



COMMONWEALTH of VIRGINIA

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

DRAFT MEETING AGENDA

Thursday, October 13, 2011

**Central Virginia Training Center, Nagler Building (#50), 521 Colony Road, Madison Heights, VA 24572
(Event Schedule, October 12th Business Dinner Agenda and all directions last pages, 27-32)**

Committee Meetings

| | | | |
|-------------|-------------------|---------------------------------------|-----|
| 8:30 – 9:20 | Planning & Budget | Room 106, Nagler Building (Bldg. #50) | p.7 |
|-------------|-------------------|---------------------------------------|-----|

Regular Session AGENDA

9:30 a.m.

AV Meeting Room, Nagler Building

| | | | | |
|--------------|----------------|---|--|----------------------------|
| I. | 9:30 | Call to Order and Introductions | Ruth Jarvis <i>Chair</i> | 1 |
| II. | 9:35 | Approval of October 13, 2011 Agenda ➤ <i>Action Required</i> | | 1-2 |
| III. | 9:40 | Approval of Draft Minutes A. Biennial Planning Retreat, July 25, 2011 B. Regular Meeting, July 26, 2011 ➤ <i>Action Required</i> | | 3 18 |
| IV. | 9:45 | Public Comment <i>(3 minute limit per speaker)</i> | | |
| V. | 10:00 | Regulatory Actions: A. General Update – Matrix B. Authorization of Periodic Reviews: i. Temporary Leave ii. Human Rights ➤ <i>Action Required</i> | Linda Grasewic <i>Assistant Director</i> <i>Office of Planning and Development</i> | 26 26 |
| VI. | 10:10 | Central Virginia Training Center: Overview | Dale Woods, Ed. D. <i>Director</i> | |
| VII. | 10:30 11:30 | BREAK FOR CVTC TOUR RETURN FROM TOUR (collect lunch) | | |
| VIII. | 11:45 | Committee Reports: • Grant Review Process • Planning & Budget | Linda Grasewic Charline Davidson <i>Director, Office of Planning and Development</i> | -- 7 |

| | | | | |
|--------------|-------|---|--|-----------|
| | | • Policy Development and Evaluation | Ruth Anne Walker <i>Director, Legislative Affairs</i> | 16 |
| IX. | 11:55 | Commissioner's Report | Olivia J. Garland, Ph.D. <i>Deputy Commissioner</i> | |
| X. | 12:30 | A. Discharge Planning Process Overview B. Proposed Medicaid Waiver Changes | Heidi Dix <i>Assistant Commissioner, Developmental Services</i> | |
| XI. | 1:00 | Employment First Initiative | Lee Price <i>Director, Office of Developmental Services</i> | |
| XII. | 1:20 | Update on Children's Mental Health Services | Katharine Hunter <i>Office of Child and Family Services</i> | |
| XIII. | 1:35 | Update on the Virginia Association of Community Services Boards | William R. Frank <i>Public Policy Manager VACSB</i> | |
| XIV. | 2:00 | Miscellaneous A. Board Liaison Reports B. Board Correspondence September 12, 2011 C. Draft State Board Annual Executive Summary | Ruth Anne Walker | |
| XV. | 2:15 | Other Business & Adjournment | | |

(Note: Times may run slightly ahead of or behind schedule. If you are on the agenda, please plan to be present at least 10 minutes in advance.)

Next Meeting:

Tuesday, December 6th, DBHDS, Jefferson Building, 1220 Bank Street, Richmond

MEETING DATES IN 2012:

- Thursday, April 19 - Catawba Hospital, Salem
- Tuesday, July 17 - Northern Virginia Training Center, Fairfax
- Thursday, October 11 - Southeastern Virginia Training Center, Chesapeake
- Tuesday, December 4 - Richmond

**STATE BOARD of BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES
MEETING MINUTES
July 25-26, 2011
Richmond**

| | |
|--|--|
| Monday, July 25th House Room 3, State Capitol | Tuesday, July 26th VBPD, 7 th Floor, Washington Building |
| I. Biennial Planning Retreat, p.1 | II. Committee Meetings a. Planning and Budget, p.7 b. Policy and Evaluation, p.16 |
| | III. Regular Meeting, p.18 |

Monday July 25th
PART I

BIENNIAL PLANNING RETREAT

Members Present: Ruth G. Jarvis **Vice Chair***, Gretta Doering, Andrew Goddard, Cheryl Ivey Green*, Joseph M. Guzman, Jennifer M. Little, Bonnie Neighbour, and Ananda K. Pandurangi.

Members Absent: Daniel E. Karnes, **Chair.***
**Note: An election of officers was held on July 26th and Ms. Jarvis assumed the role of Chair, Ms. Ivey Green that of Vice Chair.*

Staff: Charline Davidson, Director, Office of Planning and Development
 Paul Gilding, Director, Office of Community Contracting
 Cindy Gwinn, Community Resource Manager - Autism Spectrum Disorder Specialist, Office of Developmental Services
 John Pezzoli, Assistant Commissioner, Behavioral Health Services
 Les Saltzberg, Director, Office of Licensing
 Michael Shank, Director, Community Support Services, Office of Behavioral Health Services
 James W. Stewart, III, Commissioner
 Rebecca V. Stredny, Forensic-Clinical Specialist, Office of Forensic Services
 Ruth Anne Walker, Director, Office of Legislative Affairs
 Joy Yeh, Assistant Commissioner, Finance

Others: None.

