

ALL IN!

DBHDS Monthly Update from Commissioner Ferguson
July 2015



DBHDS Commissioner Ferguson presenting at the Texas Hospital Association Annual Conference in Austin, TX on behavioral healthcare transformation.

WELCOME

In the past month, DBHDS has had several major successes. The Substance Abuse and Mental Health Services Administration (SAMHSA) awarded **two major grants** that will help individuals who are struggling with behavioral health issues receive treatment in their home communities. [New mental health laws](#) went into effect on July 1, including the REVIVE! program going statewide. The four Transformation Teams have reconvened and plan to meet throughout the summer. The Supreme Court upheld the portion of the *Affordable Care Act*, which allows 286,000 Virginians to keep their health insurance. Crisis Intervention Teams (CIT) have expanded to help local law enforcement be better-equipped to help individuals dealing with a mental health crisis.

I've summarized many of these major developments below and look forward to partnering with you to achieve continued success throughout the year.

UPDATES and INFORMATION

DBHDS Targets Efforts at Two SAMHSA Grants to Build Community Supports

Eight SAMHSA Grants for Certified Community Behavioral Health Clinics

DBHDS is in the process of completing an application for a SAMHSA grant for Certified Community Behavioral

Health Clinics (CCBHCs), which were created by the Excellence in Mental Health Act (EMHA). The EMHA establishes demonstration programs to improve community mental health services. There are two phases to the grant process:

- Phase 1 – Provides up to \$2M each for CCBHC Planning Grants, for up to 25 states
- Phase 2 – Up to eight CCBHC planning grant states will be selected to participate in the demonstration program

Phase 1 is a year-long planning and a readiness period. In June, DBHDS identified 8 CSBs to participate in the planning process for the as part of the EMHA SAMHSA Planning Grant. The eight CSBs that were selected are: Cumberland Mountain, Mt. Rogers, New River Valley, Harrisonburg-Rockingham, Rappahannock Area, Richmond Behavioral Health Authority, Chesapeake, and Colonial Behavioral Health. The CCBHCs are required to provide nine identified services plus care coordination in order to create a system of consistent services that emphasizes evidence based practices, wellness, and recovery. The CCBHCs will receive an enhanced Federal Medical Assistance Percentage (FMAP) rate of 65% - 88% to provide these services. The grant emphasizes services across the entire spectrum of behavioral health and across the lifespan. It also emphasizes services to veterans which is particularly important in the Commonwealth where we have the fastest growing veteran population in the country. DBHDS also convened a steering committee of a broad range of public and private stakeholders, serving individuals across the lifespan and across service areas, to help inform the development of the application and provide input during the planning year.

\$2,280,333 for a Cooperative Agreement to Benefit Homeless Individuals (CABHI) State Grant

These funds will help provide services in the Lower Peninsula (Hampton-Newport News) and Norfolk Continuums of Care (CoCs), which includes the Norfolk, Chesapeake, and Western Tidewater CSB areas. The purpose of Virginia's CABHI project is to do outreach to 1,200 individuals, with a focus on veterans experiencing homelessness and others experiencing chronic homelessness, who have substance use disorders, serious mental illnesses, or co-occurring mental and substance use disorders. DBHDS aims to enroll individuals eligible in Medicaid and other benefits, engage them in services (including integrated behavioral and primary health care), and provide 350 of them with permanent supportive housing. In addition, Virginia will expand the Governor's Coordinating Council on Homelessness to oversee, evaluate, and apply learning gleaned from the project, ensure collaboration among state agencies and regional CoCs, adopt and implement a statewide plan for housing and health care partnerships, improve Medicaid access and services, promote evidence based practices, and expand permanent supportive housing. The project will expand and build upon the PATH model of services to conduct assertive outreach and engagement, provide direct and purchased services, and transition enrolled participants into permanent housing using the evidence-based practices of Critical Time Intervention (CTI), which includes Motivational Interviewing (MI), and Permanent Supportive Housing (PSH). The project will also utilize Peer Recovery Specialist services and will utilize the Supported Employment model.

