

Part V. Plan for Supports

Provider: Companion

<u>Outcome #</u>	List the support activities for each desired outcome (Important TO)	Describe how this will be provided based on individual preferences. (support instructions)	How often or by when?	How Long?
3	Gardening	Companion will support Jack with pulling weeds from his garden and with fertilizing on a regular schedule once each month.	Weekly	30 minutes
5	Weights	Companion will escort Jack to the YMCA once each week to complete a workout. Companion will support Jack with having successful interactions with others and with waiting his turn when using the equipment.	Weekly	1 hour
7	Friends	Companion will accompany Jack after lunch and to Krispy Kreme each Sunday from 1:00pm to 2:00pm to visit with his friends successfully.	Weekly on Sun	1 hour
9	Comedies	Companion will accompany Jack to watch comics, comic videos or comedy movies once each week. Companion will support Jack by explaining the jokes and with understanding the plot, etc.	Weekly	2 hours
<u>Outcome #</u>	List the support activities for each desired outcome (Important FOR)	Describe how this will be provided based on individual preferences. (support instructions)	How often or by when?	How Long?
15	Exercise.	Companion accompanies Jack on walks around his block each week to improve his health.	Weekly	30 minutes

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09 End: 2/28/10

Comments:				

Individual: Jack **Date:** 2/23/09

Representative: _____ **Date:** _____

Provider: Melissa Shaffer **Date:** 2/23/09

General Schedule of Supports	Provider: ABC Day Support
-------------------------------------	----------------------------------

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
6AM							
7AM							
8AM							
9AM							
10AM							
11AM							
12PM							
1PM	7 friends						
2PM							
3PM							
4PM							
5PM							
6PM							
7PM			3 gardening 15 exercise		9 comedies		
8PM			5 weights		9 comedies		
9PM							

This ISP belongs to: Jack G. **ID#** 512 **ISP Start:** 3/1/09 **End:** 2/28/10

10PM							
11PM							
12AM							
Overnight							
Daily Total							
Total weekly hours: <u>6</u>				Total weekly periodic support hours: <u>0</u>			

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09 End: 2/28/10