LUNCH: *Board members had lunch before proceeding with the day's agenda.*

Call to Order: At 12:40 p.m. Ruth Jarvis, Vice Chair, convened the planning retreat, welcomed those present and asked for introductions.

Opening Statement: At 12:45 p.m. Jim Stewart reviewed the department's strategic planning process started in March 2010, *Creating Opportunities*. Planning teams,

involving over 200 people total, were appointed to assist DBHDS in identifying strategic initiatives for the Commonwealth's behavioral health and developmental services system. Twelve initiatives were selected from the recommendations that focus on the following areas:

1. Behavioral Health Emergency Response Services
2. Peer Services and Supports
3. Substance Abuse Treatment Services
4. Effectiveness/Efficiency of State Hospital Services
5. Child and Adolescent Mental Health Services
6. Developmental Services and Supports Community Capacity
7. Autism Spectrum Disorders/ Developmental Disabilities
8. Housing
9. Employment
10. Case Management
11. DBHDS Electronic Health Record (EHR) and Health Information Exchange (HIE)
12. Sexually Violent Predator (SVP) Service Capacity

Mr. Stewart stated that he and staff would review with the board members the 12 priorities and actions needed to enable DBHDS to 1) build on and continue progress in advancing the DBHDS vision, 2) support the Governor's expressed intentions to achieve a Commonwealth of Opportunity for all Virginians, and 3) promote services system efficiencies in a manner that is effective and responsive to the needs of individuals receiving services and their families.

Mr. Stewart's goal was for the board to have a thorough understanding of the action steps. His hope was that the board would endorse the plan, its goals and action steps.

Review and Discussion of Status of Planning and Implementation:

At 12:53 p.m. Mr. Stewart asked John Pezzoli to walk through the Behavioral Health section of the report. During Mr. Pezzoli's review, questions and comments from members included the following topics: the 'local' inpatient purchase of services (LIPOS) beds, the Crisis Intervention Team (CIT) conference this fall, crisis stabilization units (CSUs), prioritizing within the list of 12 priorities, the growth in peer services, discharge planning for individuals receiving services in state hospitals, housing, and parent and caregiver guidance with children's services.

Mr. Stewart reviewed the five priorities for the Developmental Services system. Cindy Gwinn provided information on the Day Support waiver and possible changes, as well as Autism Services. Michael Shank reviewed the recommendations in the report on Housing and Employment.

During this review, questions and comments from members included the

following topics: why Medicaid waivers are changing, whether Virginia would ever reach a point when all individuals needing services would receive them, how data can be collected in a meaningful way on housing when services vary so much across community services boards (CSBs), whether volunteer opportunities are pursued when the current job shortage may mean a longer time to find employment, how involved the Department of Rehabilitative Services (DRS) is with employment for individuals with developmental disabilities, and the volume of paperwork case managers must handle on top of their main duties.

Mr. Stewart ended the detailed review of the strategic initiatives and action steps in the report with an update on Electronic Health Records and the Sexually Violent Predator program/Virginia Center for Behavioral Rehabilitation.

He concluded that the outcomes achieved by implementation of *Creating Opportunities* will lead to a more effective and efficient system of services and supports that provides the greatest opportunity for those with mental illness, substance-use disorders, or developmental disabilities and their families across the Commonwealth.

Annual Quality Measures Update:

Les Saltzberg, Acting Assistant Commissioner for Quality Management and Development and Director of Licensure, provided the Board with its annual update on Quality Measures. He handed out preliminary data on several possible quality improvement measures: PACT, employment, engagement in treatment, and consumer satisfaction. He stated that the department, along with CSBs, is basing the development of quality improvement measures on six principles that are intended to use data to drive positive change.

The six principles are:

1. Meaningful outcomes focused on Creating Opportunities initiatives.
2. Actionable data, providing data in a timely manner, at least quarterly
3. Present the data clearly, simply, and in context.
4. Start with a limited number of measures, 5 or 6. Start with data already being collected.
5. Design a system of collection that closes the loop, use the data to improve services.

BREAK

At 2:55, Ms. Jarvis called for a 15 minute break.

Board Response:

At 3:10 p.m. the board provided comment to the commissioner on the information received on the *Creating Opportunities* plan. During this review, questions and comments from members included the following topics: that 7 of the 12 initiatives would require additional resources, whether there would be funding for psychiatrists, where Governor McDonnell's budget priorities will lie, and praise for the improved

effectiveness and efficiency of state hospitals in just one year.

Members concurred (*withholding formal action until Tuesday's Regular Meeting*) to develop and send a letter to the Governor and Secretary of Health and Human Resources stating that the Board endorses the package of priorities in the *Creating Opportunities* plan. The communication would include a statement emphasizing the needs of this services system as a priority within the entire state budget.

Other Business: Ruth Anne Walker provided a list of proposed Board meeting dates for 2012, stated the schedule for review of a draft annual Board Executive Summary, and provided a copy of the Bylaws so that members could review the nomination procedures for the annual officer elections the next day.

