

**TIDEWATER REGIONAL  
LOCAL HUMAN RIGHTS COMMITTEE  
August 14, 2007  
MINUTES**

PRESENT

Christopher Boyd, LHRC Member  
Mary Butler, LHRC Member  
Renee Edwards, LHRC Member  
James Overton, LHRC Member  
Frank Gallagher, CEO, The Pines Treatment Center  
Fran Neaves, Risk Manager, The Pines Treatment Center  
Rhonda Burrell, Human Rights Advocate, The Pines Treatment Center  
Reginald T. Daye, Regional Advocate, DMHMRSAS  
Henry Hopkins, Supervisor, Home Based Supervisor, First Home Care  
Ruth Mawyer, Director of Nursing, Virginia Beach Psychiatric Center  
Tina Parcell, Director of In Home, First Home Care  
Beverly Supler, Clinical Coordinator, Alternative Behavioral Services  
Shelia Sherrod, PI Director, The Pines Treatment Center  
Carolyn Willandt, Associate Administrator, The Pines Treatment Center  
Zelda Hyman, Associate Administrator, The Pines Treatment Center  
Tracy Johnson, Associate Administrator, The Pines Treatment Center  
Amanda Steeves, LHRC Recording Secretary

ABSENT

I. CALL TO ORDER

The Local Human Rights Committee meeting was called to order at 8:37 a.m. by Renee Edwards.

II. REVIEW OF MINUTES

The minutes for the meeting of May 8, 2007 were reviewed. Mr. James Overton made a motion to approve the minutes as written. Mr. Boyd seconded the motion. All members present voted to accept the minutes.

III. UNFINISHED BUSINESS

#### IV. NEW BUSINESS

##### A. Topic: In-Home and Group Home updated policies and procedures

Discussion: Ms. Parcell discussed the updates presented within the policies to the committee members. Mr. Daye has previously reviewed the suggested updates and recommended that the committee approve the changes. The vote will take place on the in-home policies only; group home policies will be reviewed at the next meeting.

Action: Mr. Boyd made the motion to accept the updated in-home policies as presented. Mr. Overton seconded the motion, and all in attendance agreed.

##### B. Topic: Pines Restraint Policy

Discussion: Ms. Willandt discussed the changes about the hand placement of a staff member during a physical hold being clarified in the updated policy. There was also a note added to page 5 that includes a description of the few steps needed to move a resident to a safe location until additional staff members arrive.

Action: Mr. Overton motioned to approve the additions to the restraint policy. Mr. Boyd seconded the motion, and all members present agreed.

#### V. STANDING REPORTS

##### A. General Information

The Pines: Fran Neaves introduced Frank Gallagher to all of the committee members. Ms. Butler discussed concerns about the staff overturn and the potential effects that has on the residents. Mr. Frank discussed the change toward a less aggressive kid and how that has resulted in a low census. This change is seen as a step in the right direction and a movement toward making smarter business decisions. It was stated that the 122 cameras will be installed shortly to enhance safety. Mr. Daye stated that his office was continuing the oversight of any changes that occur to ensure everything meets the current standard. Human rights continue to be a main concern at the Pines. It was requested by Mr. Overton that the committee members be made away of major organizational changes as they happen, instead of waiting until the next meeting to be informed. Mr. Gallagher agreed to this professional courtesy and apologized for the previous lack in communication.

Mr. Daye discussed the LHRC Seminar that will be held in Richmond on September 14<sup>th</sup>. There will be a light reception on the evening prior from 7 to 9 pm. Changes in the regulations will be presented to committee members during this seminar. Per Mr. Gallagher, the Pines will be sponsoring any committee member who is interested in attending.

Mr. Overton thanked Ms. Willandt for the tour of Crawford. It was stated that the tour was beneficial in gaining a better understanding of how the whole system works rather than just receiving reports of incidents during a meeting.

It was announced that the State Human Rights Committee had approved the Pines request for SLP variance for a 3 year period with an annual update. The Emergency IM Medication policy was also approved with the expectation that the requested changes be made.

B. Seclusion and Restraint Reports

VBPC: Ms. Mawyer presented the Seclusion and Restraint Report for VBPC. In March (not presented at the last meeting) there were 45 total events with 16 seclusions, 26 restraints, and 3 physical holds. In April there were 23 seclusions, 6 restraints, and 6 physical holds. In May there were 20 seclusions, 6 restraints, and 2 physical holds. June had 14 seclusions, 5 restraints, and 5 physical holds. There were two chemical restraints reported in April.

The Pines: The Campus Administrators presented the Seclusion and Restraint Report for the three Pines campuses. During the reporting period of April, May and June of 2007, Crawford had a total of 24 physical holds, Brighton had 66, and the Kempsville campus had 128. In the same reporting period there were 83 mechanical restraints, and 30 seclusions.

Crawford Day School: There was 1 physical hold in the month of April. In May there were 4 holds, and in June there were 3.

Oyster Point Academy: In April there were 10 holds; in May, 25 holds; and in June, there were a total of 5 holds.

C. Reports on Structured Living Protocol

VBPC: None to report for this quarter.

The Pines: None to report for this quarter.

D. Overview of Allegation Reports

First Home Care: Ms. Parcell and Mr. Hopkins stated there were no allegations to report from First Home Care.

Oyster Point Academy: It was reported there were 5 advocate reports made during the 2<sup>nd</sup> quarter.

Crawford Day School: Ms. Supler reported one incident at Crawford Day School that occurred on May 30, 2007.

VBPC: Ms. Mawyer reported a total of 6 complaints during this reporting period: one in April, three in May, and 2 in June.

The Pines: Ms. Neaves stated there were a total of 192 allegations reported to the Office of Human Rights during this reporting period.

## VII. CLOSED SESSION

Motion: Mr. Overton made a motion that the committee go into Executive Session, pursuant to Virginia Code 2-2-3711A(4) for the protection of the privacy of individuals in personal matters not related to public business, namely to review patient information from First Home Care, The Pines Treatment Center, Oyster Point Academy, Crawford Day School, and Virginia Beach Psychiatric Center, pursuant to the regulations.

Action: Second was made by Ms. Butler. All members present voted in favor of the motion.

Reconvened in Open Session: Upon reconvening in Open Session, members of the Tidewater Regional LHRC unanimously certified to the best of their knowledge that only public business matters exempt from statutory open meeting requirements and only public business matters identified in the motion to convene the Executive Session were discussed in accordance to Virginia Code 2-2-3711A(4).

## V. NEXT SCHEDULED MEETING

The next regular LHRC meeting is scheduled for Tuesday, November 13, 2007 at 8:30 a.m.

## VI. ADJOURNMENT

There being no further business to discuss, Mr. Boyd made the motion to adjourn. Ms. Butler seconded the motion. The meeting was adjourned at 11:45 a.m.

RESPECTFULLY SUBMITTED:

Amanda Steeves  
Recording Secretary

Renee Edwards  
LHRC Member