

ALL IN!

DBHDS Monthly Update from Commissioner Ferguson

APRIL 2015

WELCOME

As I approach the end of my first year at DBHDS, I am excited about the tremendous efforts currently underway to promote quality, consistency and access throughout our service system. The cornerstone of these efforts is the transformation teams started I started last fall. There will be a public comment period during which the four teams' recommendations will be finalized and available for you to view and submit your thoughts via the DBHDS website. Should you like to hear the recommendations presented in person, I hope you will attend one of the four town hall-style meetings we will hold in May in Williamsburg, Woodbridge, Charlottesville and Wytheville. I plan to provide details on the public comment period in a special edition of ALL IN! within the next two weeks, and this information and the recommendations will all be posted soon on the [DBHDS website](#). In the meantime, please see the updates below for a glimpse of the many, many activities currently underway systemwide.

UPDATES and INFORMATION

May Marks Mental Health Month – This year's mental health observance month aims to change the way people think about mental health. The campaign incorporates the theme **B4Stage4** and will focus on how people can address their mental health early, rather than at "Stage 4" - when symptoms are more severe, and recovery a longer process. Please click [here](#) for more information and watch for more information from DBHDS coming soon.

May 7 is Children's Mental Health Awareness Day – Children's Mental Health Awareness Day is nationally celebrated on May 7th. This day seeks to raise awareness about the importance of children's mental health and to show that positive mental health is essential to a child's healthy development from birth. Numerous events will be held throughout the Commonwealth. DBHDS will sponsor an afternoon reception to highlight the importance of children's mental health on May 7th from 2:30 p.m. – 4 p.m. In addition, DBHDS will be mailing the *NAMI Say It Out Loud Toolkit*, including a film, discussion guide and helpful fact sheets, to every CSB later this week.

Governor McAuliffe Signs Directive Establishing Center for Behavioral Health and Justice – On March 23, Governor McAuliffe [signed Executive Directive Four](#) to establish the Center for Behavioral Health and Justice, an interagency collaborative to better coordinate behavioral health and justice services. The announcement came during the final meeting of the Governor's Task Force for Improving Mental Health Services and Crisis Response.



(l-r) Public Safety and Homeland Security Secretary Brian Moran, Lieutenant Governor Ralph Northam, Governor Terry McAuliffe, and Health and Human Resources Secretary Bill Hazel watch as Governor McAuliffe Signs [Executive Directive Establishing Center for Behavioral Health and Justice](#).

Mental Health First Aid (MHFA) Trainings in May – On May [8](#), [11-12](#), [20](#), [21](#) and [27](#), DBHDS is sponsoring Adult Mental Health First Aid (MHFA) trainings in Richmond. These events provide the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. Just as CPR training helps a layperson without medical training assist an individual following a heart attack, MHFA training helps a layperson assist someone experiencing a mental health crisis.

DBHDS Commissioner and Staff Participate in Traumatic Brain Injury Seminar – DBHDS held a full day seminar today to learn how Virginia could provide the best possible services to the growing population of individuals with brain injuries. The seminar was led by Dr. Allan Bergman, who has over 40 years of experience in the area and is the former president and CEO of the Brain Injury Association of America. The group’s discussion included clinical manifestations and considerations, national best practices, the relationship to the ID community, behavioral health comorbidities, and peer support services for individuals with brain injuries.



DBHDS Commissioner and staff participate in traumatic brain injury seminar.

Psychiatric Bed Registry Celebrates First Anniversary – On March 3, 2015, the Psychiatric Bed Registry marked its first anniversary. The Psychiatric Bed Registry is a tool to collect, aggregate, and display data on the availability of acute beds in public and private inpatient psychiatric facilities and residential crisis stabilization units. There are currently 69 facilities that update the registry, and over 1,800 mental health professionals in Virginia who use it on a regular basis. All public and private facilities are required to update the registry daily and when there are census changes. Facilities update the registry on average three times a day.

Type of Facility:	Average Daily Updates to the bed registry as of March 2015:
State Facilities	3.49
Community Hospitals	3.39
Crisis Stabilization Units	2.27

Office of Behavioral Health Wellness Moves Up in the Division of Behavioral Health – On March 23, the Division of Behavioral Health Services revised its organizational structure to better reflect DBHDS’ commitment to prevention as a priority and its integration with substance use, mental health, and child and family services in Central Office and in the community. Originally, Behavioral Health Wellness Services were housed in the Office of Mental Health. As a result of the restructuring, the Office of Behavioral Health Wellness has been moved up in the organizational structure and on par with the Offices of Mental Health, Substance Abuse and Child and Family Services. This will allow for a more integrated approach in communication, coordination and planning around shared risk factors and mutual outcomes for mental health and substance abuse in individuals, families and our communities across the Commonwealth.

