

**Fairfax-Falls Church Local Human Rights Committee
Meeting Minutes**

January 9, 2008 at 1:00 p.m.
Pennino Building / Human Services Center
12011 Government Center Parkway
Room 836A

Committee Members in Attendance: Loretta Redelman (Chair), Judy Regner, Ron Lambert, Jeanne Thomson

Committee Members Excused: Betty Gardner, Chris Harrison

Others in Attendance: Betsy Schatz (Langley), Maureen Gum (Langley), Natasha Winn (HFI), Thomas Schuplin (PRS), Anita Robinson (Pathway Homes), Treina Day (MVLE), Jim Copeland (APTS), Tim Simmons (Human Rights Advocate), Lisa Blecker (CSB/LHRC Support)

The meeting convened at 1:10 p.m. The December 12th minutes were approved as written.

I. Annual Summary

A summary of the annual human rights activities was presented to the LHRC from four affiliates. Betsy Schatz and Maureen Gum presented the annual report for Langley, Natasha Winn presented for Hartwood Foundation, Tom Schuplin presented for PRS, and Anita Robinson presented for Pathway Homes. Langley will forward an action plan to the LHRC for the February meeting to address the trends they have identified.

II. Restrictive Plan Discussion

A motion was made, seconded and voted on to move into Executive Session to review client issues at 2:30 p.m. and the committee came out of Executive Session at 3:20 p.m. One behavior plan was reviewed and approved for three months with the recommendation to clarify whether or not the individual had a court appointed guardian or not. Nine quarterly reports were reviewed with one also including a medication change. All were approved for three months and three included recommendations. One recommendation was for the program to explain why the data is so high for behaviors and to revisit the plan because of lack of progress since June. Another recommendation was for the provider to submit clearer data sheets since the graphs are difficult to read. The advocate will research the expectation of PRN standing orders for another plan.

III. Advocate's Report

Tim Simmons thanked all for participating in the Human Rights trainings offered at NVTC and said the training was a big success.

He also commented that Blue Ridge Residential Services has sent a letter that they will no longer affiliate with Alexandria LHRC and just maintain their affiliation with the Fairfax-Falls Church LHRC.

IV. Committee Business Session

Loretta Redelman shared that the human rights advocates, Deb Lochart and Mary Towle, are continuing to research the restrictive techniques in the behavior plans in the Northern Virginia region.

ETRON submitted their revised policies and procedures to the LHRC for review. The LHRC will review them and discuss any recommendations at the February meeting.

JDI submitted a request to the LHRC to clarify if a behavior plan needed to be developed for a particular individual. The committee agreed that a behavior plan would need to be submitted to the LHRC in this instance.

There was also some discussion about informed consent for psychotropic medication. The understanding is that informed consent needs to be obtained whenever there is an increase or decrease in the medication.

The meeting was adjourned at 3:50 p.m. The next meeting is scheduled for: **Wednesday, 13th**, at 1:00 p.m. in Room 836 A of the Pennino Building, 12011 Government Center Parkway, Fairfax County Government Center Complex.