Part V. Plan for Supports

Provider: *Meadow Glen* Service*: Residential*

Outcome #	Important TO Me List the support activities for each desired outcome	Support Instructions Describe how supports need to be tailored to the individual's preferences and profile.	How often or by when?	How Long?
1 **Mary has regular contact with her mother.**	Family contacts	- Each weekend support Mary with writing a letter or completing a craft item for her mother. - Mary likes to make drawings with hand under hand support by moving crayons or markers on paper. - Also support her with calling her mother. - With Mary present, let her mother know that she is calling to say hello. - Share with Ms. Simms what has been happening in Mary's life over the past week. - Ask if she has received Mary's last letter or drawing.	*Weekly*	*30 minutes* *[30 minutes per week]*
1 **Mary has regular contact with her mother.**	Visiting mother	- Each month arrange a visit with Mary to see her mother - Secure Mary in her wheelchair in the van after letting her know where you are going. - Support Mary with all needs during the visit (including using her say-it switch, sharing recent updates about her life with her mother, any personal care support needs, etc.)	*Monthly*	*4 hours* *[1 hour per week]*
2 **Mary has**	Room planning	- During the time that the staff office is being moved to the basement, support Mary with preparing for her new room.	Weekly	2 hours

her own room.		- Go shopping each week with Mary to look at different things she will need for her room (curtains, bedspreads, mattress covers, etc). - After each trip record Mary's preferences in her Support Log and include any prices when possible.		[2 hours per week]
3 **Mary has a more flexible and varied schedule and tries new activities.**	Support with having a flexible schedule	- Each day observe Mary for signs of discomfort such as crying or shaking her arms. - Occasionally and when discomfort is observed ask Mary for permission to move her to another location within the home or community for a few moments before doing so. - Introduce Mary to different activities during this time (she likes colors, music, nature, animals, cooking) try new activities whenever possible. - She will sit calmly and look away when she just wants to rest	*Daily*	*1 hour* *[7 hours weekly]*
4 **Mary joins and attends a community group.**	Going to a community group	- Support Mary with locating and visiting a community or social group each week. - Show Mary her picture book and the different locations pictured there - Observe Mary to indicate her preference by holding her gaze on a certain picture. If unable to determine her preference, review her support log for recent trips to better understand her preferences. - Ask Mary if she would like to go and provide transportation and support her with meeting others and participating in the group.	*Weekly*	*2 hours* *[2 hours weekly]*
5 **Mary spends time in nature in her**	Walks (in the neighborhood)	- Each day after lunch as weather permits help Mary get through her neighborhood using her wheelchair. - Support her with saying hello to others with full support by speaking after she acknowledges the other person by nod or eye contact.	*5 days each week*	*1 hour* *[5 hours weekly]*

neighbor-hood and by visiting local parks.		- Point out things in nature such as leaves, flowers and other things of interest in the neighborhood.		
5 **Mary spends time in nature in her neighbor-hood and by visiting local parks.**	Park trips	- Each week as weather permits drive with Mary to a local park where she can view plants, wildlife and other community members. - Mary especially likes flowers and water features like ponds, rivers and falls. - Support her with speaking with others as needed	*Weekly*	*1 hour* *[1 hour weekly]*
6 **Mary washes and has therapy in her Parker Tub with her choice of oils and music.**	Showers and using her Parker Tub with range of motion exercises (as prescribed by PT)	- Support from a female with bathing/showering each day - Support Mary with use of the Parker Tub following the PT plan for water therapy - Apply Mary's medicated shampoo, lather and repeat one time - Maintain water temperature at 105 degrees as prescribed by PT - Mary likes bubble bath – any kind – she indicates preference by smiling - Shower on other days with shower seat - Mary washes her left arm with a washcloth - Use gentle touch and explain to Mary which area will be washed next - Have Mary's music and scented bath oil available for her to choose her daily preferences - Use gentle guided movements to arms, torso and legs (as detailed in PT plan) to be provided three times each day.	*Daily*	*1.5 hours* *[10.5 hours weekly]*
7 **Mary is exposed to a variety of**	Music learning **(skill-building)**	- Each day, support Mary with choosing and enjoying different kinds of music (avoid heavy metal) - Listen at home on the internet/stereo or visit a local music store with listening stations where new music can be enjoyed.	*Daily*	*1 hour* *[7 hours weekly]*

