

CFBHPP Committee

Meeting Summary Henrico County CSB – Conference Room C Glen Allen

January 19, 2006

Welcome and Introductions

Brian Meyer

Brian opened the meeting and asked new members to introduce themselves.
Meeting minutes – Jeanette DuVal second Joanne Boise

Celebrations

Fran Gallagher

- Brian is celebrating that his son is eligible for his learner's permit.
- Wayne is celebrating starting a new job. His evacuee relatives who live on the Gulf Coast bid on a house yesterday
- Don noted that Commonwealth Center admitted 15 kids and on a personal note that he will be playing the piano for the Governor's school production of the Fantasticks that is sold out.
- Pam Fisher told the committee about a meeting planned with CSA and CSB representatives and is celebrating that the first meeting will occur tomorrow. (The CSB representatives noted that they did not have adequate representation on CSA teams.) Pam is also celebrating that CSA has hired someone for the Northern Virginia region, Carol Wilson.
- Charline is still celebrating the Governor's initiative. Attended a meeting of the Department's State Board and the Board has a new chair Victoria Cocharan and endorsed the ISP.
- Ashaki McNeil starting new position and is excited to be here.
- Carolyn celebrating the New Year
- Katherine Flaherty is celebrating having a new member for the project team able to do statistical analysis for the Medicaid Study.
- Mary Beth Durkenberger glad to be participating in this meeting and learning that the committee is experiencing the same challenges committee and learning from our experiences.
- Joyce is celebrating that the Federation is moving along and preparing for the training in the spring. Her shoulder surgery was successful.
- Jeanette celebrating Victoria Cocharan interested in diversion activities wants to be educated about juvenile justice issues, to increase awareness of the State Board
- Martha is celebrating early bird announcements are available to distribute to the committee.
- Joanne Boise is celebrating the positive response to the Bright Futures web-based training.
- Mary Cole is celebrating the New Year.

- Gina Wilburn – Rita Giliniecki, child advocate saw the article in the Roanoke Times, passed around copies of her response.
- Patrick Haley – Presbyterian Home and Family Services – made a commitment to continue providing services for the Danville area; they believe they are doing the right thing, moving forward to provide mental health services for that community and celebrating that it provides an opportunity to support SOC.
- Sandy Bryant, the advocate march was a success, individuals spent a lot of time talking with legislators about the 330 F report. Lynchburg’s delegate is new to the General Assembly and noted that she has heard frequently about no funding in big black holes and funding needs to be tied to outcomes and conveyed with one voice.
- Joanne Smith – General Assembly members beginning to recognize the needs of incarcerated youth, invitations to come and see programs is paying off. The treatment program has lacked family therapy piece and transition, has received grant funding for family therapy and working with a few agencies to restore restorative justice.
- Marilyn Miller is excited about the Governor’s budget and noted progress has been made in explaining what are good mental health services and defining what those services would look like.
- Eboni Wright celebrating that the one-day mental health snapshot of youth in detention continued since October to help DJJ understand the mental health needs of youth in detention.
- Shirley is celebrating the Governor’s budget and the infusion of funding for children’s services. On a personal note, she is celebrating that her son is going to graduate this year.
- Fran in parent role, her son has remained stable and came home for a visit in December and is still employed. Celebrating his brother received a 4.0 in college. Professional level, celebrating Medical Home Plus received grant \$191,000, reached over 2,000 children with training, parent education in three different jails, early childhood is also integrated into the work with pediatricians.
- Brian passed around the *Collection of Evidence Based Treatment for Children and Adolescents*, second edition, available on the DFY website if individuals want copies.

Governor’s Mental Health Initiative

Shirley Ricks

Shirley distributed information on the Governor’s budget and Guiding Principles for the funding, the Department’s Transformation Initiative Master Guidance Document, and specifically the Governor’s System Transformation Initiative for children’s services. **(Please refer to the handouts for additional information)**

Pertinent Points from Committee Discussion and the Department’s Transformation Initiative:

- Impact on the Commonwealth Center if Western State is down sized

- VA INFO request for parent participation on the committee that will look at services.
- Issue about funding to rebuild institution type services and not expanding community-based services. Use VA INFO to get that message out. Encouraging families to go to their legislators, the need to stress the importance of one voice and understanding what the issues are.
- Service development Committee – representative from CFBHPP committee, Brian Meyer. One specific child and family representative for the committee. Will there be the same percentage of children’s advocates. Motion: one quarter of the representatives on these teams be specific child advocates. Committee making a recommendation, issue how do you define a child advocate versus an adult, fairly small group as representing these various groups, the group of external people who would be identified. Parity issues create another set of issues. Charline suggested representation on the regional/local committees, focused on crisis stabilization and recovery. Proposals are going to come from the regions, historically the regional groups have focused on adult beds, and we are now in the community transformation phase and need representation on those regional committees. Recommendation: child and family on all of the groups? Should we ask this committee to be on these groups or for Shirley to go to the Child and Adolescent Task Force.
- This committee, through its guidelines, committed to ensuring representation on all groups that potentially impact children’s issues. Need representation from both groups (Child and Adolescent Task Force and CFBHPP committee) at the regional and local levels.
- Need an integrated approach. Could representation occur through the CSA teams and liaisons? Could there be an ad hoc approach to ensure family involvement on the regional and local teams. The outcomes group is planning to meet with a variety of organizations and groups to get feedback and to offer recommendations to the larger group. Need to balance getting groups together quickly and have maximum involvement of all constituencies.

