

**W**hat can REACH do for you?

**REACH** provides clinical assessment and support by using the following methods:

- \* Training and empowerment for individuals, families and caregivers
- \* Mobile Crisis Units
- \* 24/7 crisis hotline
- \* Trained Professionals
- \* Therapeutic tools
- \* Community and home based crisis intervention and stabilization support
- \* A multidisciplinary support team, utilizing a biopsychosocial approach



SERVICES ARE MOST EFFECTIVE WHEN EVERYONE INVOLVED IN CARE & TREATMENT ACTIVELY PARTICIPATES IN DECISION-MAKING

**W**hat are some

of the advantages of REACH?

- Ability to remain with families
- Decreased facility and hospital admission
- Increased community participation
- A continuum of care across all systems of support
- Productive and healthy lives

## Contact Information

**My REACH Coordinator is:**

\_\_\_\_\_  
\_\_\_\_\_  
**Phone:**  
\_\_\_\_\_

**24/7 Referral & Crisis Hotline  
(855) 897-8278**

**If you (or the individual you provide support) is at risk of harming him or herself or others; CALL 911, then contact your local Emergency Services Department.**

**REACH provides 24/7 crisis intervention, information, and referral to individuals residing in Fairfax, Loudoun, Arlington, Prince William, and City of Alexandria.**

All individuals are assured that concerns will be heard and human rights will be protected. For questions, call Easter Seals 1-866-730-0038 or submit your complaint through Global Compliance at <https://www.integrity-helpline.com/ESUCPNC.jsp>

**EASTER SEALS UCP VIRGINIA REACH REGION II  
3460 Commission Ct., Suite 202  
Lake Ridge, VA 22192  
855.897.8278**



*REACH is a program to support adults with an intellectual disability and/or developmental disability, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life.*

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**<http://www.easterseals.com/NCVA/>**



## What is REACH?

**REACH** stands for Regional, Education, Assessment, Crisis Services, Habilitation.

**REACH** emphasizes the prevention of crises before they occur. This is done through early identification of individuals, development of crisis response plans, training, and technical assistance.

The underlying philosophy of REACH is that people's lives go better when everyone involved in supporting the individual works as a team to develop ideas and strategies that will work best for the person.

## Who is eligible for REACH services?

Individuals aged 18 and above with documented evidence of:

- Intellectual and/or developmental disability and
- Mental health and/or at risk behavioral challenges

## Who can make a referral to REACH?

Referrals may be made by individuals and families, Case managers/Support Coordinators, or other natural supports in a person's life.

## Who meets criteria for REACH services?

Examples of individuals who might be referred include someone who:

- is at risk of losing current placement and/or vocational setting;
- has a history of complex medical, behavioral, and/or trauma related issues;
- has exhibited a significant deterioration in functioning over the past 24 months;
- has been hospitalized or admitted to a psychiatric hospital or training center;
- has exhibited behavior that resulted in contact with law enforcement.



## What is the purpose of REACH in our community?

### Mobile Support

**REACH** provides mobile support services to the individual's system in order to maintain stability in their current placement. Services can be provided on an emergency bases.

### Consultation

The clinical team will provide 24/7 crisis response and consultation. This includes continual preventative, cross systems crisis planning for eligible adults. Once the immediate crisis is resolved, the REACH clinical team will continue to work with the individual and his/her system of supports and services in order to problem solve. This will aid in the reduction of the frequency of needed emergency interventions and assistance with ongoing stability.

### Therapeutic Home

The REACH Therapeutic Home is a 6 bed home and we provide Center Base and In-Home Crisis Stabilization and Crisis Prevention support.

We provide temporary, short-term support, evaluation, and assessment for individuals who: 1) are eligible for services; 2) no longer need acute psychiatric inpatient hospitalization; and/or 3) are not able to return to their last place of residence at the time of referral. The Program does not provide a permanent residential placement, but rather offers appropriate supports for up to 30 days based on individual need, to facilitate the individual's successful transition back to the community.

