

## INDIVIDUAL CULTURAL COMPETENCE: WHAT DOES IT MEAN TO ME?

FIVE ELEMENTS OF CULTURAL COMPETENCE	STRENGTHS THINGS THAT COME EASY FOR ME	AREAS OF GROWTH THINGS THAT ARE DIFFICULT FOR ME
ACKNOWLEDGE CULTURAL DIFFERENCES		
UNDERSTAND YOUR OWN CULTURE		
ENGAGE IN SELF-ASSESSMENT		
ACQUIRE CULTURAL KNOWLEDGE		
VIEW BEHAVIOR IN A CULTURAL CONTEXT		

