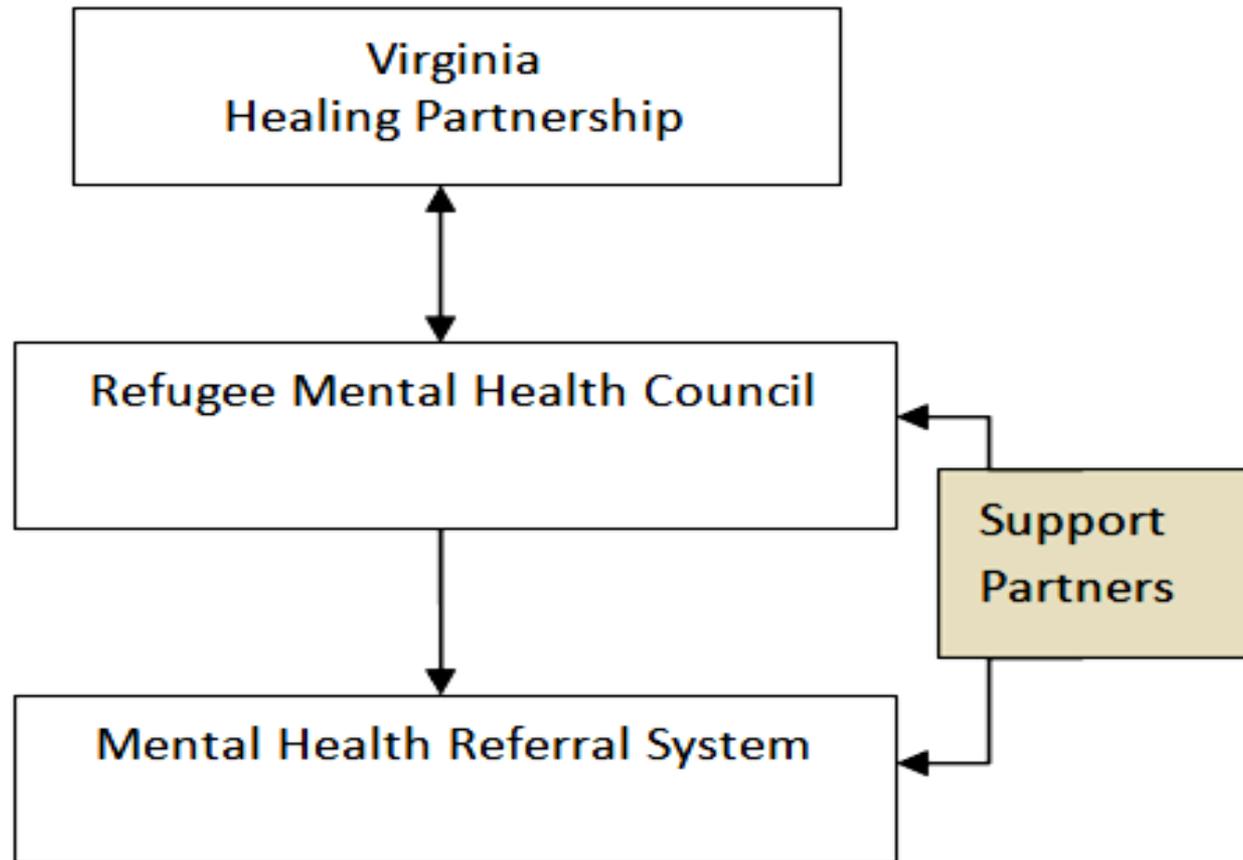


# Virginia Healing Partnership

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# Virginia Healing Partnership Initiative Conceptual Framework



## Refugee Mental Health Council

- Advisory body that oversees the refugee mental health referral system
- Identify and implement strategies that build capacity for behavioral health services for refugees,
- Provide input for policy and programming at the state and local levels.

## Refugee Mental Health Referral System

- A group of behavioral health providers that are willing to provide services to the refugee population

The RMHC has two **primary focus areas**: 1). To support a seamless process for mental health screenings and referrals between area health departments and area behavioral health providers, and 2). To support the development and implementation of culturally adapted mental health interventions that address gaps in the service continuum for refugees.

