

Advance Directive Resources

NAMI Virginia - Peer-to-Peer Recovery Education Program

Peer-to-Peer is a unique, experiential learning program for people with any serious mental illness who are interested in establishing and maintaining their wellness and recovery. It is a 9-week course peer-taught by mentors who have received specialized training. Participants of the course come away with a binder of hand-out materials, as well as many other tangible resources: an advance directive; a “relapse prevention plan” to help identify tell-tale feelings, thoughts, behavior, or events that may warn of impending relapse and to organize for intervention; mindfulness exercises to help focus and calm thinking; and survival skills for working with providers and the general public.

www.namivirginia.org or 1-888-486-2864

VOCAL

The Virginia Organization of Consumers Asserting Leadership (VOCAL) is a statewide nonprofit organization of people in mental health recovery.

<http://www.vocalvirginia.org/> or 434-243-7878

MHAV

Mental Health America of Virginia

<http://www.mhav.org/> or (866) 400-MHAV (6428)

Bazon Center for Mental Health Law

<http://www.bazon.org/issues/advancedirectives/index.htm>

National Resource Center on Psychiatric Advance Directives

<http://www.nrc-pad.org/>

Virginia Health Care Decisions / Medical Advance Directive

The Virginia statute as it appears on the state legislature website

<http://leg1.state.va.us/cgi-bin/legp504.exe?000+cod+54.1-2981>

Caring Connections

State-by-state information on advance directives

<http://www.caringinfo.org/>

Virginia State Bar

http://www.vsb.org/sections/hl/add06/TOOL_KIT.pdf

National Healthcare Decisions Day

<http://www.nationalhealthcaredecisionsday.org/>

This document is not a complete resource guide but is meant to provide some information about advance directives and healthcare decision-making