music and music events.		- Use photographs of different instruments for Mary to identify them by name (she can use her say it switch to indicate the correct photo when presented).		
7 Mary is exposed to a variety of music and music events.	Planning for local events	- Each Friday review the paper with Mary to identify possible outdoor music events she might like to attend. - Support her to use her "Say-It" switch to indicate choice. Ask a few times to confirm the same place.	*Weekly*	*1 hour [1 hour weekly]*
7 Mary is exposed to a variety of music and music events.	Attending local music events	- Once an event is identified, arrange for a wheelchair van and provide transportation to the event once per week - Mary likes lively music, but does not like to be too close to the speakers. - If she shows signs of discomfort at the event (shaking hands, crying) move her farther away from the group. If discomfort continues it may be an indication that she wants to leave or that there may be another issue to explore.	*Weekly*	*3 hours* *[3 hours weekly]*
8 Mary identifies what she wants to shop for and saves enough to get the items.	Saving money	- Mary saves money each week with support - She likes to drop her money into her wallet, assist her with trying again if she misses - Write checks for any outstanding bills - Mary makes her own mark on the check – position your hand under hers for support only when she signs - Assure that Mary has her own spending money following the calculation in her budgeting workbook - Mary prefers to keep her spending money in her wallet that stays in her purse	*Weekly*	*30 minutes* *[30 minutes weekly]*
8 Mary	Shopping	- Support Mary with shopping each week at a local store - Get the funds from her budgeting book pocket marked	*Weekly*	*2 hours*

identifies what she wants to shop for and saves enough to get the items.		"shopping" - Take Mary to different stores where she can see clothes, jewelry, etc. - Support Mary with talking with others and introducing herself as needed. - Mary likes to look for new clothes - She likes accessories likes scarves, necklaces, rings, etc. - Mary likes reds, blues and purples - Before returning support Mary to purchase for daily needs as well based on her preferences. - Record new learning about her store preferences and purchases in the support log.		*[2 hours weekly]*
9 **Mary uses her "Say-it" switch or other device to share her preferences.**	Learning to use my "Say-it" Switch **(skill-building)**	- Once obtained, assure that Mary's "Say-it" switch is available for use when choices are available for her through out the day. - Gently position Mary's hand near the switch following a yes or no question. - Remind Mary to tap the switch for a yes response. - Interact with Mary throughout the day and pay attention to when Mary responds by making eye contact. - When Mary makes eye contact thank Mary for acknowledging the statement. - When Mary becomes upset or uncomfortable the Say-It switch should be used to help Mary share information about being uncomfortable.	*Daily*	*30 minutes* *[3.5 hours weekly]*
Outcome #	**Important FOR Me** **List the support activities for each desired outcome**	**Support Instructions** **Describe how supports need to be tailored to the individual's preferences and profile.**	**How often or by when?**	**How Long?**