REVIVE! Expands to All of Virginia

As of July 1, REVIVE! is expanding from a pilot project to a statewide program! House Bill 1458, which was patroned by Del. John O'Bannon, R-73 and passed in the 2015 Session of the Virginia General Assembly, not

only expands REVIVE! statewide but also makes other important changes. Immunity from civil liability, in case of adverse consequences or unsuccessful administration of naloxone, now extends to anyone who prescribes, dispenses, or administers naloxone. Additionally, the bill allows law enforcement officers and firefighters to carry and administer naloxone. H.B. 1458 also allows for naloxone to be distributed through a standing order, meaning that pharmacies will have the option of working with prescribers to establish agreements that will allow the pharmacy to dispense naloxone to someone without a prescription. Visit the [REVIVE! website](#) or [email](#) for more information, including a list of upcoming training events throughout the state.

5th Annual National Minority Mental Health Awareness Month Media Contest

Since 2010, DBHDS has participated in the [Bebe Moore Campbell National Minority Mental Health Awareness Month](#) celebrations. Campbell was a leading African American journalist and novelist, and a national spokesperson for individuals and families affected by mental illness. Her goal was to eliminate mental health stigma in minority and multicultural communities. We have celebrated her life's work by hosting a statewide media contest focused on anti-stigma messages. This year's contest theme asks ***"What does mental wellness mean to you?"*** Entries to the contest will share their responses through video, art, music, and more! Join us and consider planning an entry before July 31st. [Read more.](#)

September 17, 2015: Recovery Month Partnership Conference

In honor of National Recovery Month, Horizon Behavioral Health will hold a [Partnership Conference](#) on Thursday, September 17, 2015 from 7:30 to 11:30 am at Eagle Eyrie in Lynchburg, Virginia. The conference will focus on variety of ways solid community partnerships help in the healing and recovery of persons with mental health and addiction disorders. Horizon will also honor and recognize a valuable partner in the community. Legislators and partners from across the state are expected to join Horizon for the event.

September 2015: Health Planning Region III Annual Conference

The 31st Health Planning Region III Annual Conference is scheduled for September 21-24, 2015 in Roanoke, Virginia. The theme this year is THE JOURNEY: Fostering Hope, Creating Change--Recovery for All. Offerings include Recovery Oriented Systems of Care, Promoting Academic Success Among Youth Through Substance Abuse Prevention and Intervention, Yoga Skills for the Mental Health Professional, Using "The Hero's Journey" to Reframe the Struggle of Mental Illness, Energy Psychology: A New Paradigm, Substance Abuse in the Second Half of Life, Beyond "Behaviors": Supporting Competence and Well-Being with the Intellectual Disabilities Population. Learn more or register [here](#).

News Stories of Interest

- Loudon Times-Mirror -- [Crisis Intervention Team expands to better address psychiatric emergencies](#)
- Fairfax CSB -- [Fighting stigma – CSB awards mini-grants to six youth-led projects](#)
- Bristol Herald Courier -- [Suicide prevention conference slated for Aug. 6](#)
- Daily Press -- [Virginia mental health legislation takes effect on July 1](#)
- Governor McAuliffe -- [Governor McAuliffe Statement on U.S. Supreme Court's Ruling in King v. Burwell](#)

- Governor McAuliffe -- [Governor Kicks Off 100-Day Challenge to Improve Housing for Individuals with Disabilities](#)
- WTOP Radio -- [Va. allows pharmacies to carry opioid overdose antidote](#)