Adjournment: There being no further business, the Vice Chair adjourned the Biennial Planning Retreat.

Respectfully Submitted:

Ruth Jarvis, Vice Chair*

Ruth Anne Walker, Director, Legislative Affairs

**Note: An election of officers was held on July 26th and Ms. Jarvis assumed the role of Chair, Ms. Ivey Green that of Vice Chair.*

MINUTES
STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

II a. Planning and Budget Committee

July 26, 2011

Richmond, Virginia

July 26, 2011

Richmond, Virginia

Members Present: Daniel E. Karnes, Cheryl Ivey Green, Joseph M. Guzman, Ph.D. and Jennifer M. Little

Staff Present: Charline Davidson, Linda Grasewicz, and Joy Yeh

Call to Order: The meeting was called to order at 9:00 a.m.

Planning and Budget Committee Meeting Minutes 4/27/2011

Committee members reviewed and moved to accept the minutes without objection.

Comprehensive State Plan 2012-2018 Update

Charline Davidson described activities that are underway to update the Comprehensive State Plan 2012-2018. The draft plan will be provided to the Board before its October meeting. At that meeting, the committee and staff will finalize the public hearing schedule and identify members who will represent the Board at the public hearing sites. The final revised plan and summary of public comments will be provided to the full Board for consideration at its December 2011 meeting.

The plan update will be based on the Creating Opportunities strategic initiatives and will incorporate the implementation strategies discussed by the Board at its July 25 planning session. Because the statutory requirement is for a comprehensive plan, the plan update also will include several additional Department focus areas such as substance abuse prevention, quality improvement measures, and state facility capital outlay priorities.

The plan update will include a behavioral health and developmental services system overview that includes characteristics and service utilization statistics and trends. Prevalence estimates for populations served and descriptors of service needs also will be included.

Linda Grasewicz distributed and discussed the attached handout *Profile of Individuals Served by Virginia's Public Behavioral Health and Developmental System*. During the Committee discussion, Dr. Guzman referenced the significant increase in Virginia's Hispanic population during the past decade. Ms. Little spoke to the importance of "bridge" or transition services for young adults with behavioral health challenges. Ms. Grasewicz said she would revise and redistribute the profile (attached) to correct a calculation formula error and incorporate Dr. Guzman's request to include service recipients' ethnic characteristics. The revised profile also will specifically identify the number of young adults, ages 18-24, who received services.

Adjourn: The Planning and Budget Committee meeting was adjourned at 9:46 a.m.

➤ Attachment

Profile of Individuals Served by Virginia’s Public Behavioral Health and Developmental System

Virginia’s public services system includes 39 community services boards and one behavioral health authority (referred to as CSBs) and nine state hospitals, five training centers (one of which provides administration services to a medical center, and a sexually violent predator rehabilitation center that are operated by the Department.

