

**Fairfax-Falls Church Local Human Rights Committee
Meeting Minutes**

October 10, 2007 at 12:00 p.m.
Pennino Building / Human Services Center
12011 Government Center Parkway
Room 836A

Committee Members in Attendance: Judy Regner, Ron Lambert, Jeanne Thomson, Chris Harrison

Committee Members Excused: Loretta Redelman, Betty Gardner

Others in Attendance: Susan Donovan (CSB), Mary Kudless (CSB), Joan Rodgers (CSB), Dan Zeman (CSB), Eppie Vest (CSB), Sylvia McGill (CSB), Annemarie Bezold (CSB), Anne Wood (CSI), Jim Copeland (APTS), Julie Allen (CRI), Kris Hollins (CRI), Kathleen Chamountry (CRI), Avis Burney (MVLE), Tim Simmons (HR Advocate), Lisa Blecker (CSB/LHRC Support)

The meeting convened at 12:00 p.m. The September 12th minutes were approved as written.

I. Annual Summary

The Fairfax-Falls Church Community Services Board presented its summary of the annual human rights activities to the LHRC. The presentation was made by Mary Kudless, Deputy Director, Joan Rodgers from Alcohol and Drug Services, Dan Zeman from Mental Health Services, and Lisa Blecker from Mental Retardation Services.

II. Restrictive Plan Discussion

A motion was made, seconded and voted on to move into Executive Session to review client issues at 1:05 p.m. and the committee came out of Executive Session at 2:35 p.m. The committee went back into Executive Session at 3 p.m. and came out at 3:35 p.m. Nine behavior plans were reviewed.

Recommendations included a request for documentation, if available, that the individual is capable of giving informed consent, copies of missing consents for medication for two individuals and for the behavior plan for one of the individuals, and for the program to add the cigarette restriction to the plan. Eight quarterlies were also reviewed. Recommendations included that ICF's use an informed consent form specific to psychotropic medications whenever there is a change in medications, that two programs write a maintenance goal for an individual in order to extend the plan for another quarter, and for one program to explain what is meant by hand over hand assistance. One of the quarterlies was only approved for one month and the team is requested to come to the November meeting with a revised plan or to discuss the restriction of personal items.

III. Advocate's Report

Tim Simmons reported that a training will be held for all LHRC members on November 8 from 6:30 to 8:30 p.m. at NVTC. This training will also include the annual requirement for FOIA training. Tim also thanked Judy Regner and Jeanne Thomson for attending the 2007 Human Rights Seminar. The new books with the revised human rights regulations are due out in May or June of 2008.

IV. Research Proposal

Annemarie Bezold came to answer the committee's questions regarding a research proposal on "Children's Drawings and Posttraumatic Stress Disorder (PTSD). The committee voted to approve the research three to one with the stipulation that the parents review the questions to be asked prior to giving consent and that Annemarie come back to the LHRC to share her experiences with this research and again after the final results of the research are obtained.

V. Committee Business Session

The committee reviewed the revised House Rules for JDI. There was one recommendation to change the wording in #6 from "are responsible" to "take responsibility."

Jeanne Thomson shared her impressions from a visit to MVLE with the rest of the committee.

The committee discussed the policies and procedures submitted by ETRON. Although efforts had been made to comply with the LHRC's recommendations, the committee decided to grant ETRON an extension until the January meeting to make all the requested changes to ensure clarity within the procedures.

The meeting was adjourned at 4:45 p.m. The next meeting is scheduled for: **Wednesday, November 14th**, at 1:00 p.m. in Room 836 A of the Pennino Building, 12011 Government Center Parkway, Fairfax County Government Center Complex.