

Individual Support Plan

Part I. Essential Information

Information Required:	Location in Record:
Contact Information	<i>Laminated card on inside front flap of record</i>
Emergency Contacts/Representation	<i>Laminated card on inside front flap of record</i>
Psychological or Developmental Evaluation	<i>Tab 4 "Evaluations & Assessments"</i>
Current Level of Functioning Survey	<i>Tab 4 "Evaluations & Assessments"</i>
Support Coordination and Provider Contacts	<i>Tab 2 "Provider Information"</i>
Communication and Sensory Support	<i>Tab 5 "Social/Family Assessment"</i>
Adaptive Equipment, Assistive Technology and Modifications	<i>Tab 5 "Social/Family Assessment"</i>
Health, Medications, Physicals	<i>Tab 3 "Health Information"</i>
Summary of Social/Developmental/ Behavioral/Family History/Previous Interventions and Outcomes	<i>Tab 5 "Social/Family Assessment"</i>
Summary of Employment and Educational Background	<i>Tab 5 "Social/Family Assessment"</i>
Exceptional Support Needs/ Risk Assessment (SIS Section IV)	<i>Tab 5 "Social/Family Assessment"</i>
Ability to Access Services and Supports	<i>Tab 5 "Social/Family Assessment"</i>
Legal, Financial and Advocacy Issues	<i>Tab 5 "Social/Family Assessment"</i>
ISP Parts I-V	<i>Tab 1 "Jack's Plan"</i>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

Part II. Personal Profile

A Good Life: *What does a good life look like to me?*

Jack's planning team thinks that he'd like to live in a home in a friendly neighborhood with just his 2 "buddies," Joe and Jerry, with Stephanie (and others like her) to help him every day. An ideal neighborhood for Jack would be "the village," with shops, banks and restaurants in walking distance and with sidewalks and slow traffic, so he can hang out with others from the neighborhood. In his good life, Jack goes to "the village" almost every day for different things, and sees familiar faces and neighbors to talk to on the way. Sometimes he has lunch with one or more of the new friends he's made. He falls asleep and wakes up to the radio playing country rock. He has the same morning routine every day of the week, but sleeps in on Saturdays and Sundays. He also has more time to get his routine done, since there's no hurry to get anywhere. On Fridays and Saturdays, he stays up maybe 2 hours later than usual to watch a DVD, go somewhere or play a game with friends. He has a varied and healthy diet of foods he chooses, he grows his own vegetables and he eats "gourmet" every once in awhile. In his good life, he shares meals with Joe and Jerry and sometimes with neighbors and other friends. He spends his free time working in the yard, mostly in his garden. He works part-time in a landscape business and makes enough money to eat out at least once a week in the neighborhood village.

Talents and Contributions: *What do people who know and care about me say about me? How do I contribute to friends, family and my community?*

Jack has a kind smile and uses it often with people he likes. He makes people feel special and important when he smiles at them.

Jack is strong and likes to help others. He is always willing to help lifting and moving big boxes and furniture.

Jack likes to work hard, especially physical work.

Jack is kind to others, laughs at people's funny jokes, repeats them and is fun to be around.

Jack is good with yard work and handling tools. When someone is with him, he can find the tools, rake, turn the compost, trim the jasmine, clean and put things away when he's done.

Jack likes to let others know he's thinking of them. He remembers birthdays of family and friends and wants to call or send a card on these occasions and to everyone at holidays.

Jack likes to try different kinds of foods, and the more "gourmet" (or different) the better.

Home	
What's working? <i>Things I would like to stay the same</i>	What's not working? <i>Things I would like to see changed</i>
Home <i>Living in the same place as his friends, Joe and Jerry.</i>	<i>Living with too many people (8 in the home) and a roommate who doesn't like him to play his music after 9 p.m. If he wakes in the night, he wanders around, because he "can't sleep" and is "grumpy" the next day.</i>
Routines <i>Breakfast and dinner with Joe and Jerry.</i>	<i>Having his morning routine not go as he likes. Not being able to do things when he wants to do them. Helping Jack with what he can do himself. Not giving him privacy. Putting on shirts that have tags that scratch his neck. Not getting to sit on the porch with his coffee.</i>
Independence <i>Making his own decisions about when to stay home and when to go to the day program. Helping John Turner (the contracted lawn service) in the yard.</i>	<i>Not being able to work in the yard or go places in the community when he'd like to.</i>
Privacy <i>Jack likes using John T's tool shed as a retreat when he wants to be alone.</i>	<i>No place set aside in the house for Jack to be alone when he needs it.</i>
Safety at home <i>Joe and Jerry let other people know when Jack isn't feeling well. If he seems confused or doesn't answer, they help him sit or lie down and sip some orange juice.</i>	<i>Walking long distances alone along the wrong side of the busy highway to get to Krispy Kreme to visit his "buddies."</i>
Community and Interests	
What's working? <i>Things I would like to stay the same</i>	What's not working? <i>Things I would like to see changed</i>
Neighborhood <i>Living close (less than a mile) to shops and restaurants that Jack likes to visit.</i>	<i>Has to be driven across the highway to the shops and restaurants he likes to visit, so doesn't happen often and doesn't have a "neighborhood."</i>
Inclusion in community <i>Jack knows several of the older men who hang out at Krispy Kreme.</i>	<i>Leaving the house and walking across the busy highway to get to Krispy Kreme. Eating the donuts at KK. It would be nice if there was somewhere else Jack might like to go hang out.</i>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