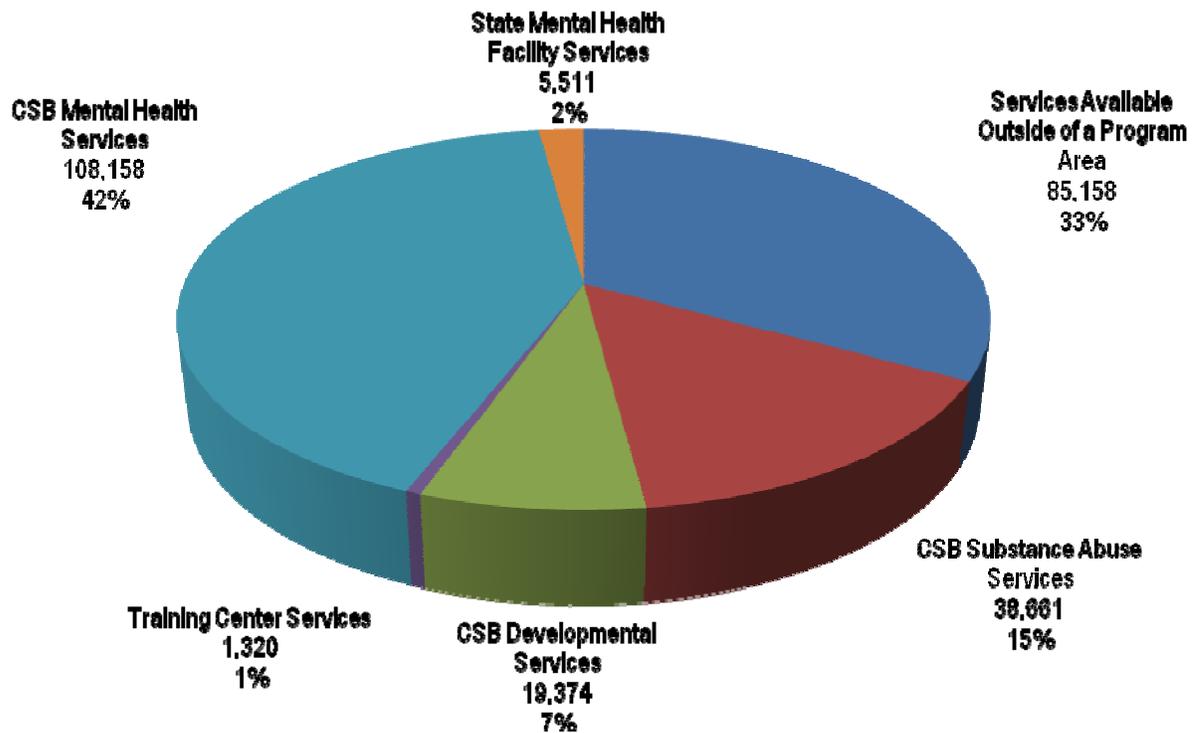
CSBs

- Are the single points of entry into publicly funded behavioral health and developmental services system
- Have responsibility and authority for assessing individual needs, providing an array of services and supports, and managing state-controlled funds for community-based services.
- In FY 2010 an unduplicated total of 194,662 individuals received some type of community-based service from CSBs. CSBs provided:
 - mental health services to 108,158 individuals,
 - developmental services to 19,374 individuals,
 - substance abuse services to 38,661 individuals, and
 - services available outside a program area (e.g., emergency services) to 85,158 individuals
- CSBs still confront waiting lists for services. For the Comprehensive State Plan, CSBs were surveyed to determine the number of individuals they had assessed as needing a behavioral health or a developmental service that they were not able to provide at that time. All CSBs provided point-in-time information on these individuals.
 - From January to April 2011, 14,004 individuals were waiting to receive at least one CSB service.

State Facilities

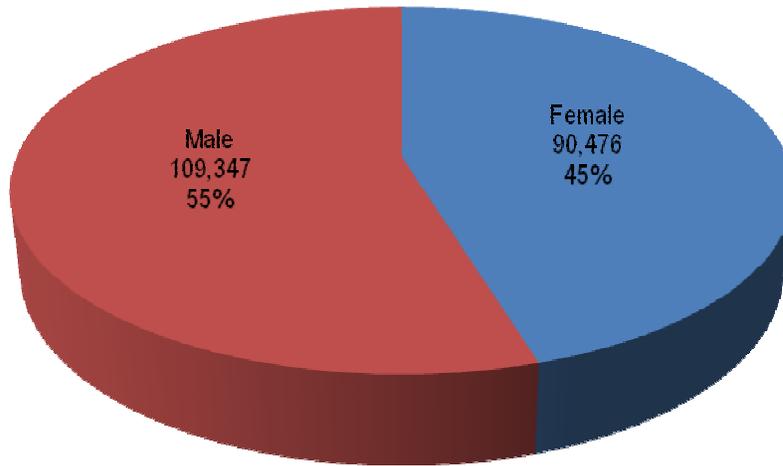
- Provide highly structured intensive inpatient treatment and habilitation services.
- Current operating bed capacities are 1,534 for state hospitals (excluding the Hiram Davis Medical Center, with an operating capacity of 87 beds and the Virginia Center for Behavioral Rehabilitation with an operating capacity of 300 beds) and 1,396 for training centers.
- In FY 2011, state facilities served a total of 6,338 individuals, a 5.8 percent decrease from FY 2010

Individuals Receiving Services From CSBs and State Facilities

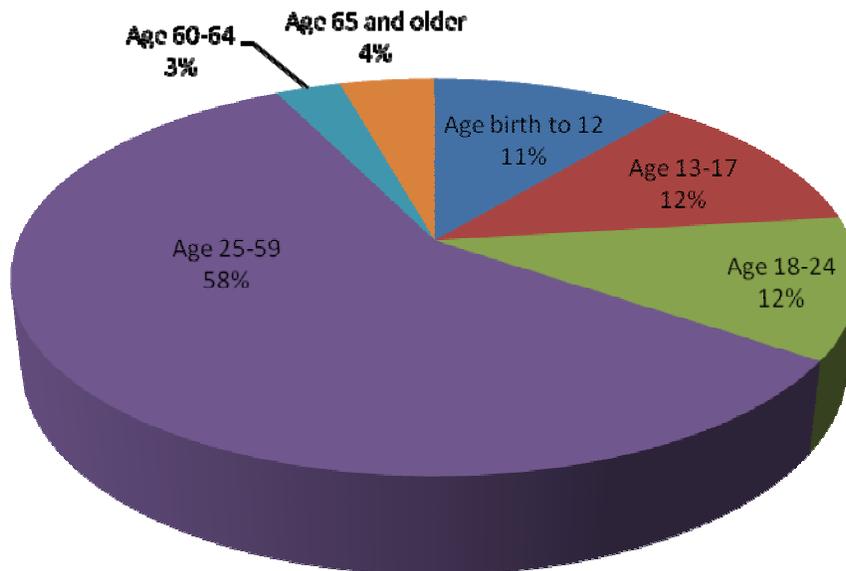


The majority of individuals served in Virginia’s public services system are males and are between 25 and 59 years old. While CSBs provide early intervention and other developmental supports for very young children, the youngest individual served at CCCA was more than 5 years old. It is also interesting to note that DBHDS facilities support approximately 3% of the service population, but 8% of the individuals 65 and older receiving services.