10 **Mary does not have bone breaks or fractures.**	Support for Osteoporosis	- Each day during transitions between locations (i.e. bed, wheelchair, Parker Tub, van, etc.) use a two person lifting technique or Hoyer lift and gentle touch in supporting Mary to make successful transitions.	*Daily*	*1 hour* *[7 hours weekly]*
11 **Mary has a puree diet and swallows her food without choking.**	Support for Dysphagia	- Provide Mary with her prescribed puree diet three times each day making sure that she does not have any overly salty foods or caffeine. - Moisten bread. - Provide Mary's beverage in her sipping cup and provide her food in her coated bowl. - Inform Mary when it is time to eat and observe for her to push the bowl away and look down and away when she is finished. - If signs of choking are observed support Mary by following her choking protocol and follow by completing an incident report and contacting the physician on call. - Follow physician orders and update support instructions as needed. - Provide Mary with 1 can of Ensure if eating less than 50% of a meal up to three times each day.	*Daily*	*2 hours* *[14 hours weekly]*
12 **Mary does not get hurt during a seizure and is comfortable clean and has needed rest afterwards.**	Seizure support	- Monitor Mary for seizures and ensure that she has adequate rest each day by escorting Mary to rest in a quiet room three times each day for 30 minutes each time. - When Mary begins rapidly blinking her eyes, speak with her in a calm voice calling her by name and telling her where she is and what she is doing. When Mary stops blinking, escort her to rest away from any large group until she becomes alert and attentive. Once alert, support Mary back into her routines. - Reorder Mary's medications and schedule medical appointments according to her doctor's orders. - Provide Mary her medications via g-tube each day as scheduled. - Following any seizure lasting more than 30 seconds, contact	*Daily*	*30 minutes* *[3.5 hours weekly]*

		Mary's mother and her physician to discuss additional steps that may be needed. Record decisions and actions in the support log.		
13 **Mary does not get dehydrated and has good nourishment each day.**	Support staying hydrated and having good nutrition (food and medications by g-tube as needed)	- Support Mary by not providing her with caffeine as prescribed by her physician. - Make water and iced tea available through the day as this is necessary for proper hydration. - Following tube feeding procedures and maintenance as described in the skilled nursing protocol attached to this plan following incidents of aspiration due to Dysphagia. -Follow the directions of skilled nurse consistently.	*Daily*	*1 hour* *[7 hours weekly]*
14 **Mary does not have bed sores.**	Repositioning	- Support Mary with wheelchair adjustments/repositioning when in bed every 30 minutes during waking hours. - Always let Mary know what you are going to do next by telling her for example "Mary, I am going to help you move up in your chair…"	*Daily*	*30 minutes [3.5 hours weekly]*
15 **Mary has healthy skin on her hands (and elsewhere on her body).**	Support to have healthy skin	- Follow attached behavior plan to prevent skin breakdown. - Apply functional bilateral elbow splints to arms as prescribed - Each morning and assist by providing verbal and gentle physical redirection as needed when Mary moves her hand to her mouth. - Apply lotion to her hands, arms, legs, feet and torso daily. - Mary prefers scented lotions (strawberry, lavender and vanilla are favorites) - Apply barrier cream to upper legs and hips each morning and evening	*Daily*	*1 hour* *[7 hours weekly]*
16 **Mary lives in a clean home and looks nice each day.**	Housekeeping and personal care	- Support Mary by providing water PEG 100cc every 4 hours while awake. - Provide her fiber supplement 3 oz of Mixal in 8oz of water each morning after breakfast - Complete enemas per protocol if no bowel movement for three days - Apply Benzoyl peroxide wash to face and back each evening before bed. - Support Mary by physically brushing her teeth with her soft toothbrush twice each day after breakfast and before bed.	*Daily*	*3 hours* *[21 hours weekly]*

		- Check Mary's disposable brief each hour and change as needed - She likes "Passionate" perfume (a small amount on her wrists each morning). - Each day complete routine cleaning tasks to assure that Mary lives in a clean home (dusting, vacuuming, mopping) - Mary likes to dust with hand under hand support - Support Mary during shopping trips to purchase the items she needs in her home such as paper products, cleaning supplies, etc.		
16 **Mary lives in a clean home and looks nice each day.**	Laundry	- Support Mary with collecting her laundry from her hamper. - Wash 2 loads with Mary (lights and darks). - Support Mary with measuring and adding her own detergent with hand under hand support. - Support Mary by folding and putting away her clothes in her room – dresses in the closet and shirts, pants and socks in the dresser.	*Weekly*	*1 hour* *[1 hour weekly]*
18 **Mary has something to do when plans are cancelled.**	Periodic Supports	- Support Mary with selecting from other outcomes in her plan for supports to enjoy during times that physical therapy is cancelled.	*As needed*	*2 hours* *[Up to 2 hours weekly]*