DBHDS Offers Certification for Mental Health Substance Abuse Peer Specialists and Recovery Coaches – In mid-April, DBHDS announced certification will be offered for Mental Health Substance Abuse Peer Specialists and Recovery Coaches. Virginia is breaking ground by offering a single certification for people with lived experience with either addiction or behavioral health challenges.

SystemLead Completes Virginia Public Sector Leader Program – DBHDS’ 2015 SystemLEAD participants recently completed the 5-day Virginia Public Sector Leader Program (VPSL) program through Virginia Tech, which featured theoretical learning and professional skill-building in a context of practical application. Program participants engaged in an intense curriculum built around well-researched and tested models, a course monograph and book, and assessment instruments. The content in the VPSL addresses two core competency areas of the overall program; leading self and leading others. SystemLEAD participants utilized individual and multi-rater evaluations to frame their work in the areas of: strategic leadership, self-awareness and self-management, communication and team building, coaching and mentoring, and strategic planning and project management.

DBHDS State Hospital and Training Center Updates

Frank Gallagher Named Eastern State Hospital Director – Last month, Commissioner Ferguson [announced](#) that Frank Gallagher was selected to be the new Director at Eastern State Hospital. He started this new position on Monday, March 30, 2015. Over the past 27 plus years, Frank has provided innovative leadership for behavioral health organizations in Virginia, demonstrating an ongoing commitment to the professional development of his staff, developing recovery-oriented and person-centered systems of care, ensuring clinical efficacy, and strengthening administrative operations.

OneMind Roll Out Continues at Southern Virginia Mental Health Institute – On March 23, the integrated testing phase began on the OneMind rollout at Southern Virginia Mental Health Institute. OneMind Integrated testing is to verify functional, performance, and reliability requirements placed on major design items. This testing phase is proceeding well, and it will continue through to the start of Go-Live scheduled for May 5. Training begins April 1 and continues until May 1. The OneMind system will serve as DBHDS’s electronic health record system.

Digital Archives to be Created from Central State Hospital History – Former DBHDS Commissioner King Davis and two other faculty members at the University of Texas at Austin will be developing a digital infrastructure for preserving and managing the historical public records from the Central Lunatic Asylum for Colored Insane, now Central State Hospital. The project will develop methods and tools for critical policy analysis, digital technology and archival preservation methods to increase access to historical mental health records and documents while still protecting privacy. The project is expected to begin this month and end in 2018. Please click [here](#) for more information.

Community Innovation Updates

The Jason Foundation – [The Jason Foundation](#) (JFI) is a non-profit organization whose goal is the prevention of youth suicide through programs of awareness and prevention. JFI is a nationally-recognized leader in youth suicide awareness and prevention programs. JFI's suicide prevention programs are in use in all 50 states and several foreign countries. Dominion Hospital (northern Virginia) and Tuckers Pavilion (Richmond) are proud to partners with the Jason Foundation (JFI) to serve as Community Resource Centers, where parents, teachers, guidance counselors, students, churches, and other community organizations can get educational materials and learn about free training programs available through JFI. For more information on JFI and to learn about obtaining free resources for your organization in your area visit www.jasonfoundation.com or email [Angelina Harris](#) (northern Virginia) or [Richard Shelton](#) (Richmond area). For more information on behavioral health services for youth available at Dominion Hospital visit www.dominionhospital.com and Tucker Pavilion visit www.hcavirginia.com/service/tucker-pavilion.

Intensive Community Treatment Comes to Piedmont Community Services Board – For the last few years, the Piedmont community has needed more intensive behavioral health services, such as Intensive Community Treatment (ICT) or Program Assertive Community Treatment (PACT) programs. During the first week of March, Piedmont officially secured its ICT, and 11 individuals have already been assessed for the program. Many are excited about having the extra support that ICT will offer including medication monitoring, outreach and non-traditional hours. The local CSB is looking forward to better serving those that have struggled in traditional outpatient services.