The Gender of Individuals Receiving Services

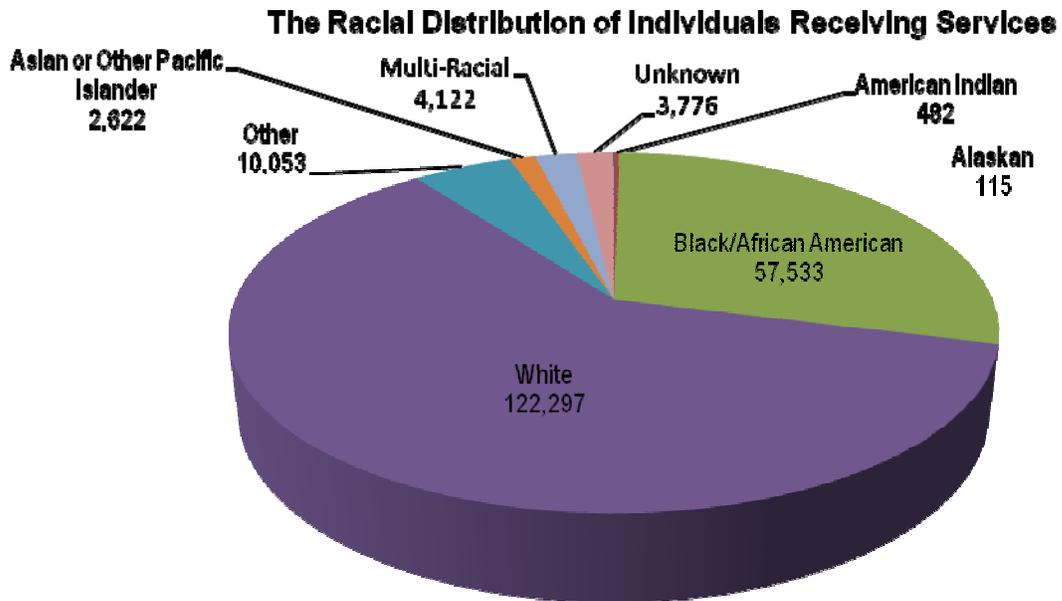


The Age Distribution of Individuals Receiving Services



While the majority of individuals served in Virginia’s public services system are white, the racial diversity of the population served by CSBs is more expansive than that of the facility population. Seven percent of the population served by CSBs is classified as Other Racial or Multi-Racial versus 2.5% of the population served in state facilities. The second most prevalent racial category is Black, which constituted one-third of the population (33%) served at state facilities and 28% of the population served at CSBs.

The number and percentage of individuals served who are identifies as being of Hispanic origin is also higher in the community; with CSBs serving 10,844 (5.6%) individuals and the facilities serving 162 (2.6%) individuals. According to the 2010 Census, 7.9% of Virginia’s population is of Hispanic origin.



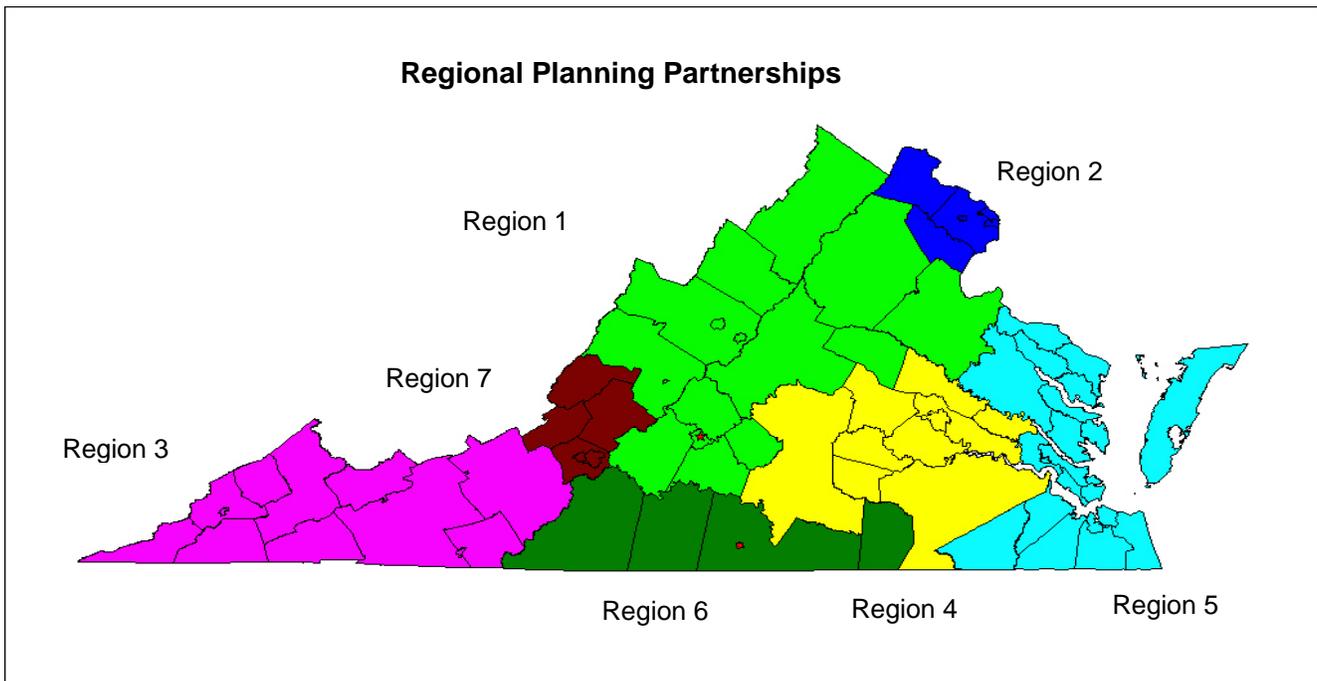
Profile of Anticipated Community Need & Individuals Receiving or Waiting For Services

The following tables summarize the survey results of CSBs unmet needs at a statewide and regional level and compare the anticipated community need (prevalence) with the level of service being provided and the unmet need being experienced for mental health, developmental, and substance abuse services.