Individual: _____ (Mary Simms's Mark) _____ Date: 7/12/09

Representative: *Monica Simms* _____ Date: 7/12/09

Provider: Johnson Wells _____ Date: 7/12/09

General Schedule of Supports **Provider:** ***Meadow Glen*** **Service***:* ***Residential***

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
7-12 *dressing,* *hair care, lotion,* *breakfast, meds* *bathing (shower – use parker tub every other day)* *12-5* *Lunch,* *housekeeping* *Laundry* *Music learning* ***(SB)*** *5-9* *Dinner,* *family contacts,* ****family visits the last Sunday of the month*** ***(throughout day)*** *flexible schedule,* *repositioning,* *gentle touch,* *Say-it switch (SB),* *seizure support,* *beverages,* *healthy skin*	*7-12* *dressing,* *hair care, lotion,* *breakfast, meds* *bathing (shower – use parker tub every other day)* *12-5* *Lunch,* *walks (neighborhood)* *housekeeping* ***(Physical Therapy appointment 3-5pm)*** *5-9* *Dinner,* *Music learning* ***(SB)*** *Shopping trip* ***(throughout day)*** *flexible schedule,* *repositioning,* *gentle touch,* *Say-it switch (SB),* *seizure support,* *beverages,* *healthy skin*	*7-12* *dressing,* *hair care, lotion,* *breakfast, meds* *bathing (shower – use parker tub every other day)* *12-5* *Lunch,* *walks (neighborhood)* *housekeeping* *5-9* *Dinner,* *Music learning* ***(SB)*** *Park trip* *Community Group* ***(throughout day)*** *flexible schedule,* *repositioning,* *gentle touch,* *Say-it switch (SB),* *seizure support,* *beverages,* *healthy skin*	*7-12* *dressing,* *hair care, lotion,* *breakfast, meds* *bathing (shower – use parker tub every other day)* *12-5* *Lunch,* *walks (neighborhood)* *housekeeping* *5-9* *Dinner,* *Music learning* ***(SB)*** *Saving Money* ***(throughout day)*** *flexible schedule,* *repositioning,* *gentle touch,* *Say-it switch (SB),* *seizure support,* *beverages,* *healthy skin*	*7-12* *dressing,* *hair care, lotion,* *breakfast, meds* *bathing (shower – use parker tub every other day)* *12-5* *Lunch,* *Range of motion,* *walks* *(neighborhood)* *housekeeping* *5-9* *Dinner,* *Music learning* ***(SB)*** *Room planning* ***(throughout day)*** *flexible schedule,* *repositioning,* *gentle touch,* *Say-it switch (SB),* *seizure support,* *beverages,* *healthy skin*	*7-12* *dressing,* *hair care, lotion,* *breakfast, meds* *bathing (shower – use parker tub every other day)* *12-5* *Lunch,* *walks* *(neighborhood)* *housekeeping* *5-9* *Dinner,* *Music learning* ***(SB)*** *Local event planning* ***(throughout day)*** *flexible schedule,* *repositioning,* *gentle touch,* *Say-it switch (SB),* *seizure support,* *beverages,* *healthy skin*	*7-12* *dressing,* *hair care, lotion,* *breakfast, meds* *bathing (shower – use parker tub every other day)* *12-5* *housekeeping* *Lunch* *Park trip* ***(lunch in park)*** *Local Event* *attending* *5-9* *Dinner,* *Music learning* ***(SB)*** ***(throughout day)*** *flexible schedule,* *repositioning,* *gentle touch,* *Say-it switch (SB),* *seizure support,* *beverages,* *healthy skin*
Comments: **Skill-building = (SB) in above schedule**						
Total hours or units per week: 112.5 total hours				Total weekly periodic support hours: up to 2		

