

**TIDEWATER REGIONAL
LOCAL HUMAN RIGHTS COMMITTEE
SEPTEMBER 13, 2005
MINUTES**

PRESENT

Renee Edwards, LHRC Member
Mary Butler, LHRC Member
Christopher Boyd, LHRC Member
Debra Goldstein, Senior Administrator, The Pines
Rhonda Burrell, Human Rights Advocate, The Pines
Reginald T. Daye, Regional Advocate, DMHMRSAS
Collette Ashiru, HR Advocate, DMHMRSAS
Tracy McDade, Director, Home Based Care, First Home Care
Sara Smith, Clinical Director, Group Homes, First Home Care
Heather Fisher, Director of Nursing, Virginia Beach Psychiatric Center
Evelyn Brown, LHRC Recording Secretary

Mr. Daye opened the meeting with a discussion regarding the one vacancy in the membership of this committee. This vacancy must be filled as soon as possible in order for the committee to remain in compliance with state regulations. Mr. Daye and Ms. Goldstein will seek an appropriate nomination to fill the vacancy.

I. CALL TO ORDER

The Local Human Rights Committee meeting was called to order at 8:30 a.m. by Renee Edwards.

II. REVIEW OF MINUTES

The minutes of the June 14, 2005 meeting were reviewed. Ms. Butler made a motion to approve the minutes. Mr. Boyd seconded this motion. All members present voted to approve the minutes as written.

III. UNFINISHED BUSINESS

- A. Topic: Report from State Human Rights Committee re: Request for Variance for Structured Living Protocol – The Pines

Discussion: Ms. Goldstein reported the State Human Rights Committee approved The Pines request to continue the variance for Structured Living Protocol for two years with a status report to be presented to the LHRC on an annual basis.

Action: Ms. Goldstein will present a status report at the committee meeting in June 2006.

IV. NEW BUSINESS

A. Topic: Request for Affiliation of Additional VBPC Beds

Discussion: Ms. Fisher stated the Child and Adolescent Unit will move to the Kempsville campus. This 23-bed unit will remain under the management of VBPC with the same handbook, point sheet, staff, and policies. She requested affiliation of these additional beds with the LHRC.

Motion: Mr. Boyd made a motion to approve VBPC's total of 123 beds to be affiliated with this LHRC. Second was made by Ms. Butler.

Action: All members present voted to approve the motion. Committee members will send a letter to the State Human Rights Committee noting their approval of VBPC's request for affiliation.

B. Adolescent Point Sheet – The Pines

Discussion: Ms. Smith presented the revised Point Sheet for the Adolescent Program at the Kempsville campus. She stated this point sheet is similar to the point sheets for YMC and ATRC that already have been approved by this committee. Daily goal setting has been added and will be evaluated twice daily. The goals are individualized and are set by the residents themselves. The goals may include family involvement.

Motion: Ms. Butler made a motion to approve the revised Adolescent Point Sheet. Second was made by Mr. Boyd.

Action: The committee voted to approve the revised point sheet.

C. Revised Bylaws – Tidewater Regional Local Human Rights Committee

Discussion: Mr. Daye presented the proposed revisions in the bylaws for this committee. He said the revisions include a statement that at least one appointment to the LHRC must be a health care provider. The revised Virginia Code number is also included.

Motion: Ms. Butler made a motion to accept the revisions to the bylaws. Second was made by Mr. Boyd.

Action: All members present voted to accept the revised bylaws. Ms. Edwards, as chair of this committee, will send a letter to the State Human Rights Committee recommending approval of these bylaws.

V. STANDING REPORTS

A. Seclusion and Restraint Reports

VBPC: Ms. Fisher presented the Seclusion and Restraint Report for VBPC. In June the total number of events was 27; in July there were 22; and in August there were 13. One mechanical restraint on 6/25/05 on CAU exceeded two hours. An order was written for renewal, and the event was reported to the Human Rights Office. There were no chemical restraints during this reporting period. The percentage of total events to total patient days for the current year is 0.74%.

The Pines: Ms. Goldstein presented the Seclusion and Restraint Report for The Pines. For all three campuses in June there were 120 physical holds, 64 mechanical restraints, and 13 seclusions; in July there were 87 physical holds, 50 mechanical restraints, and 9 seclusions; in August there were 149 physical holds, 50 mechanical restraints, and 14 seclusions. She stated CPI training is continuing on all campuses with a focus on de-escalation with the goal of reducing the overall number of restraints/seclusions.

B. Reports on Structured Living Protocol

VBPC: Ms. Fisher reported three episodes of SLP in June, zero in July, and zero in August. The percentage of episodes per patient days for the current year is 0.03%.

The Pines: Ms. Goldstein stated there were no episodes of Structured Living during this reporting period.

C. Overview of Allegation Reports

First Home Care: Ms. McDade stated there were no allegations to report from First Home Care.

VBPC: Ms. Fisher reported a total of 28 complaints for the months of June, July and August 2005. All were reported to the Human Rights Office and all were resolved at the local level.

The Pines: Ms. Burrell stated there were a total of 23 allegations reported to the Office of Human Rights between May 4th and July 10, 2005. In all instances appropriate action was taken and investigations were completed. In all instances Child Protective Services was notified. There were no seclusions/restraints that violated policy.

D. CLOSED SESSION

Motion: Ms. Butler made a motion that the committee go into Executive Session, pursuant to Virginia Code 2-2-3711A(4) for the protection of the privacy of individuals in personal matters not related to public business, namely to review patient information from The Pines Residential Treatment Center and Virginia Beach Psychiatric Center, pursuant to the regulations.

Action: Second was made by Mr. Boyd. All members present voted in favor of the motion.

Reconvened in Open Session: Upon reconvening in Open Session, members of the LHRC unanimously certified to the best of their knowledge that only public business matters exempt from statutory open meeting requirements and only public business matters identified in the motion to convene the Executive Session were discussed in accordance to Virginia Code 2-2-3711A(4).

Action: No recommendations were made.

V. NEXT SCHEDULED MEETING

The next LHRC meeting is scheduled for Tuesday, December 13, 2005 at 8:30 a.m.

VI. ADJOURNMENT

There being no further business to discuss, Mr. Boyd made the motion to adjourn. Ms. Butler seconded the motion. The meeting was adjourned at 10:15 a.m.

RESPECTFULLY SUBMITTED:

Evelyn Brown
Recording Secretary

Renee Edwards
LHRC Member