

**DBHDS**

Virginia Department of  
Behavioral Health and  
Developmental Services

# **Training Center Community Integration Project**

Status Update

July 2013

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# Census Reduction Trends

| Name   | March 2010   | June 2011    | June 2012  | June 2013  | Percent Decrease |
|--|--------------|--------------|------------|------------|------------------|
| <b>Southside (SVTC)</b><br>Closure date: 2014          | 267          | 242          | 197        | 114        | 57%              |
| <b>Northern (NVTC)</b><br>Closure date: 2015           | 170          | 157          | 153        | 135        | 21%              |
| <b>Southwestern (SWVTC)</b><br>Closure date: 2018      | 192          | 181          | 173        | 156        | 19%              |
| <b>Central (CVTC)</b><br>Closure date: 2020            | 426          | 381          | 342        | 301        | 29%              |
| <b>Southeastern (SEVTC)</b><br>Remains open at 75 beds | 143          | 124          | 104        | 84         | 41%              |
| <b>TOTAL</b>   | <b>1,198</b> | <b>1,085</b> | <b>969</b> | <b>790</b> | <b>34%</b>       |

# Census Reduction Goals

| <b>Fiscal Year</b> | <b>SVTC</b> | <b>SEVTC</b> | <b>NVTC</b> | <b>SWVTC</b> | <b>CVTC</b> | <b>Indiv. D/C**</b> | <b>Waivers in SA</b> |
|--------------------|-------------|--------------|-------------|--------------|-------------|---------------------|----------------------|
| <b>2013 Goal</b>   | 84          | 25           | 25          | 15           | 35          | 184                 | 160                  |
| <b>2013 Actual</b> | 80          | 20           | 14          | 15           | 26          | 155                 |                      |
| <b>Diff.</b>       | -4          | -5           | -11         | 0            | -9          | -29                 |                      |

# Moves July 1 2012-June 30, 2013

| Name of TC | Census | Moves 7-1-12 through 6-30-13 | Group Home | Sponsored | ICF | NF | Returned to TC | Family/ Own Home | Homes with 5 or more | More than 1 Program on the same site | 5 or more & more than one prog. On site |
|------------|--------|------------------------------|------------|-----------|-----|----|----------------|------------------|----------------------|--------------------------------------|---|
| CVTC       | 301    | 26                           | 11         | 5         | 9   | 0  | 0              | 1                | 6                    | 9                                    | 0                                       |
| NVTC       | 135    | 14                           | 12         | 1         | 1   | 0  | 0              | 0                | 8                    | 0                                    | 0                                       |
| SEVTC      | 84     | 20                           | 3          | 0         | 15  | 2  | 0              | 0                | 4                    | 0                                    | 13                                      |
| SVTC       | 114    | 80                           | 69         | 1         | 0   | 10 | 2              | 0                | 32                   | 0                                    | 2                                       |
| SWVTC      | 156    | 15                           | 2          | 12        | 0   | 0  | 2              | 1                | 1                    | 0                                    | 0                                       |
| Total      | 790    | 155                          | 97         | 19        | 25  | 12 | 4              | 2                | 51                   | 9                                    | 15                                      |

# Participation in Formal Day Program or Supported Employment

| Name of TC | Moves 7-1-12 through 6-30-13 | # of indiv w/ formal | # of indiv w/o | # of Individ who have chosen not to attend formal activity | AR Chooses Retirem. (73-85) | Indiv/AR Chooses to start at later date | # of Individual s who receive support at NF | % of Individ. participating formal day activities | % of Individ without formal day activity |
|------------|------------------------------|----------------------|----------------|--|-----------------------------|---|---|---|--|
| CVTC       | 26                           | 13                   | 13             | 13   | 0                           | 0                                       | 0   | 50%   | 50%                                      |
| NVTC       | 14                           | 13                   | 1              | 1  | 0                           | 0                                       | 0   | 93%   | 07%                                      |
| SEVTC      | 20                           | 18                   | 2              | 0  | 0                           | 0                                       | 2   | 90%   | 10%                                      |
| SVTC       | 80                           | 61                   | 19             | 0  | 2                           | 7                                       | 10  | 71%   | 29%                                      |
| SWVTC      | 15                           | 6                    | 9              | 9  | 0                           | 0                                       | 0   | 60%   | 40%                                      |

# Reasons for Non-structured Day Activities

- Did not attend day program while at TC due to refusal and/or extensive medical conditions
- Moved with sponsored provider and individual/AR want the 1:1 community integration activities
- Started day program, didn't like – volunteer work
- Working with a Job Coach
- AR concern about work
- People did not choose option offered to them

