

**TIDEWATER REGIONAL
LOCAL HUMAN RIGHTS COMMITTEE
June 16, 2009
MINUTES**

PRESENT

Christopher Boyd, LHRC Member
Mary Butler, LHRC Member
James Overton, LHRC Member
Felicia Sawyer, LHRC Member
Renee Edwards, LHRC Member
Reginald T. Daye, Regional Advocate, DMHMRSAS
Nashon McPherson, Kempsville Administrator, The Pines Treatment Center
Larry Brown, Crawford Administrator, The Pines Treatment Center
Chris Hummel, Brighton Administrator, The Pines Treatment Center
Stacey Durr, Director of PI, The Pines Treatment Center
Dana Gillentine, Risk Manager, The Pines Treatment Center
Sean Little, Risk Analyst, The Pines Treatment Center
Fran Neaves, Director of PI/Risk Management, Virginia Beach Psychiatric Center
Paula Harr, Director of QMS, First Home Care
Katherine Green, Clinical Coordinator, FHC Group Homes
Marti Glass, Clinical Coordinator, Oyster Point Academy
Ramona Dominguez, Program Coordinator, Crawford Day School
Amanda Steeves, Kempsville, Risk Coordinator
Mary Hawkins, Program Manager, FHC School Based Services
Wes Mason, CEO, The Pines Treatment Center

ABSENT

Stacie Olander, Community Based Supervisor, FHC –Eastern Shore

I. CALL TO ORDER

The Local Human Rights Committee meeting was called to order at 8:35 a.m. by Rev. Boyd.

II. REVIEW OF MINUTES

The minutes for the meeting of March 24, 2009 were reviewed. Mr. Overton made a motion to approve the minutes. Ms. Butler seconded the motion and all members present voted to accept.

III. UNFINISHED BUSINESS

None.

IV. NEW BUSINESS:

Prior to discussion of new business, Mr. Overton discussed his recent attendance at Rights of Passage Graduation Ceremony at The Pines and that it was a very positive experience to see success stories. The suggestion was made that when possible, Dr. Webster, who works with the Rights of Passage Program, attend the committee meeting to discuss this program. Ms. Butler asked that if any of the facilities could share Outcome Measures or results of Satisfaction Surveys, that it would be helpful.

A. Brighton and Crawford – contraband changes.

Discussion: The addition of shoe laces, belts, and other items that could be used by a client to cause self harm was discussed. Zip ties would be utilized rather than belts or laces on all Pines campuses. Purchase of shoes with Velcro closures was also discussed.

Action: Motion made by Ms. Butler and seconded by Ms. Edwards those changes to the Contraband Policy be approved. Motion voted upon and approved.

B. The Pines – Seclusion/Restraint Policy

Discussion: Revised policy distributed to committee members during the meeting.

Action on changes to this policy to be deferred until next meeting so that members can review the policy prior to discussion.

C. The Pines – New Units

1. Diagnostic Unit at The Pines Kempsville

Discussion: Purpose of this unit will be evaluation of residents in a safe and secure environment while obtaining a diagnosis and determining the appropriate level of care. Program and level system will remain the same as previously approved by this committee.

Action: Motion made by Ms. Butler and seconded by Ms Edwards that this unit be granted temporary affiliation for ninety days. Motion voted upon and passed.

2. LBGT Unit – Crawford Campus

Discussion: Focus of this unit will be the residents who have identified themselves as lesbian, gay, or bisexual in order to assist residents in developing positive self image. These residents will continue to be integrated with other populations as much as possible. The level system and program will remain the same as previously approved by this committee.

Action: Motion made by Ms. Butler and seconded by Ms. Edwards that this unit be granted temporary affiliation for ninety days. Motion voted upon and passed.

3. Cottage – Brighton Campus

Discussion: Affiliation is being requested to change the cottage at Brighton Campus back into a residence for residents ages 12-13 years old. The occupancy would be seven residents and two staff. Concerns were discussed regarding the double locks on the doors and residents being able to exit the cottage in the case of an emergency or a fire. These doors currently have to be opened with a key. The windows are made of lexan and cannot be opened. The issue from the Human Rights perspective is making sure that the environment is safe for the occupants. The installation of thumb locks and an alarm system installed was discussed. Fire drills will be conducted monthly.

