VDBHDS

Virginia Department of Behavioral Health and Developmental Services

SERVING FREDERICKSBURG'S REFUGEE PATIENTS

Long-term

ACTION

Immediate

Available **RESOURCES** **Anticipated**

Your ideas for activities, projects and programs that may be low-cost, but may require time, effort, and energy of multiple people, or organizations to complete.

Go to local events to provide info on a display table with resources for refugee population; Look for area community events calendars for "tabling"; Develop presentation(s) for refugees on the following: coping skills, recognizing signs and symptoms, and how to navigate the help system (possibly provided by mental health clinicians); Advocate for translation services to providers

Your ideas regarding strategic priorities or long-term plan components to integrate care for limited English- proficient patients, where costs may be significant and funding may not be readily known or easily identified.

Develop training for community leaders: churches, mosques, spokesperson/"chief"; Locate specialists to form a pro bono network with a) emphasis on testing and b) emphasis on a donation portfolio; Recruit and train more face-to-face interpreters; Have licensure boards include cultural competency certification or professional development units or continuing education unit requirements; Prepare curriculum and promote emergency services training/certification; Create a plan to change public policy toward inclusive healthcare via State Council of Higher Education for Virginia, Medical Society of Virginia, American Association of Medical Centers, Virginia Health Care Association, etc.

OUR FREDERICKSBURG COMMUNITY!

Your ideas of readily available people, organizations, funds, programs, etc. that are low-cost or free, easily obtainable or accessible.

Reprint booklets; Draft a (public information) materials needs list; Create resource list of providers that serve the refugee/non-English-speaking population; Translate materials (possibly with Mary Washington Hospital); Prepare a resource list for providers with interpretation services; Develop a materials dissemination plan; Create electronic survey for service providers on barriers to serving a non-English-speaking refugee population; Design and prepare curriculum for seminars on refugee experience for providers of refugee medical and mental health services (in tandem with VDBHDS)

Your ideas for potential grants, groups who may need training and/or engagement, etc.

Translate booklet; Sponsor a language access conference for providers (where contact hours are provided); Recruit and train additional bilingual staff and coordinate activities with VDBHDS; Seek out trainers, opportunities and resources to facilitate cultural and linguistic competency training; Write and publish a book featuring stories of refugees; Develop media partner relationships; Propose human interest stories

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