

Perinatal Screening Instruments

Instrument	Description	Primary Population Focus	Format	Source & Availability
Screening Instruments for both Alcohol and Drug Use				
<p>ASSIST</p> <p>(Alcohol, Smoking, and Substance Involvement Screening Test)</p>	<p>The ASSIST provides information about: the substances people have ever used in their lifetime; those used in the past three months; problems related to substance use; risk of current or future harm; dependence; and injecting drug use.</p> <p>Comments: The ASSIST collects information regarding use of tobacco, alcohol, cannabis, cocaine, amphetamine type stimulants, sedatives, hallucinogens, inhalants, opioids, and other drugs. Prenatal care providers may prefer this instrument as it collects the substance use information they must obtain on all pregnant women (Code of Virginia §54.1-2403.1)</p> <p>Administration Time: 10 min Scoring Time: 5 minutes Training: Recommended but not required; a guidance document is available free of charge. Language: English, Spanish, & 4 other languages. Translation directions provided</p>	<p>General population; primary and other health care settings worldwide</p> <p>Focus: Recent and Past Drug and Alcohol Use</p>	<p>Clinician Administered Interview</p> <p>Computer administered format available</p>	<p>Program on Substance Abuse World Health Organization 1211 Geneva, Switzerland email: Publications@who.int</p> <p>FREE: The scale is printed in the manual and can be downloaded for free from the WHO web site. The document may be freely reviewed, abstracted, reproduced, and translated, in part or in whole but it may not be sold or used in conjunction with commercial purposes.</p> <p>Can be downloaded from internet at: http://www.who.int/substance_abuse/activities/assist/en/index.html</p>

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4P's	<p>The 4Ps (Parents, Partners, Past and Pregnancy) was developed for use with pregnant women and women of child bearing age. The tool has 4 questions intended to facilitate discussion</p> <p>Comments: recommended for use by medical & non-medical providers</p> <p>Administration Time: 2 minutes Scoring Time: < 1 minute Training: Brief training recommended but not required Language: English</p>	<p>Pregnant women</p> <p>Focus: Recent and past drug and alcohol use</p>	<p>Clinician administered: intended to facilitate discussion regarding substance use</p>	<p>Developed by Hope Ewing</p> <p>Available in the public domain or from http://www.dmhmrzas.virginia.gov/documents/screener-4Ps.pdf.</p>
5Ps	<p>The 5 Ps is actually a 6 question tool. It is the 4Ps plus an additional question on peers and on smoking</p> <p>Comments: recommended for use by both medical & non-medical providers</p> <p>Administration Time: 2 -3 minutes Scoring Time: < 1 minute Training: Brief training recommended but not required Language: English</p>	<p>Pregnant women</p> <p>Focus: Recent and past drug and alcohol use as well as tobacco</p>	<p>Clinician administered: intended to facilitate discussion regarding substance use</p>	<p>The 5Ps was adapted by the Massachusetts Institute for Health and Recovery in 1999 from Dr. Hope Ewing's 4Ps (1990).</p> <p>Available in the public domain or from http://www.dmhmrzas.virginia.gov/documents/screener-5Ps.pdf.</p>

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4Ps+	<p>The 4 P's Plus© is a revised version of the 4Ps tool that. It includes additional questions regarding mental health, domestic violence and substance use. This screen has been tested and validated and effectively identifies pregnant women at highest risk for substance use during pregnancy.</p> <p>Comments: recommended for use by medical & non-medical providers</p> <p>Administration Time: 3 to 5 min. Scoring Time Training: Technical Assistance & training available through NTI Upstream Solutions/ Children's Research Triangle Language: English or Spanish</p>	<p>Pregnant women</p> <p>Focus: Recent and Past Drug and Alcohol Use, domestic violence & depression</p>	<p>Clinician administered</p> <p>Intended to facilitate discussion regarding substance use, domestic violence and depression</p>	<p>Ira Chasnoff NTI Upstream /Children's Research Triangle 180 North Michigan Avenue Suite 710 Chicago, IL 60601 P: 312.726.4011 Fax: 312.726.4021 email: info@ntiupstream.com</p> <p>Copy write For permission and rights to use this tool, contact Dr. Ira Chasnoff at: ichasnoff@aol.com</p>