Support Checklist for: Mary Simms ISP Dates: from 8/1/09 to 7/31/10

Month: August Year: 2009 Provider: Meadow Glen Service: Residential

Supports	when	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Initials indicate that supports are provided as described in the support instructions in Part V of the current ISP.																																
Important TO																																
1. Family contacts	weekly		ML							EJ							ML							EJ							ML	
1. Visiting mother	monthly																														ML	
2. Room planning	weekly						SG							SG							SG							SG				
3. Flexible schedule	daily	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML
4.Com-munity group	weekly				ML							EJ							ML							EJ						
5. Walks	5 days each week			ML	ML	SG	SG	SG			EJ	EJ	EJ	SG	SG			ML	ML	SG	SG	SG			EJ	EJ	EJ	SG	SG			ML
5. Park trips	weekly				ML							EJ							ML							EJ						ML
6. Showers and Parker Tub	daily	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML
7. Music learning **skill-building**	daily	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML
7. Planning for local events	weekly							SG							SG							SG							SG			

Key (The use of any code requires a log entry):
Initials = support provided,
Circled initials = support provided/notation in log,
C = chose not to participate,
A = individual not present,
I = incident
O = other

1

Printed Name: Marty Lowe **Initials:** ML **Date:** 8/1/09

Printed Name: Sharon Irving **Initials:** SI **Date:** 8/1/09

Printed Name: Evelyn James **Initials:** EJ **Date:** 8/1/09

VA ISP Checklist **rev. 07/01/09** **Printed Name:** _____ **Initials:** _____ **Date:** _____

Support Checklist for: Mary Simms ISP Dates: from 8/1/09 to 7/31/10

Month: August Year: 2009 Provider: Meadow Glen Service: Residential

Initials indicate that supports are provided as described in the support instructions in Part V of the current ISP.

Supports	when	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
7. Attending local events	weekly	ML							SJ							ML							SJ							ML		
8. Saving money	weekly					SJ							EJ							SJ							EJ					
8. Shopping	weekly			ML							EJ							ML							EJ							ML
9. Say-it Switch **Skill-building**	daily	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML
Important FOR																																
10. Osteo-porosis	daily	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML
11. Good nutrition	daily	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML
12. Seizure support	daily	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML
13. Hydration	daily	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML
14. Reposi-tioning	daily	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML
15.healthy skin	daily	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	I	EJ	SJ	SJ	ML	ML	ML	ML	SJ	SJ	SJ	SJ	EJ	EJ	EJ	EJ	SJ	SJ	ML	ML	ML

Key (The use of any code requires a log entry):

Initials = support provided,

Circled initials = support provided/notation in log,

C = chose not to participate,

A = individual not present,

I = incident

O = other

VA ISP Checklist rev. 07/01/09

2

Printed Name: Marty Lowe **Initials:** ML **Date:** 8/1/09

Printed Name: Sharon Irving **Initials:** SJ **Date:** 8/1/09

Printed Name: Evelyn James **Initials:** EJ **Date:** 8/1/09

Printed Name: _____ **Initials:** _____ **Date:** _____

Support Checklist for: Mary Simms ISP Dates: from 8/1/09 to 7/31/10

Month: August Year: 2009 Provider: Meadow Glen Service: Residential

Supports	when	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Initials indicate that supports are provided as described in the support instructions in Part V of the current ISP.																																
16. House-keeping and personal care	daily	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML	ML	SG	SG	SG	SG	EJ	EJ	EJ	EJ	SG	SG	ML	ML	ML
16. Laundry	weekly		ML							EJ							ML							EJ							ML	
18. Periodic supports	as needed																									EJ						

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Printed Name: Marty Lowe **Initials:** ML **Date:** 8/1/09

