

Person-Centered Review

Provider: ABC Residential

Purpose of review: 1st , 2nd , 3rd , 4th , Update

Outcome #	Desired outcomes (Important TO)	Describe progress toward each outcome. (Include new learning, barriers, successes and relevant medical information in each instance)	Start/End	Condition (Check all that apply)
1	Jack spends some time alone where no one will bother him, and where he can do something he enjoys on his own.	Jack was able to spend time alone on all but 5 days during the quarter. These five days were missed because Jack spent them with his brother as recorded in his support log. Jack indicates he likes being able to get away from his housemates and having some time alone each day. Jack does better with reminders to find a private space before he becomes agitated. He also likes help finding activities to do during his alone time. He especially likes sitting on the back porch, listening and watching the birds.	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
2	Jack has a morning routine based on his preferences.	Jack's morning routine was completed every day he was at home. We have learned that Jack likes unscented soap and a large bath towel. He also likes his first cup of coffee with cream and sugar and then he fixes it black.	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
3	Jack helps plant and tend a vegetable garden.	Jack has spent more of his money on video rentals this quarter and has less for buying tools and supplies for gardening. As a way to save money, DSP is working with Jack to learn to start plants from seed.	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
4	Jack walks around in his small neighborhood to shop,	Each week Jack walked around his neighborhood as planned. He met two neighbors and has found a bank	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed

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	bank and eat out with friends.	teller he likes to see each week. He has learned to stop and look for traffic before crossing the street and smiles and speaks to others without concern.		<input type="checkbox"/> Ended
6	<i>Jack has different food dishes to try each week and selects the menu.</i>	<i>We have learned that Jack likes certain "free foods" that don't affect his blood sugar such as green beans and salad. He likes pushing his own cart at the grocery store as well.</i>	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
8	Jack does not have to listen to the snoring of his roommate and learns about assistive devices that might help him sleep better.	Jack's roommate purchased nasal strips in the past quarter that resolved the snoring concern. Jack now sleeps through the night and has decided that he likes a cup of tea before bed each evening. He prefers Earl Grey or Jasmine. DSP helps him to fix it, carry it to the porch (or recreation room) and relax before bed. This outcome is being changed since sleeping is no longer a concern to focus on having tea each night.	3/1/09	<input type="checkbox"/> Progress <input type="checkbox"/> Continued <input checked="" type="checkbox"/> Changed <input checked="" type="checkbox"/> Ended
9	Jack gets to watch a few comedies & comics each week.	Jack has been renting an extra video each week, which has left him less money for his garden supplies. DSP spoke with him about this choice and Jack said watching the comedy is most important. DSP will work with Jack to identify ways to save money on his garden supplies.	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
10	Jack sends birthday and holiday cards to friends and family.	Jack has purchased a monthly planner and he directed the DSP in listing all of his family members and friends' birthdays. He has also added in all holidays and states that he wants to send holiday cards this year to some people. He has sent a card or letter each week during the quarter and has	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended

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		received four back - one from his cousin, Terry, two from his younger sister, Sarah and one from his older sister, Jennifer.		
Outcome #	Desired outcomes (Important FOR)	Describe progress toward this outcome. (Include new learning, barriers, successes and relevant medical information in each instance)	Start/End	Condition (Check all that apply)
12	Jack feels satisfied and content following his diet.	Jack has participated in weekly discussions about his diet. He says that he likes having green beans with dinner and has found a sugar-free ice cream that he buys at the store each week. When asked, Jack states that he likes trying out new foods that he can have. He also call his neighborhood walk part of his "exercise" and says "its good for me."	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
13	Jack doesn't walk on the edge of the highway and asks someone when he wants to go to Krispy Kreme.	On one occasion this quarter Jack left home early in the morning at 5:00am. DSP contacted 911 and the supervisor when the event happened. Jack was located at the Krispy Kreme waiting for it to open. He stated that he wanted to see his friends. Since the incident, Jack is reminded each evening that his schedule for Krispy Kreme is on Thursdays during his walk and again on Sundays with his brother. He says that he will always let someone know when he wants to leave the home.	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
14	Jack's protocol is followed by all staff supporting Jack with blood sugar checks, insulin administration, recognizing distress signals and providing	Jack met with Dr. Glass on April 14 th and received a very positive report. Dr. Glass stated that Jack's labs are stable and that the exercise and improved food choices are having a positive affect on Jack's health. Jack had 5 incidents this quarter in which	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended

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	comfort and sugar.	DSPs provided comfort and orange juice. Protocol remains unchanged and will be followed in the coming quarter.		
15	Jack walks around the neighborhood shopping districts, does strenuous yard work he enjoys, and receives support in strength training.	Each day DSP spoke with Jack about the benefits of the activities he is doing such as walking in his neighborhood, exercising and working in his garden.	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
16	Jack is supported with meals, laundry, and keeping house clean.	Jack was helped on a routine basis to complete daily chores including meals, laundry and cleaning. Jack says that he enjoys doing his laundry on Sunday and has learned to separate the blue jeans out on his own. He continues to struggle with keeping the lights and darks separate, but DSP continues to practice this with him each week.	3/1/09	<input checked="" type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
16	Periodic supports when plans are cancelled.	Periodic supports were not used during the past three months.	3/1/09	<input type="checkbox"/> Progress <input checked="" type="checkbox"/> Continued <input type="checkbox"/> Changed <input type="checkbox"/> Ended
<u>Outcome #</u>	Additional desired outcomes	Describe the expected benefits of this change as Important TO or Important FOR the individual.	Start/End	How often or by when?
17	Jack attends a local garden club where he makes new friends.	It's important TO Jack to have more friends. Jack will benefit from attending the gardening club at the local college where he can make some new friends.	6/15/09	Weekly
18	Jack prepares and enjoys tea each evening before bed.	It is important TO Jack to have tea each night. He expresses that this helps him to sleep better.	6/1/09	Daily

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Please describe any significant events not reported above:
Describe the individual's satisfaction with supports: Jack expresses that he likes how he is spending his time and that he likes learning about gardening and watching "funny movies" each week. He states that he is very pleased with the supports he receives.
Is an ISAR included with this update to reflect changes in support hours? <input checked="" type="checkbox"/> Yes, because hours are changing <input type="checkbox"/> Not needed: no change in support hours

Individual: Jack _____ Date: 05/22/09 _____

Representative: _____ Date: _____

Provider: Stephanie Klein _____ Date: 05/22/09 _____

Outcome changes approved by Support Coordinator:

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