

**Fairfax-Falls Church Local Human Rights Committee  
Meeting Minutes**

March 12, 2008 at 1:00 p.m.  
Pennino Building / Human Services Center  
12011 Government Center Parkway  
Room 836A

***Committee Members in Attendance:*** Judy Regner (Vice Chair), Ron Lambert, Jeanne Thomson, Chris Harrison

***Committee Members Excused:*** Loretta Redelman

***Others in Attendance:*** Mary Jane Billinger (LHRC applicant), Heidi Brennan (Alternative House), Meghan Huebner (Alternative House), Sutapa Ghosh (CFS), Deb Bauer (CFS), Nkenya Lassiter (Brain Injury Services), Kelly Murphy (Blue Ridge Residential Services), Laura Carr (APTS), Ludovic F. Marie (MVLE), James Fox (St. Johns), Alan El Tagi (APTS), Sue Gross (APTS), Laurie Berry (PWC CSB), Lisa Blecker (LHRC Support)

The meeting convened at 1:05 p.m. The February 13th minutes were approved as written.

**I. Request for Affiliation**

Heidi Brennan and Meghan Huebner from Alternative House described their services and requested affiliation. The LHRC voted to accept their request for affiliation.

**II. Annual Summary**

A summary of the annual human rights activities was presented to the LHRC by Deb Bauer and Sutapa Ghosh from CFS.

**III. Discussion of Restraints**

Kelly Murphy from Blue Ridge Residential Services submitted a copy of the medical and protective restraints used in this region and would like to present the information annually as requested by the other LHRC's. Deb Bauer and Sutapa Ghosh from CFS also discussed their use of these restraints. CFS has 80 to 90 individuals with PT orders for positioning that are not reviewed by the LHRC. The LHRC will decide on a case by case basis when they need to be reviewed. The voluntary use of mechanical supports is not considered restraints.

**IV. Research**

Nkenya Lassiter from Brain Injury Services presented a research study from VCU. The committee approved the research project, but requested a copy of the rating scales and for an update in one year.

A second research project was distributed to the LHRC members and will be reviewed next month.

**V. Restrictive Plan Discussion**

A motion was made, seconded and voted on to move into Executive Session to review client issues at 2:35 p.m. and the committee came out of Executive Session at 3:20 p.m. Three behavior plans were reviewed and approved for three months. There was a recommendation in one case for the next quarterly to note when the individual's most recent medication review occurred. For another plan there was a recommendation for a second opinion from an outside professional to conduct a full psychiatric workup for the purpose of a diagnostic re-evaluation. Two quarterlies were also reviewed and approved for three months.

**VI. Advocate's Report**

There was no Advocate's report.

**VII. Committee Business Session**

Judy Regner reported that Betty Gardner has submitted her letter of resignation which was acknowledged and accepted by the LHRC. The committee noted that her presence will be missed.

Mary Jane Billinger was interviewed by the sub-committee as an applicant for membership. The sub-committee will recommend that the SHRC appoint her as a new member.

The committee voted to approve ETRON's revised policies and procedures.

The committee reviewed the action plan submitted by Langley and found it acceptable. The safety plan from Gabriel will be reviewed at the April meeting.

Copies of a draft letter to affiliates and the affiliation agreement was distributed to the members to review and decide next month if any changes should be made.

The committee is seeking additional members. Various sources were discussed as possible ways to recruit new members. A flyer was distributed to members to help get the word out. Ads will also be placed to aid recruitment.

The meeting was adjourned at 4:10 p.m. The next meeting is scheduled for: **Wednesday, April 9<sup>th</sup>**, at 1:00 p.m. in Room 836 A of the Pennino Building, 12011 Government Center Parkway, Fairfax County Government Center Complex.