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UNCOPE (Used, Neglected, Cut Down, Objected, Preoccupied, Emotional Discomfort)	<p>The UNCOPE can be used in mental health and medical clinics, employee assistance counseling, marital and family counseling, child welfare services. It is not appropriate for evaluating persons arrested for driving under the influence, those presenting for treatment, or those being evaluated for any issue associated with substances.</p> <p>Administration Time < 1 minute. Scoring Time: 1 minute Training: not required Language: English</p>	<p>Adults receiving social services; home visiting services</p> <p>Focus: Drug & Alcohol Use</p>	<p>Clinician Administered</p>	<p>The Change Companies 5221 Sigstrom Drive Carson City, NV 89706 tel: 888-889-8866 fax: 775-885-0643 email: info@changecompanies.net web: http://www.changecompanies.net</p> <p>http://www.evinceassessment.com/UNCOPE_for_web.pdf (Evince Clinical Assessments)</p> <p>FREE: The UNCOPE is available free on the web and has been printed in various publications. The questions may be used free of charge for oral administration in any medical psychosocial, or clinical interview. Attribution to the developer is requested when citing the instrument.</p>
Screening Instruments for Alcohol Use Only				
AUDIT (Alcohol Use Disorder Identification Test)	<p>The Audit is a 10-item screening questionnaire designed to identify adults whose alcohol consumption has become hazardous or harmful to their health</p> <p>Administration Time < 2 min (10 minutes when incorporated into other aspects of medical exam.) Scoring Time Training Intended for use by trained health professionals or paraprofessionals Language: English</p>	<p>Adult men & women</p> <p>Focus: Alcohol Use</p>	<p>Clinician Administered</p> <p>Computer administered format available</p>	<p>World Health Organization Division of Mental Health & Prevention of Substance Abuse CH-1211 Geneva 27, Switzerland email: Publications@who.int</p> <p>The core questionnaire can be reproduced without permission. Test and manual are free; training module costs \$75 and contains a videotape and manual</p> <p>Can be downloaded from internet at: http://whqlibdoc.who.int/hq/2001/WHO_MSD_MSB_01.6a.pdf</p>

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Screening Instruments for Alcohol Use Only				
T-Ace (Tolerance, Anger / Annoyance, Cut Down, Eye-Opener)	<p>The T-ACE is a four-item questionnaire developed for use with pregnant women. Positive results indicate need for further exploration of the subject's drinking.</p> <p>Administration Time can be administered by anyone, including non-professionals, in less than 1 minute.</p> <p>Scoring Time</p> <p>Training No special training is required</p> <p>Language: English</p>	<p>Pregnant women</p> <p>Focus: Alcohol Use</p>	<p>Clinician Administered</p>	<p>Permissions Department, Mosby, Inc. (a division of Elsevier) 6277 Sea Harbor Drive Orlando, FL tel: 407-345-3994 web: http://www.us.elsevierhealth.com/</p> <p>Can be downloaded from internet at: http://pubs.niaaa.nih.gov/publications/arh28-2/78-79.htm</p>
TWEAK (Tolerance, Worry, Eye-Opener, Amnesia, Cut-Down)	<p>The TWEAK is a five-item scale originally developed to screen for risk drinking during pregnancy. The items are not gender specific, however, and the scale can be used with either women or men.</p> <p>Administration Time: 2 minutes Scoring Time: 1 minute Training No special training is required for the administration or scoring of this instrument. Language:</p>	<p>Primary Focus: Alcohol Use</p>	<p>Pencil-and-paper / computerized self-administered / or in interview formats.</p>	<p>Marcia Russell Prevention Research Center 1995 University Ave., Suite 450 Berkeley, CA 94704 tel: 510-883-5703 email: russell@prev.org</p> <p>This instrument is not copyrighted. There is no cost for use.</p> <p>Can be downloaded from internet: at: http://adai.washington.edu/instruments/pdf/TWEAK_252.pdf</p>

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Screening Instruments for Drug Use				
DAST-A (Drug Abuse Screening Instrument)	<p>The DAST is a 20 item instrument for clinical and non-clinical screening to detect drug abuse or dependence disorders. It is most useful in settings in which seeking treatment for drug use problems is not the patient's stated goal.</p> <p>Administration Time: 5 minutes Scoring Time: 2 minutes Training No special training is required for the administration of this instrument. Language:</p>	<p>Adult – drug use</p>	<p>Self-administered</p>	<p>Harvey A. Skinner Department of Behavioural Sciences University of Toronto 12 Queens Park, Crescent West McMurrich Building, 1st floor Toronto, ON M5S 1A8, Canada tel: 416-978-2040 email: harvey.skinner@utoronto.ca web: http://www.phs.utoronto.ca</p> <p>Can be downloaded at: http://adai.washington.edu/instruments/pdf/Drug_Abuse_Screening_Test_105.pdf</p>