# Mental Health Screening Tool



**PATHWAYS  
TO  
WELLNESS**  
Integrating Refugee Health and Well-Being

## Refugee Health Screener-15 (RHS-15) Amharic Version

*Bilingual versions of the RHS-15 have been translated by an iterative process involving experts in the field, professional translators, and members of the refugee community so that each question is asked correctly according to language and culture. The English text is provided for reference only; using the English alone negates the sensitivity of this instrument.*

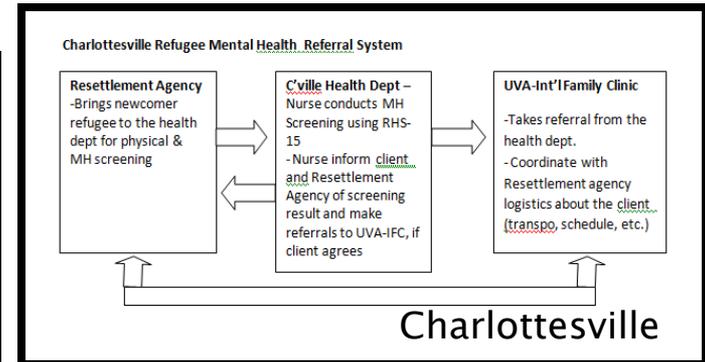
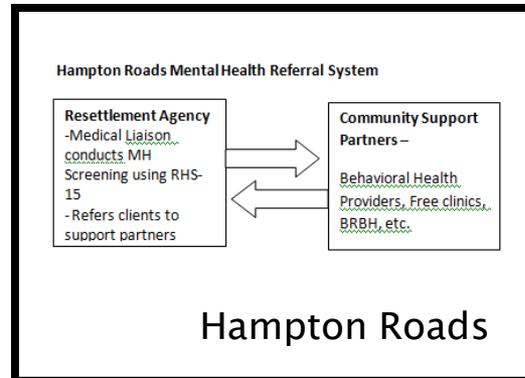
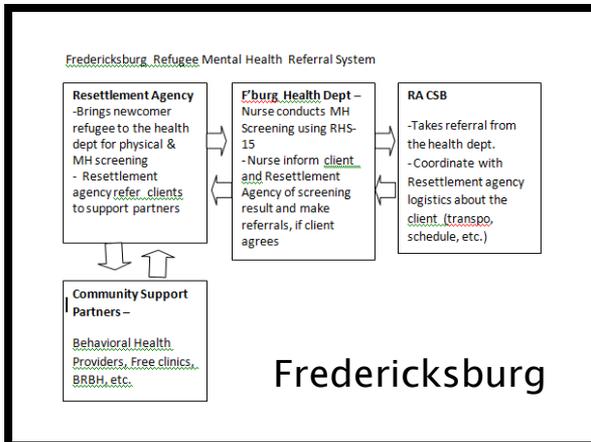
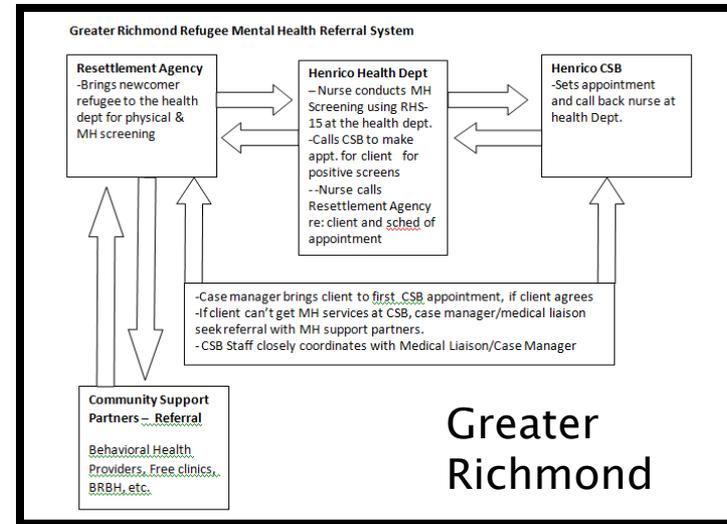
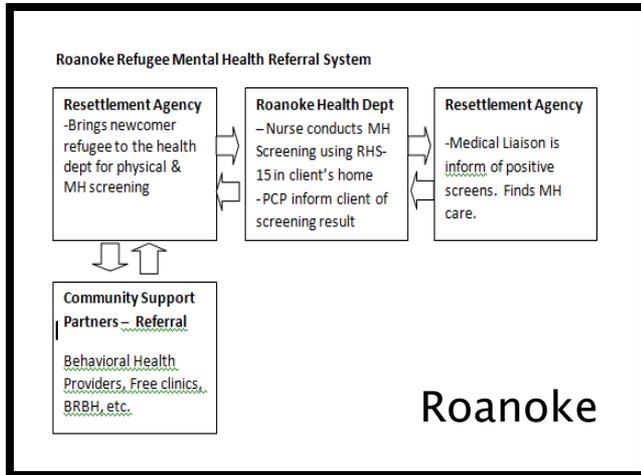
### DEMOGRAPHIC INFORMATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Gender: \_\_\_\_\_ Date of Arrival: \_\_\_\_\_ Health ID: \_\_\_\_\_  
Administered by: \_\_\_\_\_ Date of Screen: \_\_\_\_\_