April News Stories of Interest

- ABC 13 – [New Treatment Center Hopes to Curb Opiate Addiction in Lynchburg](#)
- NBC 29 – [McAuliffe Praises Task Force's Work to Improve Mental Health System](#)
- Virginian Pilot – [Herring hosts roundtable at forum on mental illness](#)
- Daily Press – [Kaine introduces Good Samaritan bill](#)
- Daily Press – [New psychiatric unit for teens in crisis opens in Newport News](#)

RECENT FACTS & FIGURES

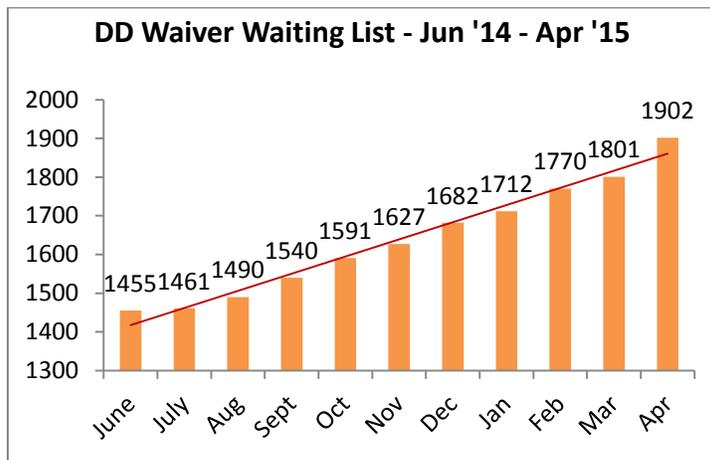
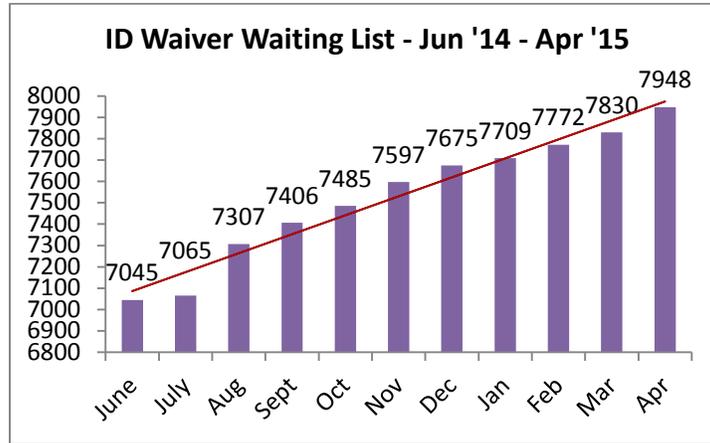
Training Center Census (April 5, 2015)

Name	July 1, 2012 Census	July 1, 2013 Census	Dec 31, 2013 Census	April 5, 2015 Census
SVTC - Closed 6/30/2014	201	114	57	0
NVTC - Closure: By 3/30/2016	153	135	115	69
SWVTC - Closure: By 6/30/2018	173	156	150	129
CVTC - Closure: By 6/30 2020	350	301	285	239
SEVTC - Remains open	106	84	81	72
Total	983	790	688	507

ID and DD Waiver Enrollment and Waiting Lists (April 3, 2015)

	ID Waiver	DD Waiver
Total Slots	10,192	1,013
Urgent Waitlist	4,851	
Non-Urgent Waitlist	3,097	
Total Waitlist	7,948	1,902

Waiting List Totals from Previous ALL IN! Newsletters



Mental Health Hospital, Hiram Davis and VCBR Census (April 6, 2015)

Name	April 2015
Catawba	101
Central State Hospital	215
Eastern State Hospital	286
Northern Virginia Mental Health Institute	123
Southern Virginia Mental Health Institute	61
Southwest Virginia Mental Health Institute	160
Western State Hospital	232
Piedmont Geriatric Hospital	122
Commonwealth Center for Children and Adolescents	47
Hiram Davis Medical Center	68
Virginia Center for Behavioral Rehabilitation	372
Total	1,787

Stay Connected!

- **Waiver Updates Email List** – If you would like to be added to the email list to receive waiver redesign communications, please send your email address and your stakeholder status (e.g., self advocate, family member, provider agency representative, advocacy organization, etc.) to waiverupdates@dbhds.virginia.gov.
- **ALL IN! Email List** – Anyone interested in being included on this list can simply send his or her email address using the link [here](#).
- **Innovations** – If you would like to highlight an innovative program or service for future editions of ALL IN!, please send your submission (no more than two paragraphs) to the link [here](#).

Conclusion

Finally, I'd like to leave you with a recent photo from the DBHDS' 2015 SystemLEAD participants. I've been so impressed with the talents, curiosity and energy of this group of up-and-coming leaders in the DBHDS system. I am a firm believer that developing and improving upon the skills of our workforce has a direct and positive effect on the quality of care delivered to the people we serve. I am excited about this training opportunity and many other similar opportunities coming soon as we continue to build on our skills and retain a top notch workforce at DBHDS. Thank you to the SystemLEAD participants and all staff across the system for all you do on behalf of those we serve!



SystemLEAD participants complete the Virginia Public Sector Leader Program (VPSL).

Let's BE BOLD Virginia! I'm ALL IN!

Debra Ferguson, Ph.D.
Commissioner
Virginia Department of Behavioral Health & Developmental Services