Action: Motion made by Mr. Overton and seconded by Ms. Sawyer that temporary affiliation be granted for the conversion of the cottage into a residence contingent upon a release latch be installed on the doors and connected to an alarm system that would notify staff if the door was opened by residents who were exiting the building without permission. Motion voted upon and passed.

V. STANDING REPORTS

A. General Information

VBPC: The Child and Adolescent Unit did experience a significant increase in seclusion and restraints due to one patient. The Program Manager worked with the staff to create a specialized treatment plan which was very effective and restraints decreased significantly.

The Pines:

Kempsville Campus had an increased number of restraints. One of the challenges is the number of restraints on the Child Unit at that campus.

Thresholds have been developed for clients at all campuses which trigger a Patient Care Monitoring meeting to develop interventions and positive reinforcements specific to the resident. Crawford has had a decrease in restraints since this process has been implemented.

A Student Government Association has also been instituted where residents have been able to make recommendations.

First Home Care: When a client is identified as having frequent restraints or altercations, with the increase in medical staff, FHC is now able to have Clinical

Case Conferences during which the team can review the treatment plan, medication management, and revise the team’s interventions. This has been very helpful in the treatment and management of client’s care.

B. Seclusion and Restraint Reports

(S= Seclusion) (MR= Mechanical) (PR = Physical) (CR= Chemical)

Location	March	April			
Pines Kempsville	32 S 0 MR 96 PR	59 S 0MR 40 PR			
Pines Brighton	0 S 0 MR 108 PR	0 S 0 MR 71 PR			
Pines Crawford	84 S 0 MR 49 PR	48 S 0 MR 74 PR			
Virginia Beach Psych	19 S 16 MR 1 PR 0 CR	10 S 10 MR 4 PR 0 CR			
FHC- Oyster Point Academy	11 PR	3 PR			
FHC- Northampton Schools	0 PR	0 PR			
FHC- Crawford Day School	2 PR	0 PR			
FHC -Portsmouth School	0 PR	0 PR			

C. Overview of Allegation Reports

Location	March	April			
Virginia Beach Psych	7	3			
** Note: One March report from VBPC remains open at this time.					
FHC- Oyster Point Academy	7	3			
FHC- Northampton Schools	5	6			
FHC- Crawford Day School	5	9			
FHC -Portsmouth School	0	0			
FHC- Group Homes	2	2			
The Pines – Brighton	48	80			
The Pines – Crawford	48	64			
The Pines - Kempsville	108	82			

D. Reports on Structured Living Protocol

VBPC: None for this reporting period.

The Pines: None for this reporting period.

V. CLOSED SESSION

Motion: Ms. Butler made a motion that the committee go into Executive Session, pursuant to Virginia Code 2-2-3711A (4) for the protection of the privacy of individuals in personal matters not related to public business, namely to review patient information from First Home Care, Northampton County Public Schools, Oyster Point Academy, Crawford Day School, The Pines Residential Treatment Center and Virginia Beach Psychiatric Center, pursuant to the regulations.

Action: Second was made by Ms Sawyer. All members present voted in favor of the motion.

The motion was made and seconded to open the session and all members present agreed.

Reconvened in Open Session: Upon reconvening in Open Session, Ms. Sawyer, Rev. Boyd, Mr. Overton, Ms. Edwards and Ms. Butler of the Tidewater Regional LHRC unanimously certified to the best of their knowledge that only public business matters exempt from statutory open meeting requirements and only public business matters identified in the motion to convene the Executive Session were discussed in accordance to Virginia Code 2-2-3711A (4).

Mr. Daye announced that Ms. Edwards term on the LHRC would expire on June 30, 2009. Ms. Edwards was thanked by the committee for her years of dedicated service. As of July 1, 2009, Ms. Delinda Swanston will be serving as a committee member.

VI. PUBLIC COMMENTS

There were no comments from the general public at this time.

VIII. NEXT SCHEDULED MEETING

The next regular LHRC meeting is scheduled for Tuesday, September 15, 2009 in the Executive Board Room of The Pines- Crawford Campus.

IX. ADJOURNMENT

There being no further business to discuss, the motion was made and seconded to adjourn. The meeting was adjourned at 12 Noon.

Mr. Daye reviewed the Freedom of Information Act materials with Mr. Overton, Rev. Boyd, Ms. Butler, Ms Edwards and Ms. Sawyer following adjournment of the regular meeting.

RESPECTFULLY SUBMITTED:

Paula Harr, R.N.
Recording Secretary