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Announcing a New Virginia Family Network

Through the generous support of the Virginia Department of Behavioral Health and Developmental Services (DBHDS), the National Alliance on Mental Illness Virginia (NAMI VA) is pleased to announce the launch of an exciting initiative, known as the Virginia Family Network!

The Virginia Family Network is a grassroots network of families committed to providing opportunities that support, educate, and empower other families with children and youth with mental health needs while also promoting family driven and youth guided policy throughout the child serving systems. The initiative is designed to “meet the family where they are” through activities such as providing support groups, training, resources, and mentorship from other families with children and youth with mental health needs. While NAMI VA will begin by targeting Region 4 (Richmond and surrounding counties/cities) and Region 2 (northern Virginia), staff will also be developing and introducing statewide activities that include a monthly e-newsletter and section on its website dedicated to providing quality and helpful information to families.

For more information on how you can become involved with this great project, contact Stephany Melton, Project Coordinator, at smelton@namivirginia.org or 804-285-8264 x206. If you are a family needing assistance, contact NAMI VA’s HelpLine at 1-888-486-8264. We look forward to hearing from you!