests and asked all attendees to introduce themselves.

II. REVIEW & APPROVAL OF MINUTES OF MAY 11, 2016 MEETING:

A motion was made by Ms. Motley and seconded by Ms. Arnold to accept the minutes as presented. The motion carried.

III. PUBLIC COMMENT: There was no Public Comment.

IV. OLD BUSINESS: There was no Old Business.

V. NEW BUSINESS:

➤ **PRESENTATION: “*THE GOVERNOR’S TASK FORCE ON PRESCRIPTION DRUG AND HEROIN ABUSE*”**

Jodi Manz, MSW, Policy Advisor
Office of the Secretary of Health and Human Resources

Ms. Manz’s presentation will be posted to the DBHDS website. Her presentation included the following key points:

Defining the Problem with Data:

Total number of fatal overdoses vs. non-opioid overdoses by year of death (2007-2015).

Top three methods of death (2003-2013): motor vehicles, guns and drug/poisons.
Similarities between heroin and prescription opioids; fatal overdoses.

Task Force Establishment and Structure:

Healthy Virginia Plan: Executive Order 29.

Task Force co-chaired by Secretary Hazel and Secretary Moran.

Five Task Force workgroups: Education; Treatment; Storage & Disposal; Data & Monitoring; and Law Enforcement.

Recommendations and Legislation:

Task Force meetings and discussion resulted in 51 recommendations; five legislative initiatives, including those proposed by SASC Council members Senator Wexton, Delegate Hodges and Delegate Yost; six substance use disorder (SUD) treatment supports for current Medicaid members in the budget.

Re-Defining the Problem (and Solutions):

Fentanyl and synthetic analogues

Virginia Foundation for Healthy Youth 2015 Survey findings.

Shifting pattern of heroin vs. prescription opioids as first-use by addicts.

Harm reduction; Nalaxone; HepC and HIV as emerging health crises.

Support for local activities (local Coalitions; Drug Court programs; law enforcement initiatives).

➤ **REPORT: “*SNAPSHOT OF ALCOHOL USAGE AND RELATED TRENDS*”**

W. Eddie Wirt, Chief Communications & Research Officer, ABC

Katie Weeks, LPC, Education & Prevention Manager, ABC

Their presentation will be posted to the DBHDS website. Their presentation included the following key points:

Consumption Trends:

Beverage alcohol consumption.

Projected growth in spirits.
Preferences: Gen X vs. Millennial.
Marketing trends: premium products; Hispanics; women; Millennials.
ABC Fiscal Year-End Statistics.

Consumption Issues:

Consumption: underage; college age; female.
Binge drinking.
Alcohol related motor vehicle statistics.

Evidence Based Solutions:

Wholesale & Retail Alcohol Sales Control State Model.
Regulation of alcohol outlet density.
Maintaining limits on days/hours of sale.
Excise taxes: spirits, beer and wine.
Responsible Beverage Service Training.
Specific evidence-based solutions: strategic prevention programming; enhanced enforcement of laws providing sales to minors; electronic screening & brief intervention; dram shop laws; social hosting laws; keg registration policy; and drink specials policy.

Issues to Monitor:

High risk drinking.
Compliance rates for retail licensees.
Expanding privileges of licensees.
Mixed beverage ratio.
Neutral grain spirits.

- **REPORT: “THE 2016 REDUCE TOBACCO USE CONFERENCE: CURRENT TRENDS IN TOBACCO, E-CIGARETTES AND VAPING”**
Henry Harper, Director of Community Outreach & Development, Virginia Foundation for Healthy Youth

Mr. Harper’s presentation will be posted to the DBHDS website. His presentation included the following key points:

What are Electronic Nicotine Delivery Systems (ENDS)?

E-cigarettes; e-cigars; e-pipes; hookah pens; vape pens; and e-hookahs.

Who is using ENDS?

Current and former cigarette smokers and never cigarette smokers.
U.S. middle and high school students: use increasing; may lead to conventional cigarette use.

What are the Health Effects of ENDS?

Harmful and potentially harmful ingredients in ENDS Aerosol: heavy metals; nicotine; fine particulate; volatile organic compound and other compounds.
Unique dangers to the developing human.
ENDS can be modified to accommodate other psychoactive substances.

What are some ENDS Policy Options?

Tobacco control policies.

Public Health Actions: Federal, State, Local and Tribal.

Evidence-based interventions.

Food and Drug Administration (FDA) ban on sale of electronic cigarettes to minors.

Major Conclusion:

The century-long epidemic of cigarette smoking has caused an enormous avoidable public health tragedy. Since 1964, over 20 million Americans died because of smoking.

➤ **DISCUSSION:**

Ms. O'Dell noted that the August 3rd meeting will include a presentation by Richard Firth and Malcolm King on services for transition-aged youth (ages 16-25), as well as a report by Mellie Randall on opioid prescription drug abuse and its effects across the State. Ms. Randall will also update Council members on the Governor's Task Force website, "Virginia Aware," that is being launched through the Department of Health Professions.

Ms. O'Dell recommended that during the August meeting, Council members review the topics studied and the presentations provided this past year in order to decide on a specific topic on which to focus their study in 2017.

VI. ADJOURNMENT:

There was no further business. A motion to adjourn was made by Ms. O'Dell and seconded by Mr. Wirt. The motion carried and the meeting was adjourned. The next meeting is scheduled for Wednesday, August 3, 2016.

Respectfully submitted,

Margaret Anne Lane