Printed Name: Sharon Irving **Initials:** SG **Date:** 8/1/09

Printed Name: Evelyn James **Initials:** EJ **Date:** 8/1/09

Printed Name: _____ **Initials:** _____ **Date:** _____

Support Log

Date	Details
8/8/09 Outcomes 1,3,5,6, 7,8,9,10,11, 12,14,16	**Weekly summary:** Mary enjoyed a variety of different events this week. In particular, she liked going to the annual art show downtown today. She attended with me, her housemates and one other DSP, Marty. Mary helped picked the art show and smiled at many of the paintings she saw. I noticed that she began biting her hand when the area became too crowded. When I saw this, we quickly moved away from the group and she appeared immediately calmer and stopped doing this. She seemed to like the paintings with bright colors the best. Also, Mary showed signs of having less contracture in her right arm after three days of water therapy and daily range of motion exercises. She was able to stretch her arm slightly farther into her shirt sleeve at the end of the week. She took a trip to St. James Park on Tuesday and fed the ducks by the small pond there. Mary seemed to enjoy the breeze and was supported to greet others in the park. There were no seizures, problems with swallowing or episodes of dehydration this week. She did bite her hands during times when the home or situation was loud, but she responded well to her behavioral supports and reminders that her hand could become sore. She completed her budgeting on Wednesday and will go shopping next week to a clothing store at the mall. Mary's interest in music continues as seen each night when learning to enjoy different types of music. Once she has her "Say-It" switch, we will support her with identifying different types of music by name. Currently smiling and eye contact is how she expresses her preferences. This week it was clear that she liked the music with the sounds of nature in the background as she would smile each time she heard the music. She called her mother last Sunday who says she is pleased with Mary's new plan and hopes that Mary can have her own room soon. Marty Lowe, 8/8/09
8/11/09 Outcome 15	**Incident:** See communication chart dated 8/11/09. Marty Lowe, 8/11/09
8/13/09 Outcome 2	Today Mary looked at different home catalogues and we noticed that curtains are on sale next week at S-mart. She might like to visit the store and see what's in stock there as she plans for her new room. *Sharon Irving, 8/14/09*
8/14/09 Outcome 7	**Skill-building:** See Learning Log dated 8/14/09. *Sharon Irving, 8/14/09*

Communication Chart				
Date and Signature	What's happening (or just happened)?	Mary does this…	We think it means…	And others should…
8/11/09 Marty Lowe Outcome 15	There was an argument at the dinner table between two housemates.	Mary began biting her hand and yelling.	She is uncomfortable and afraid of the argument.	Others should stop arguing, but if this is not immediately possible Mary should be moved away from the situation where she can enjoy soft music or something she likes.

Learning Log				
Date and Signature	**What did the person do? (what, where, when, how long?)**	**Who was there? (name of people supporting the person, friends and others)**	**What did you learn about what worked well? What did the person like about the activity? What needs to stay the same?**	**What did you learn about what didn't work? What did the person not like about the activity? What needs to be different?**
8/14/09 *Sharon Irving* *Outcome 7*	Mary listened to different types of music.	Mary Sharon Irving, DSP	Mary enjoyed many different types of music today. She would smile indicating that she liked a song. She enjoyed listening to light rock, classical, jazz, country and especially nature sounds with music. She moved her arms back and forth and smiled frequently.	Mary did not like heavy metal or loud rock music. She would clench her jaw and shake her head whenever this music was playing. In the future, we need to avoid loud rock music when supporting Mary with developing her music interests and abilities.

Person-Centered Review (PCR)

Provider: Meadow Glen Service: Residential

Purpose of review: 1st☒, 2nd☐, 3rd☐, 4th☐, Update☐

Outcome #	Desired outcomes (Important TO)	Describe progress toward each outcome. (Include new learning, barriers, successes and relevant medical information in each instance)	Start/ End	Condition (Check all that apply)
1	**Mary has regular contact with her mother.**	Mary was supported to go to her mother's home each month during the quarter on the last Sunday of the month. Regular calls happened once each week and Mary sent her mother 5 greeting cards. She used markers with support to draw a picture for her mother in each card.	8/1/09	☒ Progress ☒ Continued ☐ Ended
2	**Mary has her own room.**	Each week, Mary has been supported to look at catalogues that have items for her new room. There has been a delay in her moving, but it is still expected to occur by the expected date in her Plan for Supports. She smiles whenever she sees bright colored curtains and home items. She purchased a pillow at one home store that she likes to hold in her lap during the day.	8/1/09 to 12/1/09	☒ Progress ☒ Continued ☐ Ended .
3	**Mary has a more flexible and varied schedule and tries new activities.**	Mary enjoyed a more flexible schedule this quarter according to her plan. On 9/15/09, her housemates began a physical fight in the home. Mary was immediately moved to the sunroom where she could have privacy. She bit her own hand repeatedly and cried, but she did	8/1/09	☒ Progress ☒ Continued ☐ Ended