Individuals Waiting for CSB Mental Health, Developmental, or Substance Abuse Services

| Populations of CSB Waiting Lists | Numbers Who ARE Receiving Some CSB Services | Numbers Who Are NOT Receiving Any CSB Services | Total Numbers on CSB Waiting Lists |
|--|---|--|------------------------------------|
| <i>CSB Mental Health Waiting List Count</i> | | | |
| Adults | 3,187 | 830 | 4,017 |
| Children and Adolescents (C & A) | 1,327 | 372 | 1,699 |
| Total Waiting for Mental Health Services | 4,514 | 1,202 | 5,716 |
| <i>CSB Developmental Waiting List Count</i> | | | |
| Adults | 3,327 | 713 | 4,040 |
| Children and Adolescents (C & A) | 1,606 | 769 | 2,375 |
| Total Waiting for Developmental Services | 4,933 | 1,482 | 6,415 |
| <i>CSB Substance Abuse Waiting List Count</i> | | | |
| Adults | 1,068 | 704 | 1,772 |
| Adolescents (Adol.) | 55 | 46 | 101 |
| Total Waiting for Substance Abuse Services | 1,123 | 750 | 1,873 |
| Grand Total on All CSB Waiting Lists | 10,570 | 3,434 | 14,004 |

The CSBs have been grouped into seven regions. The following map illustrates the specific local jurisdictions that are located in each region.



Comparison of SMI Mental Health Service Need and 2010 Service Levels:

| Geographic Region of the State | Population Age18+ (2010 Census) | Est. Population with SMI (5.4 %) | Individuals with SMI Served | Individuals Waiting for Services |
|--------------------------------|---------------------------------|----------------------------------|-----------------------------|----------------------------------|
| Region 1 | 1,147,455 | 61,962 | 6,362 | 610 |
| Region 2 | 1,677,325 | 90,575 | 8,429 | 865 |
| Region 3 | 467,570 | 25,250 | 7,303 | 775 |
| Region 4 | 985,727 | 53,230 | 6,597 | 853 |
| Region 5 | 1,388,141 | 74,958 | 10,248 | 596 |
| Region 6 | 265,805 | 14,354 | 3,068 | 164 |
| Region 7 | 215,324 | 11,628 | 2,152 | 154 |
| TOTAL | 6,147,347 | 331,957 | 44,159 | 4,017 |

Comparison of SED Mental Health Service Need and 2010 Service Levels:

| Geographic Region of the State | Population Age 9 through 17 (2010 Census) | Est. Population with SED | Individuals with SED Served | Individuals Waiting for Services |
|--------------------------------|---|--------------------------|-----------------------------|----------------------------------|
| Region 1 | 184,754 | 12,933 | 3,659 | 207 |
| Region 2 | 257,943 | 18,056 | 1,924 | 244 |
| Region 3 | 63,628 | 4,454 | 4,099 | 663 |
| Region 4 | 154,465 | 10,813 | 2,333 | 308 |
| Region 5 | 216,492 | 15,154 | 3,899 | 143 |
| Region 6 | 36,301 | 2,541 | 1,028 | 91 |
| Region 7 | 30,611 | 2,143 | 893 | 43 |
| TOTAL | 944,195 | 66,094 | 17,835 | 1,699 |

