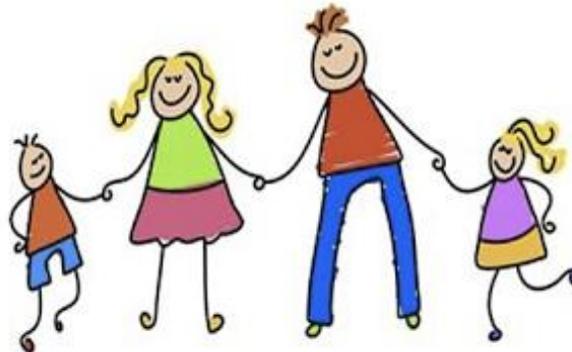


Harrisonburg Public Schools, in partnership with  
The Counseling and Psychological Services Clinic at  
James Madison University, offer

# Free Consultation Clinic for Parents



**The clinic's aim is to help parents promote children's success in school, foster positive relationships with parents, teachers, and peers, and minimize behavioral problems.**

**Parents will obtain consultations regarding child:**

- Emotional and behavioral difficulties (anxiety, depression, anger, aggression, temper tantrums)
- Cognitive development (memory, attention)
- Academic difficulties (reading, math, and writing)

**Parents will learn how to:**

- Help children with self-regulation and organization skills
- Improve emotional regulation in their children
- Use positive discipline; promote child's compliance and foster his/her independence
- Avoid battles with the child and foster positive relationships.

**Consultations will be provided by mental health professionals during evening hours.**

**Please Pre-register at <https://sites.google.com/a/harrisonburg.k12.va.us/parent-outreach/>**

Upon receipt of the pre-registration, staff will call to schedule your free one hour consultation.

Pre-registering allows us to determine what specialist will best serve your needs.

For more information contact April Howard 434-2752