		not break the skin and first aid was not required. DSP supported Mary with washing her hands and an incident report was completed.		
4	**Mary joins and attends a community group.**	Mary was supported to look at the neighborhood bulletin and local events calendar each week. She sounds out her excitement once a decision is made. She attended 3 Neighborhood Watch meetings in September, 2 Music Vibe meetings at the coffee shop in October and 1 Friends of SPCA group this month. DSP explains to Mary where they are going and what happens in the group. She has met several new people who are always glad she's there. Her favorite group seems to be the Music Vibe group, which plays a lot of music and has lots of talking and laughter.	8/1/09	☒ Progress ☒ Continued ☐ Ended
5	**Mary spends time in nature in her neighborhood and by visiting local parks.**	Park trips happened each week as planned except for one day in October when it was raining. Mary was OK with staying home that day and enjoyed painting a picture to hang in her new room.	8/1/09	☒ Progress ☒ Continued ☐ Ended
6	**Mary washes and has therapy in her Parker Tub with her choice of oils and music.**	Mary continued to benefit from the use of her Parker tub for water therapy every other day. We learned that she likes lavender bath soap and never having the temperature above 105 degrees. Each PT exercise was completed according to her PT plan and there has been slight improvement in the contracture in her right arm as reported by her physical therapist.	8/1/09	☒ Progress ☒ Continued ☐ Ended
7	**Mary is exposed to a variety of music and music events.**	With her "Say-It" switch Mary is able to indicate "yes" to indicate when she likes a certain type of music. It was discovered through a communication chart that she does not like loud, heavy metal music.	8/1/09	☒ Progress ☒ Continued ☐ Ended

		She indicated "yes" for jazz, classical, singer-songwriter, country, blue-grass and soft rock. She attended a variety of festivals including the Waterside Jazz Fest, the BBQ Blues Fest and three afternoon music sessions at the local coffee shop. We have discovered that the Friday paper is the best place for finding weekend events and she is supported to review the paper each Friday night to find an event to attend on Saturday.		
8	**Mary identifies what she wants to shop for and saves enough to get the items.**	Mary saved money each week to buy the things she likes such as soaps, bath oils and music. She went shopping last month at a plant nursery and bought a flowering plant for her bedroom that now sits on her dresser. She drops her spending money into her wallet each week when her checks are written out for bills and budgeting. She purchased a new purse with a zippered pocket where she now keeps her spending money. She purchased three new outfits this quarter and enjoys the South End Mall and Stacie's Styles the most. The people at Stacie's Styles know and greet Mary by name.	8/1/09	☒ **Progress** ☒ **Continued** ☐ **Ended**
9	**Mary uses her "Say-it" switch or other device to share her preferences.**	Mary was without her "Say-It" switch for two weeks in August, but she has since used it on a daily basis. She developed the ability to hold her fingers on the switch within the first month and then was able to use the switch to say yes and no. Repeated requests are needed to assure a consistent answer at this time.	8/1/09	☒ **Progress** ☒ **Continued** ☐ **Ended**

