

Behavioral Health Advisory Council

2104 W Laburnum Ave

Richmond, VA 23227

August 19th, 2015

I. Attendance

Present: Sherry Confer, Catherine Harrison, Katharine Hunter, Livia Jansen, Margaret Anne Lane, Dev Nair, Rhonda Thissen, Ron Pritchard, Anne Edgerton, Bonnie Neighbour, Larry Almarode, William Hart, Heather Seaman, Jane Ellis, Robin Hairfield, Betsy Lalla, Lynn Lull, Lynn DelaMer, Amanda Rode

Absent: Patricia Parham, William Williams, Anthony Duncan, Kathleen Levenston, David Conley, Denise Thomas-Brown, Jenny Heilborn, Megan Hodges, Elizabeth Drapen, Becky Sterling, Mary Aab, Shatada Floyd-White, Lee Peebles.

II. Guests

Rita Girard, MHA of Fredericksburg, Stacy Gill, Behavioral Health Community Services Director, DBHDS, Dr. Gail Taylor, Director of Wellness and Prevention, DBHDS

III. Opening of Business

Jane Ellis called the meeting to order at 10:06 am

IV. Welcome, Introductions, Public Comment

Ron Pritchard reported on the VSIAS meeting in Williamsburg in July. It exceeded all expectations in extraordinary presentations and accommodations, more than 300 people attended and enjoyed the Williamsburg sights as well.

Robin Hairfield attended thanks to a scholarship from BHAC; it was a very inclusive conference and has had contact with vendors and one of the presenters since. It was rewarding from a recovery standpoint.

V. Minutes of June 2015 Meeting

One change made, and Ron Pritchard motioned for the June meeting minutes to be approved, Lynn DelaMer seconded, all approved.

VI. Financial Update

Anne Edgerton, Treasurer, referred Council members to the financial form for the FY16 first quarter. Underspent funds from FY15 total \$955, and the Council decided in the June meeting to spend these on recovery dolls and their calling cards. Three members indicated their interest in receiving recovery dolls as soon as they are in. MHAV will follow up with these orders.

VII. DBHDS Update-Discussion of the Block Grant

For those who have not been around for a while, DBHDS has been contracting with MHAV to be fiscal agent for BHAC since 2002. This year, DBHDS has to make the contract competitive in a more formal way. To meet state procurement requirements, DBHDS has therefore posted an RFP to the public on their website to procure the fiscal agent and administrative services to do

these meetings. There will be a public competitive bidding process, starting August 28th with a prospective vendor meeting, and the bids are due by September 9th. Members discussed how they could submit letters of support for MHAV, and whether the Council President could address a letter of support from all members. It was motioned by Ron Pritchard to have the President submit a letter of support on behalf of all Council members, and Lynn DelaMer seconded, and approved by majority voice vote.

DBHDS encourages Council members to write letters to indicate their concerns about issues. Having a peer-run program, needs more services more help, other peer programs, all this needs to be highlighted and indicated to your legislators, to DBHDS, to other stakeholders.

In June's BHAC meeting, DBHDS staff member Mike Olson talked about Mental Health First Aid (MHFA) training, which is offered around the state through the DBHDS Office of Behavioral Health Wellness (OBHW). Formerly the Prevention section of the Office of Mental Health, OBHW is now it is its own office, and probably should have its own seat on the council. The way we do all that is by funding CSBs with their prevention programs—can we get an invite to have a seat on the Council?

Lynn motioned, Jane seconded, and the Council asked for discussion. It was discussed and decided that the DBHDS Office of Behavioral Health Wellness become a member. All voted in favor, and Gail Taylor was welcomed as a member for the rest of the meeting.

DBHDS Office of BH Wellness has trained over 400 MHFA adult and youth trainers, with a goal to reach over 1,000. Also is responsible for Suicide prevention Sunday. Additionally, it has helped reduce alcohol-related car crashes in the state by 34%. Next to be done is a social indicator study to see what data gaps we have and where the hotspots are.

SAMHSA wants us to measure outcomes. We are building capacity with CSBs so that they can produce those outcomes.

Rhonda Thissen introduced Stacy Gill, DBHDS's new Behavioral Health Community Services Director. Her position was created to grow and strengthen relationships with communities and private providers. We don't have the full picture of who's providing services and how those services are working. DBHDS has just applied for a federal grant, a Certified Community Behavioral Health Clinic (CCBHC) planning grant from SAMHSA, which was developed as part of the Excellence in Mental Health Act (EMHA). EMHA is now law, designed to increase access to mental health services for those who need BH services, including children. The emphasis is on outreach and educating folks in isolated rural areas. . Through the CCBHC planning grant opportunity, SAMHSA will award grants of up to \$2 million to up to 25 states for 1 year to enable them to develop Certified Community Behavioral Health Clinics. DBHDS's application includes eight CSBs from across the state which covers urban, suburban and rural areas. After the planning grant period ends, the hope is SAMHSA will issue a subsequent round of funding to fund the actual implementation of CCBHC services. CCBHCs will work with individuals enrolled in Medicaid and will provide an increased Medicaid match of 35% state to 65% federal funds.. For every 15 cents we save, we would ask the General Assembly to put the savings back into community-based BH programs.

In addition, Ms. Gill reported that DBHDS is e working on 24-hour crisis mobile teams and screening, diagnosis, patient-centered treatment planning, and outpatient services.

VIII. Anti-Stigma Campaign Presentation

Please see attached PowerPoint presentation by BHAC member Ron Pritchard.

IX. Membership Committee Report

Lynn DelaMer reported that members who had not been present at the last three meetings had been contacted, and if they did not reply or call back, will be removed from the roster of members so as to leave room for others who wish to join.

X. Meeting adjournment

Jane Ellis adjourned the meeting at 2:45 pm