Instrument	Description	Primary Population Focus	Format	Source & Availability
Screening Instruments for Depression and Mental Health Concerns				
Edinburgh Postnatal Depression Scale (EPDS)	<p>The EPDS is a 10 item tool developed to evaluate depression in childbearing women. It has been used - but not validated -for perinatal use.</p> <p>Administration Time: < 5 min. Scoring Time: 1 minute Training: Not required Language: Available in 20 languages</p>	Primary Focus: pregnant & postpartum women who may be experiencing depression	Self-administered	<p>Edinburgh Postnatal Depression Scale (EPDS) J. L. Cox, J. M. Holden, R. Sagavsky From: British Journal of Psychiatry (1987), 150, 782-786</p> <p>This instrument is not copyrighted; there is no cost for its use. English version can be downloaded at: www.aap.org/practicingsafety/Toolkit_Resources/Module2/EPDS.pdf</p> <p>Spanish version can be downloaded at: http://www.aap.org/sections/scan/practicingsafety/Toolkit_Resources/Module2/ESCALA_DE_EDINBURGO1.pdf</p> <p>Conduct an internet search to obtain other languages. Edinburgh Postnatal Depression Scale (EPDS)</p>
Beck Depression Scale –BDI-II	<p>The Beck is a 21 item tool developed to assess depression severity and allow for monitoring depression over time. It has good concurrent validity with measures of postpartum depression</p> <p>Administration Time: 5 min. Training: Review of manual and understanding of the DSM IV. Language: Available in Spanish and English</p>	Primary Focus: General population of adults who may be experiencing depression	<p>Clinician or self-administered</p> <p>The BDII uses diagnostic criteria for major depressive disorder in the Diagnostic and Statistical Manual Fourth Edition (DSM-IV).</p>	<p>\$49 for pkg. of 25 record forms \$65 for manual</p> <p>Information about ordering can be found at: http://pearsonassess.com/haiweb/cultures/en-us/productdetail.htm?pid=015-8018-370</p>

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CES –D Center for Epidemiologic al Studies	<p>The CES-D is a 20 item self-report scale which measures the current level of depressive symptomatology with an emphasis on depressed mood during the past week</p> <p>Administration Time 5-10 minutes Scoring Time: Training: Language: English & Spanish</p>	General population	Self-administered	Available in the public domain Download at www.depression-help-resource.com/cesd-depression-test.pdf
Abbreviated Patient Health Questionnaire PHQ-2	<p>The PHQ-2 is a tool which consists of the first 2 questions of the PHQ-9 and is expected to be used as a conversational screen.</p> <p>A positive response to either question warrants the need for additional evaluation. The PHQ-9 can be used to provide a follow-up to PHQ-2 to determine if DSM-IV criteria for major depression diagnosis are met.</p> <p>Administration Time: 1 min. Training: Instructions for use of the questionnaire. Language: English and Spanish</p>	Primary Focus: General population of adults who may be experiencing depression and other mental health disorders	Clinician administered.	Available with acceptance of terms of use by Pfizer, Inc.. Download at: http://www.docsfortots.org/documents/phqscreeningtool.pdf and http://www.cqaimh.org/pdf/tool_phq2.pdf NOTE: The PHQ-2 is an abbreviated version of the PHQ-9 tool.

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Patient Health Questionnaire PHQ-9	<p>The PHQ-9 is an abbreviated version of the Primary Care Evaluation of Mental Disorders</p> <p>Administration Time: 5-10 min Training: DSM IV diagnosis codes. Language: English and Spanish</p>	<p>Primary Focus: General population of adults who may be experiencing depression and other mental health disorders</p>	<p>Clinician administered. The PHQ-9 is based directly on the diagnostic criteria for major depressive disorder in the Diagnostic and Statistical Manual Fourth Edition (DSM-IV).</p>	<p>Available with acceptance of terms of use.</p> <p>Download at: www.depression-primarycare.org/clinicians/toolkits/materials/forms/phq9/</p>