<p>Safety in my community <i>Once Jack's at the Krispy Kreme shop, someone calls and he waits to be picked up by someone from the group home. Some KK employees call John Turner, who will take him home.</i></p>	<p><i>Walking on the highway. Going to KK on his own. Only people who know Jack well know how to communicate with him.</i></p>
<p>Things I enjoy/hobbies <i>Hanging out "with Joe and Jerry." Visits to the Krispy Kreme and being with the guys there. Helping John Turner. Being in the tool shed looking at and touching the tools. Using the hammer to build (and to break things when "mad"). Getting cards and letters in the mail. Making people smile. Being outside. Working hard. Trying new "gourmet" ("no cans") foods. "Being strong."</i></p>	<p><i>Jack doesn't get to do enough of what he enjoys. Making Jack do things he doesn't like to do. Making him be with the group when he wants to be alone. He only gets a few cards a year and doesn't have much in the way of new experiences to discover what he might enjoy.</i></p>
<p>Relationships</p>	
<p>What's working? <i>Things I would like to stay the same</i></p>	<p>What's not working? <i>Things I would like to see changed</i></p>
<p>Family and friends <i>Being able to eat meals and "hang out" almost daily with Joe and Jerry. Getting mail from Jack's 2 sisters and sometimes his brother on holidays.</i></p>	<p><i>Waiting for months at a time for something in the mail. Not being able to send mail to his family and friends as much as he'd like.</i></p>
<p>Being understood by others <i>Jerry and Joe helping him to tell others what he needs. Waiting for as much as 2 minutes for Jack to respond. Having Stephanie to teach other support staff what Jack's communicating.</i></p>	<p><i>Getting wishes to be known by people who don't know him well. When direct support staff change and take awhile to learn the routines he needs and things that help him to have a good day.</i></p>
<p>Qualities of those who support me <i>Jack likes to be around people who have soft voices, close doors and drawers quietly, use a firm, but gentle touch. He likes smiles and humor and enjoys being talked to about the day or what is happening, but not too much chatter, since he wants to join in too, and it takes him at least a minute of silence to say something. People who like to listen to country rock music, be outside a lot and walk (one of his favorite pastimes).</i></p>	<p><i>Jack takes a long time to answer a question, and it's usually repeating what he last heard. It doesn't work for staff who help him to talk a lot or hurry him along, without giving him time to make his choices. He does not like to be told or asked something more than once and sometimes during the busy morning that happens a lot.</i></p>
<p>Culture, traditions <i>Celebrating Thanksgiving with his sisters. Celebrating the 4th of July and his birthday with his brother.</i></p>	<p><i>Not participating in holiday celebrations where he lives, in his neighborhood or with friends.</i></p>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

Spirituality, religion <i>When Jack has time to sit on the screened-in porch in the morning, listen to the birds (“chickadee, chickadee”), he has a calmer and easier day.</i>	<i>Jack doesn’t get to sit on the porch on the mornings when things are harried. He may have already gotten upset and didn’t want to be anywhere with staff.</i>
Work and Alternates to Work	
What’s working? <i>Things I would like to stay the same</i>	What’s not working? <i>Things I would like to see changed</i>
Days <i>When he gets to be with John T in the yard or in the tool shed, he is busy and working hard.</i>	<i>Jack won’t get on the van a couple of times a week and falls asleep in the day program. Not having a job that uses his “strong muscles.”</i>
Evenings <i>Spending time with Joe and Jerry on the porch when it’s warm or in the rec room watching Comedy Central and other shows that make them laugh.</i>	<i>Not doing anything in the neighborhood or larger community. Not getting to watch his favorite shows very often. Always asking to go to a live show.</i>
Weekends <i>Once or twice a month, John T or some of his workers will be around on a weekend and enjoy it when Jack chooses to help out.</i>	<i>Not being able to stay up later on Friday and Saturday, and having to get up at the same time as on the weekdays.</i>
Learning & Other Pursuits	
What’s working? <i>Things I would like to stay the same</i>	What’s not working? <i>Things I would like to see changed</i>
New or improved abilities <i>When his friend and groundskeeper, John T gives him opportunities to use different tools and try different yard tasks.</i>	<i>John T is usually there on Saturdays, when Jack is supposed to be doing his household chores and learning about his budget. Jack wants to be outside with him and is distracted from learning.</i>
New experiences <i>Jack’s interest in gardening and being in the yard.</i>	<i>Training in budgeting skills and cleaning his room are not experiences Jack is interested in anymore.</i>
Money	
What’s working? <i>Things I would like to stay the same</i>	What’s not working? <i>Things I would like to see changed</i>
Money and finances <i>Informing Jack about his money, buying power and consequences of his decision when he’s shopping, rather than before or after.</i>	<i>Budgeting sessions, because he just wants to wander around the room and spend time asking him to sit down.</i>
Personal control <i>Having his own spending</i>	<i>Not having much money to spend. Not going out</i>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