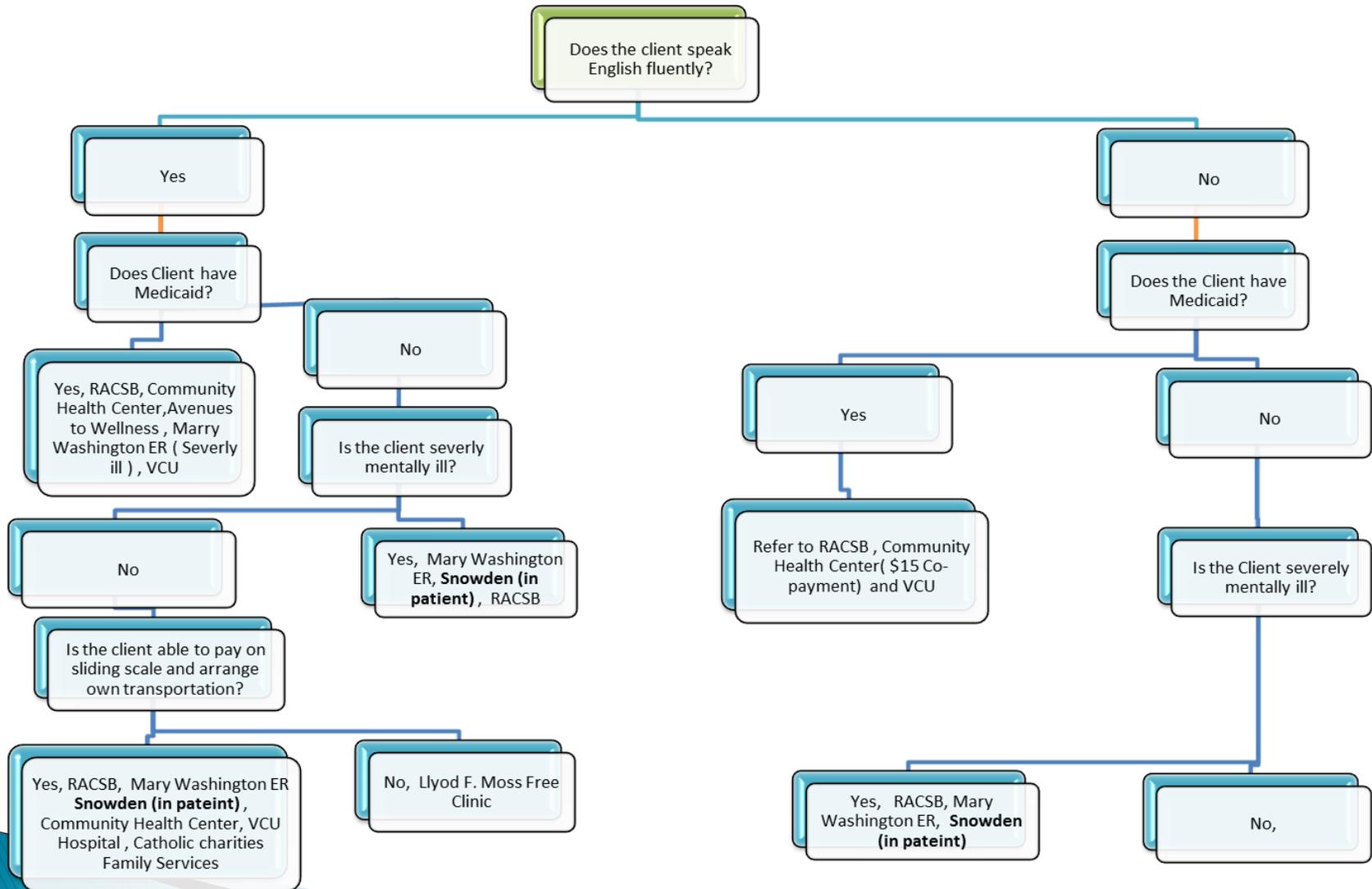
*Available in:*

Amharic  
Arabic  
Burmese  
English  
Farsi  
French  
Karen  
Nepali (Bhutanese)  
Russian  
Somali  
Spanish (Cuban)  
Swahili  
Tigrinya

# VA Mental Health Referral System Models



# Fredericksburg Refugee Mental Health Referral System



# Virginia Healing Partnership Initiative

## Local Mental Health Councils

- ❑ Fredericksburg
- ❑ Greater Richmond
- ❑ Roanoke

# Vision, Mission, and Value statements

## Fredericksburg Refugee Mental Health Council

**Our Vision:** That all refugees maybe inspired to find a life of health and hope

**Our Mission:** To serve with compassion and provide support to strengthen the lives of Fredericksburg area refugee families.