RECENT FACTS & FIGURES

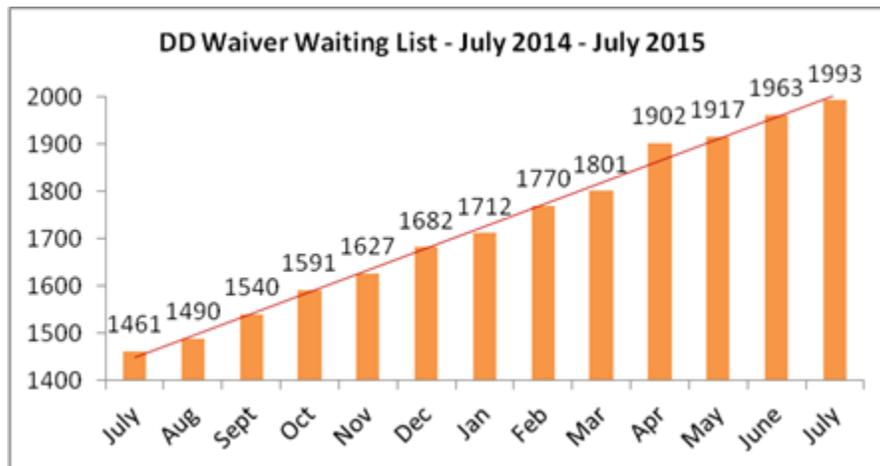
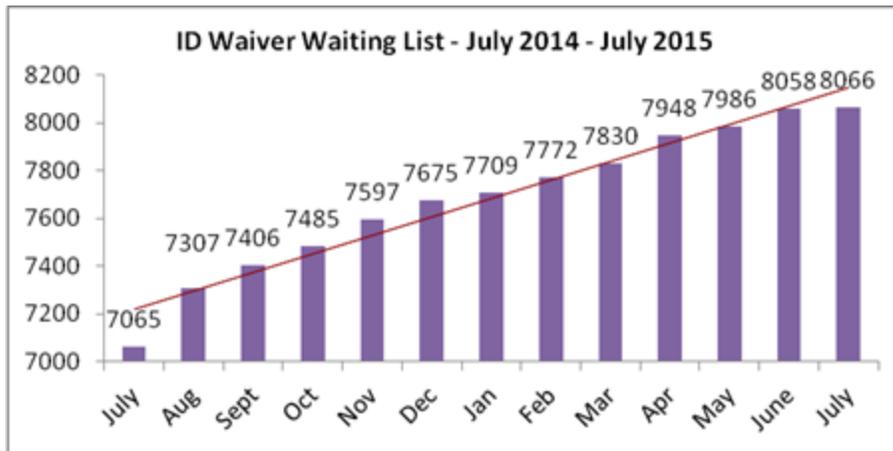
Training Center Census (July 13, 2015)

Name	July 2012 Census	July 2013 Census	July 2014 Census	July 13, 2015 Census
NVTC - Closure: By 3/30/2016	153	135	107	56
SWVTC - Closure: By 6/30/2018	173	156	144	124
CVTC - Closure: By 6/30 2020	350	301	288	231
SEVTC - Remains open	106	84	75	69
Total	983	790	614	480

ID and DD Waiver Enrollment and Waiting Lists (July 13, 2015)

	ID Waiver	DD Waiver
Total Slots	10,307	1,013
Urgent Waitlist	4,960	
Non-Urgent Waitlist	3,106	
Total Waitlist	8,066	1,993

Waiting List Totals from Previous ALL IN! Newsletters



Mental Health Hospital, Hiram Davis and VCBR Census (July 13, 2015)

Name	July 2015
Catawba	102
Central State Hospital	229
Eastern State Hospital	287
Northern Virginia Mental Health Institute	115
Southern Virginia Mental Health Institute	66
Southwest Virginia Mental Health Institute	163
Western State Hospital	230
Piedmont Geriatric Hospital	117

Commonwealth Center for Children and Adolescents	20
Hiram Davis Medical Center	67
Virginia Center for Behavioral Rehabilitation	371
Total	1,767

Stay Connected!

- **Waiver Updates Email List** – If you would like to be added to the email list to receive waiver redesign communications, please send your email address and your stakeholder status (e.g., self advocate, family member, provider agency representative, advocacy organization, etc.) to waiverupdates@dbhds.virginia.gov.
- **ALL IN! Email List** – Anyone interested in being included on this list can simply send his or her email address using the link [here](#).
- **Innovations** – If you would like to highlight an innovative program or service for future editions of ALL IN!, please send your submission (no more than two paragraphs) to the link [here](#).

In conclusion, I would also like to add that I was honored to speak at the Texas Hospital Association. One of my main goals as Commissioner is to ensure that Virginia not only has the most modern and effective behavioral health and developmental services system but also make the Commonwealth a model for other states. Sharing our successes and challenges highlights how far we have come and how, through our continued efforts, we can become the standard for others to achieve. I am enormously privileged to serve as your Commissioner and look forward to all we will accomplish together.

Let's BE BOLD Virginia! I'm ALL IN!

Debra Ferguson, Ph.D.
 Commissioner
 Virginia Department of Behavioral Health & Developmental Services