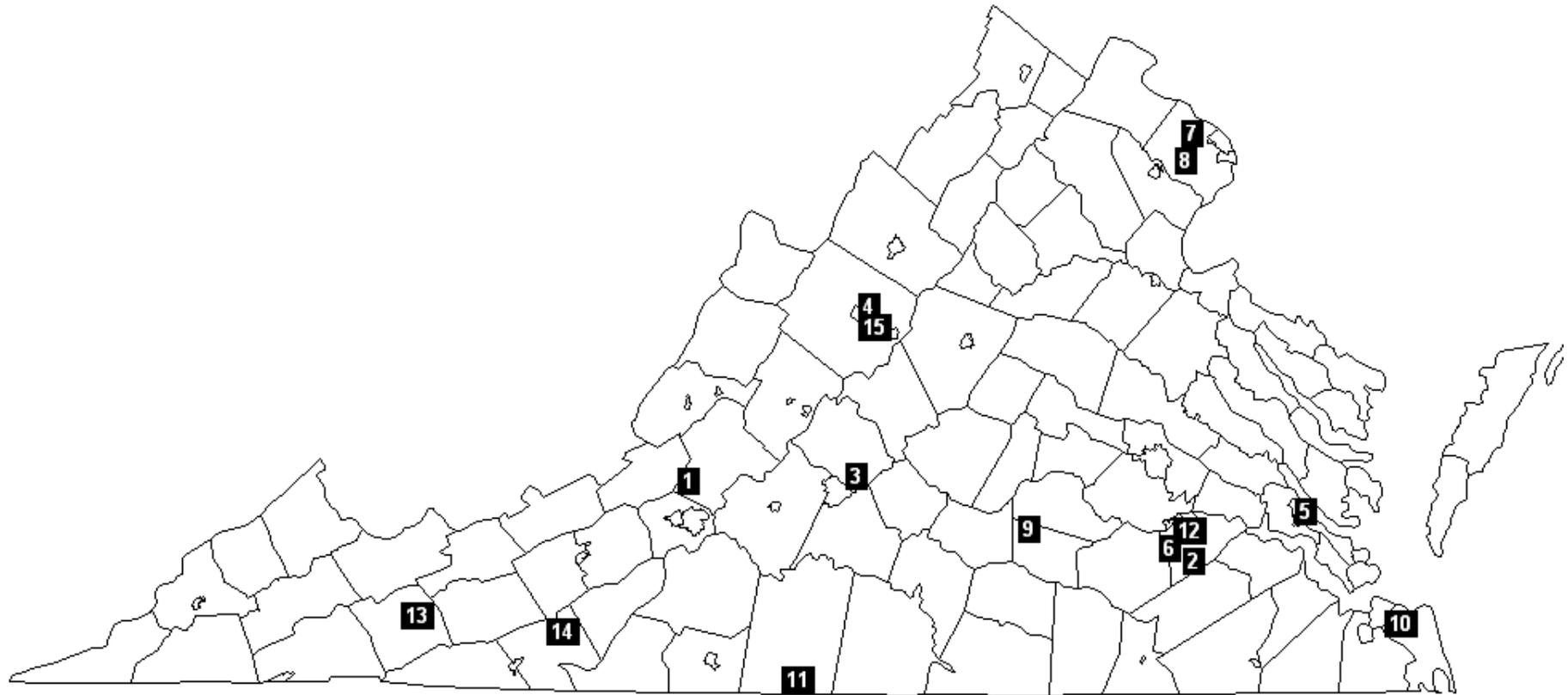
Comparison of Developmental Services Need and 2010 Service Levels:

| Geographic Region of the State | Population Age 6+ (2010 Census) | Estimated Population with ID | Unduplicated # Served | Individuals Waiting for Services |
|--------------------------------|---------------------------------|------------------------------|-----------------------|----------------------------------|
| Region 1 | 1,381,912 | 13,819 | 3,683 | 948 |
| Region 2 | 2,037,333 | 20,373 | 2,994 | 1,556 |
| Region 3 | 544,286 | 5,443 | 1,841 | 459 |
| Region 4 | 1,186,539 | 11,865 | 4,272 | 1,846 |
| Region 5 | 1,669,624 | 16,696 | 4,646 | 1,109 |
| Region 6 | 313,556 | 3,136 | 1,082 | 273 |
| Region 7 | 255,778 | 2,558 | 856 | 224 |
| TOTAL | 7,389,029 | 73,890 | 19,374 | 6,415 |

Comparison of Substance Abuse Service Need and 2010 Service Levels:

| Geographic Region of the State | Population Age 12+ (2010 Census) | Estimated Population with Drug & Alcohol Dependence | Unduplicated # Served | Individuals Waiting for Services |
|--------------------------------|----------------------------------|---|-----------------------|----------------------------------|
| Region 1 | 1,267,562 | 69,716 | 6,327 | 149 |
| Region 2 | 1,853,428 | 99,943 | 8,146 | 470 |
| Region 3 | 506,839 | 41,931 | 5,028 | 256 |
| Region 4 | 1,088,731 | 52,054 | 7,521 | 717 |
| Region 5 | 1,531,830 | 66,687 | 8,602 | 197 |
| Region 6 | 290,491 | 14,931 | 1,664 | 42 |
| Region 7 | 236,170 | 12,139 | 1,373 | 44 |
| TOTAL | 6,775,052 | 348,238 | 38,661 | 1,873 |

State Hospitals and Training Centers



| | <u>Facility</u> | <u>Location</u> | | <u>Facility</u> | <u>Location</u> |
|---|--|-----------------|----|-------------------------------------|-----------------|
| 1 | Catawba Hospital | Catawba | 9 | Piedmont Geriatric Hospital | Burkeville |
| 2 | Central State Hospital | Petersburg | 9a | Behavioral Rehabilitation Center | Burkeville |
| 3 | Central VA Training Center | Madison Heights | 10 | Southeastern VA Training Center | Chesapeake |
| 4 | Commonwealth Ctr. for Children & Adolescents | Staunton | 11 | Southern VA Mental Health Institute | Danville |
| 5 | Eastern State Hospital | Williamsburg | 12 | Southside VA Training Center | Petersburg |
| 6 | Hiram W. Davis Medical Center | Petersburg | 13 | Southwestern VA MH Institute | Marion |
| 7 | Northern VA MH Institute | Falls Church | 14 | Southwestern VA Training Center | Hillsville |
| 8 | Northern VA Training Center | Fairfax | 15 | Western State Hospital | Staunton |