Outcome #	Desired outcomes (Important FOR)	Describe progress toward each outcome. (Include new learning, barriers, successes and relevant medical information in each instance)	Start/ End	Condition (Check all that apply)
10	**Mary does not have bone breaks or fractures.**	Mary did not experience any broken bones this quarter. She was consistently lifted with a 2-man technique or mechanical device. She continued to take her calcium and other medications each day.	8/1/09	☒ Progress ☒ Continued ☐ Ended
11	**Mary has a puree diet and swallows her food without choking.**	Mary had a puree diet that included prunes with each meal. She had two mild incidents related to Dysphagia (one on 9/23 and one on 10/12). She was seen by Dr. Grubb following the 9/23 incident. He recommended a dose of acetaminophen 160mg/5ml by G-tube following any incidents to alleviate any pain.	8/1/09	☒ Progress ☒ Continued ☐ Ended
12	**Mary does not get hurt during a seizure and is comfortable, clean and has needed rest afterwards.**	Mary experienced 5 seizures this quarter, which is an increase by 2 seizures last quarter. She met with Dr. Grubb on 10/17/09 who stated that due to Mary's condition, she will occasionally have periods of increased seizures and that typical procedures should be followed when this occurs. Despite the fact that her seizures increased, her recovery time decreased with each incident. Mary rests either in her bed or in her wheelchair when seizures occur. Mary's support instructions are being modified to include spending time under the shelter when at the park due to a seizure this quarter on 9/15 as discussed with Mary's support coordinator.	8/1/09	☐ Progress ☒ Continued ☐ Ended
13	**Mary does not get dehydrated and has**	Mary was provided the recommended amount of fluids	8/1/09	☒ Progress ☒ Continued

	good nourishment each day.	each day and was not provided caffeine per her doctor's orders. G-Tube feeding occurred as needed following symptoms of Dysphagia and medications were administered via g-tube each day. Nursing supervision and training was provided by Mary's skilled nurse on three occasions as determined by Wanda Green, RN. There have been no concerns with tube maintenance noted and Mary has a stable weight of 138lbs.		☐ Ended
14	**Mary does not have bed sores.**	Mary has not experienced bed sores this quarter. She continues to have healthy skin. Barrier cream is used daily on Mary's hips and thighs to promote healthy skin.	8/1/09	☒ Progress ☒ Continued ☐ Ended
15	**Mary has healthy skin on her hands (and elsewhere on her body).**	At the beginning of the quarter, Mary has responded well to reminders not to bite her hand. Reminders are provided daily whenever Mary moves her hand toward her mouth. There was one serious incident on 9/15 as reported above. Since that time, she has shown an increase in biting her hand and is less responsive to reminders. She may benefit from a Positive Behavioral Support consultation. No medical response has been needed this quarter.	8/1/09	☐ Progress ☒ Continued ☐ Ended
16	**Mary lives in a clean home and looks nice each day.**	Mary's home has remained clean. She continues to enjoy dusting her furniture with physical support. Mary continues to choose bright clothes when shopping and always looks neat and clean. She has received regular support on Sundays with doing her laundry and helps by dropping dryer sheets in the dryer.	8/1/09	☒ Progress ☒ Continued ☐ Ended
18	**Mary has something to do when plans are**	Periodic supports were used once during the quarter when Mary's	8/1/09	☐ Progress ☒ Continued

	cancelled.	therapist was sick on August 25th.		☐ Ended
Outcome #	**Additional desired outcomes**	**Describe the expected benefits of this change as Important TO or Important FOR the individual.**	**Start/ End**	**How often or by when?**
19	**Mary has healthy lungs and breathes without difficulty.**	At the end of this quarter, we learned that it is important FOR Mary to have regular nebulizer treatments for asthma. We will support her under the supervision of her nurse to take the medication each day.	11/15/09	Daily

Please describe any significant events not reported above: DSPs continued to have regular visits and supervision from Mary's skilled nurse. Mary has a medical appointment scheduled for 11/10/09 to determine any medical causes for increasingly biting her hand.

Describe the individual's satisfaction with supports: Mary's mother/guardian, Monica Simms, states that she is very pleased with the services and supports Mary receives. She expressed that she is looking forward to seeing Mary's new room once it's ready.

Is an ISAR included with this update to reflect changes in support hours?
☒ Yes, because hours are changing ☐ Not needed: no change in support hours

Individual:_____(Mary Simms's Mark)_____ Date: _10/24/09_____
Representative: *Monica Simms* _____ Date: _____
Provider/Agency: Marty Lowe/Meadow Glen _____ Date: __10/24/09____

Outcome changes approved by Support Coordinator:

Jennifer Jones, SC *10/31/09*
Support Coordinator Date