

Adult Screening Instruments

Instrument	Description	Primary Population Focus	Format	Source & Availability
Screening Instruments for Alcohol Use				
AUDIT (Alcohol Use Disorder Identification Test)	<p>The Audit is a 10-item screening questionnaire designed to identify adults whose alcohol consumption has become hazardous or harmful to their health</p> <p>The AUDIT screening procedure is linked to a decision process that includes brief intervention with heavy drinkers, or referral to specialized treatment for patients who show evidence of more serious alcohol involvement</p> <p>Administration Time < 2 min (10 minutes when incorporated into other aspects of medical exam.) Scoring Time Training Intended for use by trained health professionals or paraprofessionals Language:</p>	<p>Adult men & women.</p> <p>Focus: Alcohol Use</p> <p>Has been used in a variety of settings including primary care, emergency room, surgery, mental health; DWI offenders, EAP, criminal justice, Military and college settings.</p>	<p>Clinician Administered</p> <p>Computer administered format available</p>	<p>World Health Organization Division of Mental Health & Prevention of Substance Abuse CH-1211 Geneva 27, Switzerland email: Publications@who.int</p> <p>The core questionnaire can be reproduced without permission. Test and manual are free; training module costs \$75 and contains a videotape and manual</p> <p>Can be downloaded from internet at: http://whqlibdoc.who.int/hq/2001/WHO_MSD_MSB_01.6a.pdf</p>

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<p>CAGE (Concerned, Annoyed, Guilty, Eye-opener)</p>	<p>The CAGE is a 4-item, relatively non-confrontational questionnaire for detection of alcoholism. Questions are usually phrased as "have you ever" but may also be focused to delineate past or present alcohol problems</p> <p>Concerns:</p> <ol style="list-style-type: none"> 1. Not gender specific: less likely detect women who are problem drinkers 2. May fail to identify binge drinkers 3. Because focuses on use over lifetime may give false (+) for those who have stopped use <p>Administration Time : < 1 minute Scoring Time: < 1 minute Training No special training is required for the administration or scoring of this instrument. Language: English</p>	<p>Adult men & women</p> <p>Focus: Alcohol Use</p>	<p>Clinician Administered</p> <p>Paper & pencil self administered</p> <p>Computer administered</p>	<p>Free</p> <p>Can be downloaded from internet at: http://pubs.niaaa.nih.gov/publications/inscage.htm</p>

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Screening Instruments for Alcohol Use				
Michigan Alcoholism Screening Test (MAST)	<p>The MAST is a 25-item questionnaire designed to provide a rapid and effective screening for lifetime alcohol-related problems and alcoholism.</p> <p>It provides a gross, general measure of lifetime problem severity that can be used for choosing treatment intensity and guiding further inquiry into alcohol-related problems</p> <p>Abbreviated versions : A 10 item Brief MAST, 13 item Short MAST (SMAST) and a 9 item modified Malmo version (Mn-MAST)</p> <p>Administration Time: 8 minutes Scoring Time: 5 minutes Training No special training is required for the administration or scoring of this instrument. Language: English</p>	<p>Variety of adult populations</p> <p>Has been used in both clinical and research settings</p>	<p>Clinician Administered</p> <p>Paper & pencil self administered</p>	<p>Melvin L. Selzer, M.D. 6967 Paseo Laredo LaJolla, CA 92037 email: jmslzs@aol.com</p> <p>Scoring instructions can be found in the source article (along with a copy of the scale).</p> <p>Free</p> <p>The MAST can be downloaded from internet at: http://adai.washington.edu/instruments/pdf/Michigan Alcoholism Screening Test 156.pdf</p> <p>The Short MAST can be downloaded from internet at http://www.projectcork.org/clinical_tools/pdf/ShortMAST.pdf</p>