<i>money when he goes shopping.</i>	<i>because of little money.</i>
Transportation and Travel	
What's working? <i>Things I would like to stay the same</i>	What's not working? <i>Things I would like to see changed</i>
Transportation <i>Riding with the group home manager in the front of the van. His brother taking him places once in awhile.</i>	<i>Not having transportation to "the village" on a regular basis.</i>
Travel <i>Visiting his sisters in D.C. once a year at Thanksgiving.</i>	<i>Not being able to see his sisters more.</i>
Health and Safety	
What's working? <i>Things I would like to stay the same</i>	What's not working? <i>Things I would like to see changed</i>
Foods, cooking, meals and supplements <i>Jack loves the Sunday meals when they make them "from scratch."</i>	<i>Processed and other foods that Jack doesn't like on the menu regularly. Eating donuts at Krispy Kreme.</i>
Exercise and movement <i>Interest in "being strong." Loves walking and can walk fast.</i>	<i>No activities (aside from helping John once in awhile) to keep his muscles strong.</i>
Medications <i>Stephanie and a few other staff know how to support Jack with sugar checks & insulin administration.</i>	<i>New and relief staff don't always know how and lack the skills needed to assure his safety.</i>
General wellness <i>Being generally healthy, following diabetic diet. Moving around a lot.</i>	<i>Not eating enough when doesn't like the food. Not enough routine exercise.</i>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

Part III. Shared Planning

<u>Outcome</u> #	What is IMPORTANT TO ME this year?	What does success look like? DESIRED OUTCOMES	How often or by when?	Who's going to support me?
1	<i>Privacy and time alone.</i>	<i>Jack has time away from the others at home and at the day program to do something he enjoys on his own.</i>	<i>Daily</i>	<i>Residential: River Creek, LLC. Day Support: New Adventures</i>
2	<i>Following his own routine every morning.</i>	<i>Jack has a calm and relaxed morning routine, with time after breakfast for sitting on the porch or something else he enjoys.</i>	<i>Daily</i>	<i>Residential: River Creek, LLC.</i>
3	<i>Gardening.</i>	<i>Jack helps plant and tend a vegetable garden.</i>	<i>Weekly</i>	<i>Residential: River Creek, LLC. Day Support: New Adventures Support Coordinator: Oakridge CSB</i>
4	<i>Being out and about in his community.</i>	<i>Jack uses local businesses and attends neighborhood events.</i>	<i>Weekly</i>	<i>Residential: River Creek, LLC. Day Support: New Adventures</i>
5	<i>Being strong</i>	<i>Jack lifts weights regularly.</i>	<i>3 times Weekly</i>	<i>Day Support: New Adventures</i>
6	<i>Foods he likes.</i>	<i>Jack selects his menu and tries different dishes made with ingredients he likes.</i>	<i>Weekly</i>	<i>Residential: River Creek, LLC.</i>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