**Our Values:** Persevere to be our brother's keeper and value services as well as openness to the people of our community;

Demonstrate empathy and compassion through family values which include hope, strength, and caring;

3. Develop resilience to strengthen individuals, families, and communities;
4. Demonstrate acts of charity, generosity, and giving to those who are in need; and
5. Create a network of support among agencies and organizations that serve refugees.

## Greater Richmond Refugee Mental Health Council

**Our Vision:** All newcomers will be happy and healthy.

**Our Mission:** To make the social integration process a positive experience for newcomers and the community.

**Our Values:** Richmond rises up to assist newcomers and the community live happy and healthy lives by demonstrating: courage, sharing of the heart, inspiration, support for each other, coming together, promoting understanding, and creative problem solving.

## Roanoke Refugee Mental Health Council

**Our Vision:** Every refugee's basic needs i.e. food, shelter, clothing, physical and mental health, are met now here in Roanoke.

**Our Mission:** Provide advocacy for and guidance to the refugee community and service providers in order to access/obtain culturally appropriate mental health services.

**Our Values:** We value the dignity of all individuals involved in the process, both receiving and providing services, by meeting people where they are, and offering support to help them reach their goals and full potential. We promote respect, dignity, acceptance, and hope.

# Local Mental Health Referral System (No council)

- ❑ Charlottesville
- ❑ Harrisonburg
- ❑ Hampton Roads

# VHP State Level

- ▶ Annual Refugee Mental Health Summit
- ▶ Advocacy for Refugees and Providers
- ▶ Community Mental Health Awareness Session (Training)
- ▶ Language Access Conference for Front Line Workers (In Roanoke)
- ▶ Mental Health Interpreters Training (URMC Curriculum)
- ▶ Mental Health ESL Chart for Refugees & Providers
- ▶ Mental Health First Aid Training (Youth and Adults)
- ▶ Navigating the Behavioral Health System Booklet
- ▶ Qualified Bilingual Staff Training
- ▶ Qualified Cultural Navigator – Mental Health (Qualification Program)
- ▶ Suicide Prevention Training (QPR Gatekeepers Program)
- ▶ RHS-15 Webinar (Available on-line September 2016)
- ▶ Trauma Informed Cross Cultural Psychoeducation
- ▶ Other trainings and information materials

# Refugee Mental Health Activities

## Roanoke RMHC

- ▶ Bradley Free Clinic–Night Clinic for Refugees & Immigrants (RHS–15)
- ▶ Cooperative Agreement for Interpreting Grant Advocacy
- ▶ Community Mental Health Prevention (Group Counseling, Women’s Group)
- ▶ 5 Children Activity Sheets
- ▶ Local Colors Community Event Participation
- ▶ Local Colors Interpreting (Focus on Mental Health)
- ▶ Lunch & Learn/Breakfast & Learn (with MHARV)
- ▶ MHFA Instructor (Refugee Leader)
- ▶ QPR Instructor (Resettlement Staff)Refugee Mental Health Referral System Chart
- ▶ VCCI Representation

## Fredericksburg RMHC

- ▶ Community Mental Health Awareness Session
- ▶ Coping Skills Evaluation Instrument (final phase of development)
- ▶ Livelihood & Mental Health Prevention (Sewing & ESL)
- ▶ Mental Health Session for Women Refugees
- ▶ Mary Washington Cultural Fair Event Participation
- ▶ Mental Health Referral Monitoring Sheet
- ▶ MHFA Instructor (Refugee Leader)
- ▶ Patient Support Information Sheet (For translation to 3 languages)
- ▶ Providers Focus Group
- ▶ QPR Instructor (Resettlement Staff)
- ▶ VCCI Representation

# Refugee Mental Health Activities

## Greater Richmond RMHC

- ▶ Intercultural Fair Participation
- ▶ Advocacy
- ▶ MHFA Instructor (Refugee Leader, 2 Resettlement Staff)
- ▶ QPR Instructor (Resettlement Staff)
- ▶ Providers Focus Group
- ▶ VCCI Health and Mental Health Sub-Group

## Charlottesville MHRS

- TICCP Model Implementation

## Harrisonburg MHRS

- ▶ Community Mental Health Awareness Session
- ▶ Suicide Prevention Training (QPR Gatekeepers Program)
- ▶ Providers Focus Group
- ▶ MHFA Instructor (Refugee Leader)
- ▶ QPR Instructor (Refugee Leader)

## Hampton Roads MHRS

- QPR Instructor (Resettlement Staff)
- VCCI Representation
- Providers Focus Group

# VHP Activities



# Northern Virginia Refugee Mental Health Council and Mental Health Referral System