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TWEAK (Tolerance, Worry, Eye-Opener, Amnesia, Cut-Down)	<p>The TWEAK is a five-item scale originally developed to screen for risk drinking during pregnancy. The items are not gender specific, however, and the scale can be used with either women or men.</p> <p>Administration Time: 2 minutes Scoring Time: 1 minute Training No special training is required for the administration or scoring of this instrument. Language: English</p>	<p>Adult men & women</p> <p>Focus: Alcohol Use</p>	<p>Clinician Administered</p> <p>Paper & pencil self administered</p> <p>Computer administered format available</p>	<p>Marcia Russell Prevention Research Center 1995 University Ave., Suite 450 Berkeley, CA 94704 tel: 510-883-5703 email: russell@prev.org</p> <p>This instrument is not copyrighted. There is no cost for use.</p> <p>Can be downloaded from internet: at: http://adai.washington.edu/instruments/pdf/TWEAK_252.pdf</p>
Screening Instruments for Drug Use				
DAST (Drug Abuse Screening Instrument)	<p>The DAST is a 28 item instrument for clinical and non-clinical screening to detect drug abuse or dependence disorders. It is most useful in settings in which seeking treatment for drug use problems is not the patient's stated goal. A 20 item version – also referred to as the DAST - is available</p> <p>Administration Time: 5 minutes Scoring Time: 2 minutes Training No special training is required for the administration of this instrument. Language: English</p>	<p>Adult</p> <p>Primary Focus: drug use</p>	<p>Paper & pencil self administered</p>	<p>Harvey A. Skinner Department of Behavioural Sciences University of Toronto 12 Queens Park, Crescent West McMurrich Building, 1st floor Toronto, ON M5S 1A8, Canada tel: 416-978-2040 email: harvey.skinner@utoronto.ca web: http://www.phs.utoronto.ca</p> <p>Can be downloaded at: http://adai.washington.edu/instruments/pdf/Drug_Abuse_Screening_Test_105.pdf</p>

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Screening Instruments for both Alcohol and Drug Use				
ASSIST (Alcohol, Smoking, and Substance Involvement Screening Test)	<p>The ASSIST provides information about: the substances people have ever used in their lifetime; those used in the past three months; problems related to substance use; risk of current or future harm; dependence; and injecting drug use.</p> <p>Comments: The ASSIST collects information regarding use of tobacco, alcohol, cannabis, cocaine, amphetamine type stimulants, sedatives, hallucinogens, inhalants, opioids, and other drugs. Prenatal care providers may prefer this instrument as it collects the substance use information they must obtain on all pregnant women (Code of Virginia §54.1-2403.1)</p> <p>Administration Time: 10 min Scoring Time: 5-10 minutes Training: Recommended but not required; a guidance document is available free of charge. Language: English, Spanish, & 4 other languages. Translation directions provided</p>	<p>General population; primary and other health care settings worldwide</p> <p>Focus: Recent and Past Drug and Alcohol Use</p>	<p>Clinician Administered Interview</p> <p>Computer administered format available</p>	<p>Program on Substance Abuse World Health Organization 1211 Geneva, Switzerland email: Publications@who.int</p> <p>FREE: The scale is printed in the manual and can be downloaded for free from the WHO web site. The document may be freely reviewed, abstracted, reproduced, and translated, in part or in whole but it may not be sold or used in conjunction with commercial purposes.</p> <p>Can be downloaded from internet at: http://www.who.int/substance_abuse/activities/en/ASSIST%20V.3-%20Guidelines%20for%20use%20in%20primary%20care_TEST.pdf</p>

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CAGE-AID	The CAGE-AID modifies the CAGE questions for use in screening for drugs as well as alcohol. Like the CAGE, It asks about lifetime use and may not identify individuals “at risk” for dependence	Focus: Drug and alcohol abuse	Clinician Administered	<p>Free</p> <p>Can be downloaded from internet at:</p> <p>http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=hstat5.table.46449</p>
Global Appraisal of Individual Needs – Short Screen (GAIN-SS)	<p>The GAIN Short Screen can be used in school, welfare, juvenile justice system settings or within the general population. It measure total severity and severity in each of the four main dimensions, with cut-off points for clinical decision making.</p> <p>Administration time: 15 minutes Scoring time: 15 minutes Training: Formal training recommended Language: English & Spanish</p>	<p>Adults and adolescents suspected of drug use problems</p> <p>Primary Focus: Co-occurring Substance use and mental health disorders</p>	<p>Paper & pencil self administered</p> <p>Computer administered format available</p>	<p>Chestnut Health Systems 729 Chestnut Street Bloomington, IL 61701 309-827-6026 mdennis@chestnut.org http// www.chestnut.org/li/gain http://www.chestnut.org/LI/gain/GAIN_SS/index.html</p> <p>Free</p> <p>Can be downloaded from internet at: http://www.chestnut.org/LI/gain/GAIN_SS/GAIN-SS2.0.3_English.pdf http://www.chestnut.org/LI/gain/GAIN_SS/GS_2.0.2-Spanish.pdf</p>