7	<i>Being with friends at the Coffee Counter.</i>	<i>Jack hangs out at the Coffee Counter with his buddies on Sunday afternoons.</i>	<i>Weekly</i>	<i>Brother</i>
8	<i>Sleep.</i>	<i>Jack sleeps through the night without waking and wandering around.</i>	<i>Daily</i>	<i>Residential: River Creek, LLC.</i> <i>Support Coordinator: Oakridge CSB</i>
9	<i>Watching sit-coms, comedies & stand-up comics</i>	<i>Jack watches comedies and goes to the comedy club.</i>	<i>Weekly</i>	<i>Residential: River Creek, LLC.</i>
10	<i>Keeping in touch with family and friends. Getting mail.</i>	<i>Jack calls and sends birthday and holiday cards to friends and family.</i>	<i>Weekly</i>	<i>Residential: River Creek, LLC.</i> <i>Day Support: New Adventures</i>
11	<i>More money.</i>	<i>Jack earns more money.</i>	<i>Monthly</i>	<i>Support Coordinator: Oakridge CSB</i>
<u>Outcome #</u>	What is IMPORTANT FOR ME this year?	What does success look like? DESIRED OUTCOMES	How often or by when?	Who's going to support me?
12	<i>Staying safe around highways</i>	<i>Jack remains safe around traffic.</i>	<i>As needed</i>	<i>Residential: River Creek, LLC.</i> <i>Support Coordinator: Oakridge CSB</i>
13	<i>Support for diabetes</i>	<i>Jack's blood sugar remains stable.</i>	<i>Daily</i>	<i>Residential: River Creek, LLC.</i> <i>Skilled Nursing</i>
14	<i>Staying healthy</i>	<i>Jack is clean each day, maintains his current weight and has good medical and dental check-ups.</i>	<i>Daily and as needed</i>	<i>Residential: River Creek, LLC.</i>
15	<i>Clean clothes and home</i>	<i>Jack has clean clothes and lives in a tidy, organized home.</i>	<i>Daily</i>	<i>Residential: River Creek, LLC.</i>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

16	<i>Meeting financial responsibilities</i>	<i>Jack budgets and pays his bills.</i>	<i>Daily</i>	<i>Residential: River Creek, LLC. Day Support: New Adventures</i>
17	<i>Being understood by others</i>	<i>Jack shares his preferences and choices.</i>	<i>Daily</i>	<i>Residential: River Creek, LLC. Day Support: New Adventures</i>
18	<i>Receiving supports as agreed to in his plan</i>	<i>Jack's desired outcomes are achieved.</i>	<i>Monthly</i>	<i>Support Coordinator: Oakridge CSB</i>

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

Part IV. Agreements

Individual - Does my plan match...?

what makes me happy?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	what I need to be safe?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
my dreams?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	how I contribute?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
being with people that I like?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	new things I want to learn?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
where & how I want to live?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	my work dreams?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
things I like to do?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	the support that I need?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
how I want to travel?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	people who support me?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
how I want to handle my money?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	how I describe a good life?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

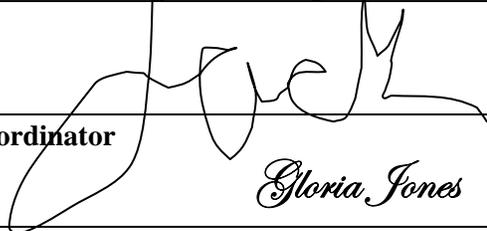
If the answer is “no” to any of these questions, go back to that part of the profile and consider again. Please describe the reason for any questions above remaining “no” at the end of the meeting and any plan to resolve. The team believes that Jack would like to live with fewer people and in a more lively neighborhood, but if the changes that are identified for this year are made, he will be a lot closer to getting his dreams. Partners will check with Jack on a regular basis on how he’s doing at his current home.

Team

Are there any unfinished tasks from my plan that are not yet completed?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Does any team member have an objection to any outcomes in my plan?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Are there any outcomes that are in conflict with what’s most important to me?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Do I need financial planning or benefits counseling in order to maintain or maximize resources?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Are there any conflicts in my plan that create a health and safety concern?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Are there any IMPORTANT TO or IMPORTANT FOR information elsewhere (such as in the SIS or PCT TOOLS) that are not addressed in this plan?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Please describe the reason for any questions above being marked “yes” and any plan to resolve. Jack’s SIS shows that it is important to Jack to play basketball, but he said at his ISP meeting that he’s no longer interested.

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10

Signatures of partners who agree to help me with my plan:		
Individual		Date 02/10/09
Support Coordinator	<i>Gloria Jones</i>	Date 02/10/09
Guardian/ Authorized Representative		Date
Partner Stephanie Klein	Relationship/service/support DSP	Date 02/10/09
Partner Marshall Morgan	Relationship/service/support DSP	Date 02/10/09
Partner Melissa Schaffer	Relationship/service/support DSP	Date 02/10/09
Partner	Relationship/service/support	Date
Partner	Relationship/service/support	Date
Partner	Relationship/service/support	Date
Names of partners who contributed to my plan and were not here for planning:		
John Turner		
Quarterly review dates: 1- 6/1/09, 2- 9/1/09 , 3- 12/1/09, 4-3/1/10		
Comments:		

This ISP belongs to: Jack G. ID# 512 ISP Start: 3/1/09; revision 7/1/09 End: 2/28/10