Volunteers:

Communications Team- Fran Gallagher

Service Development – Shirley Ricks

Sandy Bryant

David Coe

Fran Gallagher, will coordinate identifying family representative(s) via e-mail to VA INFO

Facility Capital Projects – Stacie Fisher

Recovery Education, Training and Staff Development – Martha Kurgans

Don Roe

Outcomes – Brian Meyer

Pam Fisher

Charline Davidson

First meeting of the Outcomes groups will be occurring over the next few weeks.

Committee members will need to report back to the larger committee.

- MR community did a great job with advocating for the needs of individuals with mental retardation, an advocacy community and group of people who successfully advocated their needs.

Note: for future discussion by the committee: detention beds – usages for certain special populations with significant needs. Topic needs to be addressed in the 2006 report. Discussions and concerns have been expressed about sexual offenders, developmental disabled, brain-injured, etc.

Policy Academy (Custody Relinquishment And Out of State Placements

**Catherine Hancock
Fran Gallagher**

A number of people attended the Policy Academy. Catherine: one disappointment, there was not specific information about custody relinquishment and how to address the issue. Good contacts from other states. Highlights:

- Gathers a group of individuals with similar issues with the availability of technical assistance
- Woody Harris from SEC, Vickie Johnson-Scott, Nancy Roberts, Ray Ratke.
- It was helpful for the state specific discussion about developing a work plan and framework.
- Group learned more about each other's work
- Information from other states about moving toward community based services
- Action plan was developed and will be distributed to the committee
- Lots of literature.
- Networking opportunities for people to connect with each other
- Brought home how complex the problems are regarding custody relinquishment
- The importance of advocacy and family involvement was stressed by participants

Medicaid Study by Virginia Tech Policy Institute

**Mary Beth Dunkenberger,
Project Director**

- Four reasons why providers don't participate in Medicaid
 1. Reimbursement – project decided not to deal with this issue.
 2. No-show rates
 3. Treatment follow through and lack of consistency in treatment
 4. Administrative complications confirming eligibility, pre-authorization, and billing issues.
- The project is dealing with issues of coordination of care and the lack of providers in the community.

- Feasible mechanisms, localized administration, favoring an administrative services organizations, proposed in the state before. Developed around delivery of mental health services, often used to serve special populations or used in rural areas, Wyoming uses ASO for the delivery of services.
- Project is still developing the ASO and several ideas have been proposed through focus groups.
- Some of the initiatives identified would not have an immediate effect due to start-up costs.
- Systems of care may be one form of ASO. Project is planning further discussions with this group about SOC and how it would be implemented through an ASO. A target population needs to be identified. Politically, the emphasis is on the elderly and the disabled. For pilot purposes, the target population would need to be identified.
- The project would like continued discussions about the pilot locations. As project pursues this effort, it would be seeking demonstration waiver to serve a specific population. Looking to also seek grant funding as well. Interested in coordinating efforts with SOC initiatives already funded and planned.
- Looking for ASO to be medical home, local capacity to monitor utilization, and ASO would provide care coordination. Care coordination alone is not a medical home. VDH has six centers of care coordination statewide and seeks to link families with a medical home.
- Fran will provide a handout about medical home to be included with the minutes. Shirley will provide the criteria for SOC to the project. The project's initial thought is to use a regional approach, pilots with a regional medical center, acknowledging different characteristics for localities; the project is proposing three pilots.
- Project is working through feasibility and anticipates seeking funding for the pilots.
- Project was initially proposed by DSS. This is the top priority to look at the ASO model. A second priority is to look at local DSS' in rural areas to bring in the capacity of local DSS' to provide health care services. Complementary services such as EPSDT screenings in coordination with school systems. Some DSS' in the southwest are looking at this model.
- The project recognizes the priority of the ASO and only proposed the second priority to stimulate discussion.
- Another issue of research is TCM, in conflict with the intent of CSA and agency relationships and where CMS is headed policy-wise, etc. These other projects being proposed are not feasible.
- Project wants ongoing discussion with this committee particularly around implementation of the SOC and the fact that the project is still defining the target population and what services would be provided.
- Georgetown University has done a great of work with SOC and SED.
- Is there a need for facilities at the community level? There is a need for residential treatment for substance abusing women. Need more outpatient services for children in natural environments, away from facilities, increased community based care. Capacity is the problem everywhere. This needs to be

addressed first before issues of access and SOC can be addressed. Parents struggle with this all the time. Where is that one place families can call to get services?

