QUESTIONS ABOUT COMMUNITY LIVING??

INTERESTED IN TALKING TO ANOTHER FAMILY MEMBER, GUARDIAN OR CAREGIVER??

presenting

THE FAMILY MENTOR NETWORK OF VIRGINIA

WHO IS THE FAMILY MENTOR NETWORK FOR?

Any family member or guardian of an individual with intellectual disability currently residing in state training centers, community residences, ICFs or nursing facilities.

WHO ARE THE MENTORS?

VOLUNTEERS - Parents, family members, caregivers or people with knowledge of the community transition process and successful community living.

WILL MY PARTICIPATION REMAIN CONFIDENTIAL?

YES!! This program is designed to assist you in the privacy of your own home or other setting of your choice. Mentors have signed confidentiality statements and will only contact you if you request their support.

WHAT TYPES OF SUPPORTS ARE AVAILABLE?

Face-to-face meetings, online communication, and telephone calls – whichever option works best for you. Mentors can relate because of their own experience and will prove to be someone you can count on during this process.

HOW DO I SIGN UP FOR THE PROGRAM?

Start by contacting your MFP Family Resource Consultants. They will be happy to provide more information on the program and connect you with an available mentor in your area. Contact information is as follows: Tonya Carr - (804) 894-0928 or Tonya.carr@dbhds.virginia.gov
Benita Holland - (804) 201-3833 or Benita.holland@dbhds.virginia.gov

MENTORS - FAMILIES/GUARDIANS

BUILDING BRIDGES TO SUPPORT COMMUNITY LIVING FOR INDIVIDUALS WITH DISABILITIES