# Census Reduction Goals for 2014

|  | FY 14 1st quarter target |   | Actual discharges |  | FY 14 2nd quarter target |  | Actual discharges |  | FY 14 3rd quarter target |  | Actual discharges |  |
|--|--------------------------|---|-------------------|--|--------------------------|--|-------------------|--|--------------------------|--|-------------------|--|
| <b>HHR monthly addendum chart as of 7.1.2013</b> |                          |   |                   |  |                          |  |                   |  |                          |  |                   |  |
| <b>Training Center</b>                           |                          |   |                   |  |                          |  |                   |  |                          |  |                   |  |
| <b>SVTC</b>                                      | 50                       | 1 | 46                |  | 22                       |  | 0                 |  |                          |  |                   |  |
| <b>CVTC</b>                                      | 8                        | 1 | 3                 |  | 12                       |  | 12                |  |                          |  |                   |  |
| <b>NVTC</b>                                      | 20                       | 0 | 20                |  | 15                       |  | 5                 |  |                          |  |                   |  |
| <b>SEVTC</b>                                     | 5                        | 0 | 5                 |  | 5                        |  | 5                 |  |                          |  |                   |  |
| <b>SWVTC</b>                                     | 6                        | 0 | 5                 |  | 6                        |  | 3                 |  |                          |  |                   |  |
| <b>TOTALS</b>                                    | 89                       | 2 | 79                |  | 60                       |  | 25                |  |                          |  |                   |  |

# Community Integration Preference Score Definitions

|                       |          |   |
|-----------------------|----------|---|
| <b>Yes</b>            | <b>0</b> | <b>No reluctance to community living, already in process at the ARs request or has chosen a home.</b>   |
| <b>Maybe</b>          | <b>1</b> | <b>Small amount of reluctance, however is willing to tour, receive education and will call back if contacted.</b>   |
| <b>No</b>             | <b>2</b> | <b>Apprehensive, difficult to stay in contact with, may communicate with a select few TC or CSB staff; does not want community placement, however may be able to persuade to tour with additional supports (to include family mentoring, FRC referral, etc)</b>   |
| <b>Absolutely Not</b> | <b>3</b> | <b>Opposes community integration, refuses to tour or have conversations regarding further education about the process or community options; will not return phone calls to CSB or TC staff, and/or has chosen Training Center placement and will not entertain further conversations on the matter.</b> |

# Community Integration Preference Score

|               | CIP Score 0<br>(yes) | CIP Score 1<br>(maybe) | CIP Score 2<br>(no) | CIP Score 3<br>(absolutely not) | Totals     |
|---------------|----------------------|------------------------|---------------------|---------------------------------|------------|
| <b>CVTC</b>   | 45                   | 55                     | 97                  | 103                             | <b>300</b> |
| <b>NVTC</b>   | 32                   | 39                     | 36                  | 28                              | <b>135</b> |
| <b>SEVTC</b>  | 16                   | 13                     | 34                  | 21                              | <b>84</b>  |
| <b>SVTC</b>   | 63                   | 17                     | 15                  | 18                              | <b>113</b> |
| <b>SWVTC</b>  | 10                   | 59                     | 55                  | 32                              | <b>156</b> |
| <b>Totals</b> | <b>166</b>           | <b>183</b>             | <b>237</b>          | <b>202</b>                      | <b>788</b> |

# Support/Education for Individuals/ARs

- Review what is important to/for individual
- Discuss Essential Supports
- Review TC move Process
- Provide education about the different types of Residential/Support Employment/Day activities in the community
- Discuss specific concerns, develop plan to address concerns
- Provide at least 3 options, whenever possible
- Tours, visits

# Support/Education for Individuals/ARs

- Provide Resource Materials at pre-move, annual meetings
- Offer Referrals to Family Resource Consultant
  - Additional Support and information
  - Opportunity to speak with other families who have loved one with similar needs living in the community
  - Family Mentor
  - Peer Mentor

# Strategic Planning for People Who May Want to Move Together

## **PURPOSE:**

Ensure individuals have the opportunity to live in a home with people of their choosing while safeguarding health and safety and building capacity to that end.

# Individual-Choice Provider Meeting

- Work with ARs and TC to establish Individual-Choice Provider Meetings. Several providers will be chosen by individuals/ARs to come to a meeting to discuss the needs of a specific group of individuals and building supports around them.

# Sharing Successes

- Sharing Success Stories from Recent Moves