Joint work group project with SLAT

**Brian Meyer
Kim McGaughey**

At the last meeting there has been lots of discussion about how this committee can work better with CSA. Is there a project both groups are interested in that needs to be addressed and worked on by a joint group? SLAT was very interested in this notion. There is a great deal of money spent on residential beds and what would happen if those funds could be diverted to increase capacity of community based services. The workgroup would address how to deal with available mechanisms, funding, and manage transfer some of the funds into community based services. How would this occur? How do you look at population needs when CSA funding is child specific? The issue is how to bring children back into their home communities. The question for this group; is this project the committee would like to take on? Some localities are interested in this concept and ready to work on this issue. Pam is working with some communities locally who are interested in pursuing this concept.

Brian proposed the formation of a subcommittee with two objectives: 1. Let's get kids services in their home communities and 2. Build a united voice for children.

Discussion: outcomes -

- Look for efficiencies and quality with cost avoidance.
- Achieve better outcomes for children.
- Another intended outcome is to build a stronger relationship with SEC.

Volunteers to serve on this subcommittee: Joyce, Lloyd, Pat, Martha, and Joanne Smith, Shirley, Brian and Kim. Volunteer to co-chair this committee: Pat Haley.

It is anticipated that there would be a report with recommendations to distribute to SCC, the Governor's office and other appropriate groups. There is a need for an equal number of representatives from SLAT.

VA INFO (Virginia Integrated Network of Family Organizations)

Fran Gallagher

Utilizing two strategies for a statewide family coalition:

1. Statewide steering committee comprised of statewide organizations
2. Providers are at the table.

Inviting members to the next meeting Jan 27 from 10:00 AM until 2:00 PM at Children's Hospital. At the next meeting, the strategic plan will be morphed into an operational plan. Pat Hunt from the Federation will provide technical assistance about how to do this with a focus on sustainability. One of the projects is to sponsor fact sheets to get the word out and create one voice on children's issues. VA INFO has collected 200 endorsements, families and professional organizations, on the back of sheet endorsement sheets there will be a set of endorsements from families. Fact sheet posted on Medical Home web site and can be downloaded for use. Need to get these endorsements to the General Assembly by Friday. The larger list will be distributed to the committee. Recommendation; put the emphasis on supporting the Governor's budget, concerns expressed about asking for additional funds and whether the system can spend the funds. What are you willing to give up? The point made that there are sponsors for seeking additional funding. There is support for the Governor's budget and there is additional need that is being supported by the Joint Commission. It is important to let legislators know that members of the Commission have proposed budget amendments. Legislators have indicated their support for the funding as long as there are outcomes associated with the funding request. The legislature needs to hear these issues and that it impacts families who live in their districts and that children represent 24% of the population, the prevention of future costs in mental health, juvenile justice, etc.

Legislative Session

Brian Meyer

Comments from Lloyd Tannenbaum on behalf of private providers:

- Endorsement Sheet – flow of dollars directly to CSBs where the boards compete with other providers, there are other ways for the money to flow and level the planning field. Private providers could use existing infrastructure such as CSAs to flow money to private providers and strengthen public private partnerships.
- Training more psychiatrists and psychologists is a priority and there is nothing in the Transformation Initiative that allocates funding to address this and Lloyd recommends diverting funding diverted to support this need.

Senate Bill 657

- Shirley gave the committee an overview of the bill and encouraged members to review the legislation.
- Mandated benefits through all insurers.
- DMHMRSAS would certify services; the legislation could be supported with an amendment to take certification by DMHMRSAS out of the bill.
- Philosophically it is a good bill for children.

Brian reported that the Joint Commission is putting in budget amendments, dropped the juvenile justice center in their amendments b/c this is in the Governor's budget, one amendment is to fund fully 6 pilots for Evidence Based programs, as well as funding for school based mental health centers. All of the recommendations contained in the 330F report are being proposed by the Joint Commission, involves 4 budget amendments, 3 of the budget amendments will be sponsored by Harvey Morgan and Senator Houck will

sponsor all 4 budget amendments in the Senate. Brian stressed the importance of telling the legislature that all of these initiatives are important.

HB173

Members of this committee are available to respond quickly to attending legislative hearings. Sandy asked for consideration of the bill about notifying parents within 48 hours when any minor seek services. 10,000 children served, only 36 did not have parental consent with compelling reasons why they did not involve their parents. The issue is not providing services; the legislation will create a problem for those children who will not seek services because of parental consent.

Meeting adjourned.