



Department of Medical Assistance Services
600 East Broad Street, Suite 1300
Richmond, Virginia 23219
www.dmas.virginia.gov

EPSDT Personal Care Program Fact Sheet

Services Offered	<ul style="list-style-type: none">• Developmentally appropriate Consumer-Directed and Agency-Directed Personal Care when medically necessary to correct or ameliorate diagnosed health conditions. EPSDT Personal Care provides care such as: dressing, eating, bathing, etc.
Who is Eligible?	<ul style="list-style-type: none">• Medicaid/FAMIS Plus/MCO enrollees under the age of 21 who are not eligible for Personal Care through a Medicaid Waiver. This service is “carved-out” of the MCO contract.
Service Requirements and Limitations	<ul style="list-style-type: none">• A referral from a physician or nurse practitioner is required to document that the service need was observed during an EPSDT screening.• Individual must need assistance in at least 3 ADLs• Not covered: Personal care assistance because of the individual’s age, supervision, respite and vocational supports• Services require authorization PRIOR to receiving services
Forms Needed	<p><u>DMAS -7</u> (Screening Assessment) <u>DMAS 7A</u> (Plan of Care) <u>DMAS 99</u> (Recipient Assessment Form)</p>
Process for Requesting Pre-Authorization	<ul style="list-style-type: none">• Physician will assess the individual using the (DMAS-7) and send a completed DMAS-7 to DMAS for pre-authorization• If appropriate, DMAS will authorize the need for personal care and contact the individual/family• Individual/family will choose between an Agency or Consumer Directed Services model; DMAS will send family a list of providers according to this choice• Provider/individual/family will develop a plan of care using the DMAS 7A and 99ab and develop a schedule of services• Plan sent to DMAS for pre-authorization• If nursing needs are present a 60 day authorization may be issued to ensure the individual cannot be better served in another program
DMAS Contacts	<p>For Pre-authorization, contact Shirlene Harris Phone: 804-225-3124 Fax: 804-225-3961 Other inquiries: Email: epsdt@dmas.virginia.gov Phone: 804-786-6134 Fax: 804-225-3961</p>