

# Community Residential Options

**Apartments or Homes (Leased or Owned)** – Individuals may transition to their own apartment/home or choose to live with parents or family members. If an individual is interested in renting, the case manager or transition coordinator will assist in finding a home or apartment suitable for the individual, obtaining a federal rental subsidy if available, and securing credit counseling if needed. Individuals may be interested in home ownership. Homebuyer education is the starting point for determining if buying a home is a viable option for you. The Virginia Housing Development Authority provides several classes throughout the state each month at no charge for anyone who would like to attend. Call the Virginia Housing Development Authority at 1-877-843-2123 and someone will provide you with more information; or visit [www.vhda.com/edu](http://www.vhda.com/edu) and select the Schedule of Homeownership Classes. You may also visit a housing counselor for information. To locate a housing counselor for your locality visit [www.virginiahousingcounselors.org](http://www.virginiahousingcounselors.org).

**Sponsored Residential Services** - Sponsored residential services are supports provided to individuals in a person's or family's ("sponsor's") home. The sponsor is evaluated, trained, supported and supervised by a provider agency that is licensed by the Department of Behavioral Health and Developmental Services (DBHDS). Only two people may receive sponsored residential services in one home. The individual receives assistance and support, as well as skill building activities in the home and community from the sponsor.

**Group Homes** - Group home residential services are congregate residential services providing 24-hour supports, including all needed assistance and skill building activities to individuals in a community-based home and other settings in the community. Group homes typically have eight or fewer residents and are operated by a provider agency licensed by the DBHDS. Intermediate Care Facilities for Individuals with Intellectual Disability (ICF/IID) are not considered group home residential services.

**Micro-board** - A micro-board is an organization, incorporated under the laws of the Commonwealth, whose mission and scope is to develop, provide and oversee the delivery of services and supports, within a formal organizational structure, to an individual who requires assistance in decision making. Micro-board membership is comprised of the individual and others in personal, unpaid relationships with the individual. Members ensure the individual has opportunities to participate in the community in as many ways as possible. Micro-boards provide supports and services regarding housing and residential supports. Unique housing opportunities may exist in the form of mortgage loans for micro-boards to provide housing. Due to the complexity of this type of mortgage loan, thorough research is recommended. Please visit the internet for more information on micro-boards.



**Community ICF/IID Home** - Community Intermediate Care Facilities for Individuals with Intellectual Disability (ICF/IID) homes are another example of residential services providing 24-hour supports to individuals in a community-based dwelling operated by a provider agency. Community ICF/IID homes provide health or rehabilitative services and provide “active treatment” to individuals receiving services toward the achievement of a more independent level of functioning or an improved quality of life. A community ICF/IID home is different from a group home in that it provides a package of all needed services through one entity. ICF/IID homes typically provide services to four to twelve individuals. Community ICF/IID homes are licensed by the DBHDS, but are also certified for Medicaid by the Department of Health and Office of Licensing and Certification.

**Adult Foster Care** - Adult Foster Care is a local program that provides room and board, supervision, and special services to adults who have a physical or mental health need. Any one provider may provide Adult Foster Care for up to three adults. Participating local departments of social services must have an Adult Foster Care policy, approve Adult Foster Care programs, approve each home used in the program, and make each individual placement in an Adult Foster Care. The local department may approve only Adult Foster Care homes in which it will make placements. Local departments may not approve Adult Foster Care homes for placements by other agencies that are not part of the Virginia Department of Social Services system. Individuals may be eligible for an auxiliary grant if he/she selects this type of residence. The Virginia DSS administers our state auxiliary program. To find more information about auxiliary grants, visit [www.dss.virginia.gov](http://www.dss.virginia.gov).

**Assisted Living Facility** - Assisted Living Facilities are licensed by the Department of Social Services. They are non-medical residential settings that provide room and board, as well as coordinate personal and health care services, 24-hour supervision, and assistance for four or more seniors or people with disabilities. Services may be provided in one or more locations. Assisted Living Facilities are **not** nursing facilities. Individuals may be eligible for an auxiliary grant if he/she selects this type of residence. To find more information about auxiliary grants, visit [www.dss.virginia.gov](http://www.dss.virginia.gov)

**Note:** *In-home Residential Support services (available through the Intellectual Disability or Developmental Disability Waivers) may be useful if an individual chooses to live alone, with parents or family members. Services are provided in a private home and are in addition to the primary care provided by the individual, caregiver(s) or family member(s). In-home Residential Supports may not be in place of this primary care. These supports help individuals to improve or maintain their health/medical status while living at home, enable individuals to use the community, improve their abilities, gain new home living or community skills and act safely and appropriately in their community.*

## Welcome Home

