

What are Regional Support Teams?

There are five Regional Support Teams (RSTs) in Virginia.

What is their purpose?

To provide recommendations in resolving barriers to the most integrated community settings consistent with an individual's needs and informed choice. Referrals by support coordinators (SC)/case managers (CM) and social workers (SW) at the Training Centers are made to the Community Resource Consultants (CRC) or Community Integration Managers (CIM) with the Department of Behavioral Health and Developmental Services (DBHDS) under certain circumstances as described in the SA. The CRC or the CIM will refer to the RST when barriers to most integrated settings for individuals still exist.

Who do they support?

Individuals with intellectual disability (ID) or developmental disabilities (DD), who live in training centers, meet the ID or DD Waiver waitlist criteria or live in a nursing home or intermediate care facility for individuals with ID, and their individual support planning teams.

Who are the RST members?

RSTs include a variety of professionals in the field of intellectual and developmental disabilities with expertise in complex medical and behavioral supports. Members come from state, local and private positions in the community. These members have regular contact through in-person and telephone meetings.

How do I contact the RST?

The CRC or CIM will contact the RST at the request of individuals and team members.

More information and the full Settlement Agreement can be viewed online at:

<http://www.dbhds.virginia.gov/Settlement.htm>