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SASSI-3 (Adult Substance Abuse Subtle Screening Inventory – 3)	<p>The SASSI-3 is a brief and easily administered screener that helps to identify individuals ages 18 years and older who have a high probability of having a substance abuse disorder and provides information to help select appropriate treatment. The SASSI-3 subscales also provide clinically useful information regarding an individual's attitude toward the assessment, as well as defensiveness, emotional pain, ability to acknowledge problems, and risk of legal problems.</p>	<p>Focus: Drug and alcohol abuse; Individuals 18 years of age and over</p>	<p>Self-Administered, Paper & Computer</p>	<p>Training: Contact (800) 697-2774 for information on training assistance</p> <p>Cost: <i>Starter Kit:</i> \$125.00 Includes Adult SASSI-3 Manual, SASSI-3 User's Guide, scoring key, and 25 paper tests and profiles. For more information, call (800) 726-0526.</p> <p>Source: http://www.sassi.com/</p>
UNCOPE (Used, Neglected, Cut Down, Objected, Preoccupied, Emotional Discomfort)	<p>The UNCOPE can be used in mental health and medical clinics, employee assistance counseling, marital and family counseling. It is not appropriate for evaluating persons arrested for driving under the influence, those presenting for treatment, or those being evaluated for any issue associated with substances.</p> <p>Comments : used by child welfare providers</p>	<p>Adults receiving social services; home visiting services</p> <p>Focus: Drug & Alcohol Use</p>	<p>Clinician Administered</p>	<p>The Change Companies 5221 Sigstrom Drive Carson City, NV 89706 tel: 888-889-8866 fax: 775-885-0643 email: info@changecompanies.net web: http://www.changecompanies.net</p> <p>http://www.evinceassessment.com/UNCOPE_for_web.pdf (Evince Clinical Assessments)</p> <p>FREE: The UNCOPE is available free on the web and has been printed in various publications. The questions</p>

	Administration Time < 1 minute. Scoring Time: 1 minute Training: not required Language: English			may be used free of charge for oral administration in any medical psychosocial, or clinical interview. Attribution to the developer is requested when citing the instrument.
Instrument	Description	Primary Population Focus	Format	Source & Availability
Screening Instruments for Depression and Mental Health Concerns				
Beck Depression Scale –BDI-II	<p>The Beck is a 21 item tool developed to assess depression severity & allow for monitoring depression over time. It has good concurrent validity with measures of postpartum depression</p> <p>Administration Time: 5 min. Training: Review of manual and understanding of the DSM IV. Language: Available in Spanish and English</p>	Primary Focus: General population of adults who may be experiencing depression	Clinician or self-administered	\$49 for pkg. of 25 record forms \$65 for manual Information about ordering can be found at: http://pearsonassess.com/haiweb/cultures/en-us/productdetail.htm?pid=015-8018-370
Patient Health Questionnaire PHQ-9 (PHQ-9)	<p>The PHQ-9 is an abbreviated version of the Primary Care Evaluation of mental Disorders</p> <p>Administration Time: 5-10 min Training: DSM IV diagnosis codes. Language: English and Spanish</p>		Clinician or self-administered	Available with acceptance of terms of use. Download at: www.depression-primarycare.org/clinicians/toolkits/materials/forms/phq9/
Patient Health Questionnaire	The PHQ-2 consists of the first 2 questions of the PHQ-9 and		Clinician or self-administered	Free:

PHQ-2 (PHQ-2)	intended to be used as a conversational screen; a positive response to either question warrants additional evaluation. Administration Time: 1 minute Scoring Time: < 1 minute Training: none required			
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