Profile of Individuals Receiving Services at DBHDS Facilities

Mental Health Services:

| Mental Health Facility | # Individuals Served | # Admissions | # Separations |
|--|----------------------|--------------|---------------|
| Eastern State Hospital | 410 | 102 | 147 |
| Western State Hospital | 717 | 557 | 558 |
| Central State Hospital | 671 | 483 | 492 |
| Southwestern VA MHI | 802 | 856 | 849 |
| Northern VA MHI | 836 | 873 | 878 |
| Southern VA MHI | 336 | 325 | 329 |
| Commonwealth Center for Children and Adolescents | 644 | 780 | 774 |
| Catawba Hospital | 341 | 322 | 323 |
| Piedmont Geriatric Hospital | 177 | 68 | 71 |
| Total* | 4,779 | 4,366 | 4,421 |

Medical Services:

| | # Individuals Served | # Admissions | # Separations |
|----------------------------|----------------------|--------------|---------------|
| Hiram Davis Medical Center | 126 | 77 | 76 |

Behavioral Rehabilitation Services:

| | # Individuals Served | # Admissions | # Separations |
|------|----------------------|--------------|---------------|
| VCBR | 295 | 80 | 21 |

Developmental Services:

| Training Center | # Individuals Served | # Admissions | # Separations |
|--------------------------|----------------------|--------------|---------------|
| Central Virginia TC | 417 | 5 | 38 |
| Northern Virginia TC | 182 | 51 | 61 |
| Southeastern Virginia TC | 151 | 19 | 34 |
| Southside Virginia TC | 270 | 10 | 29 |
| Southwestern Virginia TC | 206 | 26 | 31 |
| Total | 1,226 | 111 | 193 |

Source: DBHDS AVATAR Information System

*Unduplicated count (unique individuals) by state facility type

TOTAL UNDUPLICATED COUNT OF INDIVIDUALS SERVED ACROSS ALL STATE FACILITIES: 6,338

MINUTES
STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

II b. Policy and Evaluation Committee
DRAFT MEETING MINUTES

July 26, 2011
Richmond, Virginia

Members Present: Ruth Jarvis (Chair*), Gretta Doering, Andrew Goddard, and Anand Pandurangi.
Members Absent: None.
Staff Present: Paul Gilding and Ruth Anne Walker.

IV. Call to Order

The meeting was called to order at 9:05 a.m. by Ruth Jarvis, Chair.

V. Welcome and Introductions

Ms. Jarvis welcomed everyone to the meeting.

VI. Adoption of Minutes, April 27, 2011

Committee members reviewed and approved the minutes for the April meeting.

VII. Final Draft

This policy was posted for final field review from June 15 to July 17, 2011. The committee considered the comments received and the staff recommendation to approve the draft as final.

- **Policy 6005 (FIN)94-2 Retention of Unspent State Funds by Community Services Boards.**

Dr. Guzman requested additional information about the unspent balances principles. Staff agreed to email him information on how to locate these on the Department's web site. He indicated he was ready to vote on the policy recommendation. The committee voted to recommend the policy as amended be adopted by the full Board at Tuesday's meeting.

VIII. Scheduled Review: Comments from First Field Review and Staff Recommendations

The following policies were distributed for initial field review and comment from June 15 to July 17, 2011. Members considered the comments received, the staff recommendations for action, and provided feedback to staff for next steps with the policies.

1. Policy 2011(ADM)88-3 Naming of Buildings, Rooms and Other Areas at State Facilities

- Staff Recommendation: Maintain, with edits to streamline.

2. Policy 3000(CO)74-10 Department Employee Appointments to Community Services Boards

- Staff Recommendation: Maintain, with minor edits.

3. Policy 5006(FAC)86-29 Razing of Dilapidated Buildings

- Staff Recommendation: Maintain, with edits to streamline.

4. Policy 5008(FAC)87-12 Accreditation/Certification

- Staff Recommendation: Maintain, with minor edits.

The committee voted to accept the staff recommendations on the above four policies.

➤ **Policy 7000(INTER)85-4 Department/University and College Relationships**

Staff Recommendation: Rescind.

The committee voted to receive more detailed information at the next meeting on the current status of the relationships covered by this policy, in order to make an informed recommendation to the board the on action it should take on this policy.

IX. Scheduled Review Matrix

Staff will develop revisions for those policies recommended under V. 1-4. for revisions and arrange for a presentation by the Office of Human Resource Management on Policy 7000 for the next committee meeting. If at the next meeting the committee approves the recommended changes, drafts of policies under V. 1-4 will be circulated for field review in October.

X. Next Steps: *~~October 13~~, 2011

Revised drafts listed in V. will be available for committee review. A report on the need for an Employment First policy will be presented.

**Note: Due to the election of a new Chair and Vice Chair at the Regular Meeting on Tuesday, and the automatic change of the Chair of the Committee per the Board's Bylaws, new Board Vice Chair/new Committee Chair Cheryl Ivey Green requested on Tuesday that the committee hold its next meeting prior to the regular board meeting in October on a date yet to be determined.*

XI. Adjournment

The next meeting of the committee will be on *~~October 13~~, 2011 in ~~Lynchburg~~ Richmond and by phone.

DBHDS STATE BOARD MEETING
MINUTES

Tuesday, July 26, 2011
VBPD, 7th Floor Conference Room
Washington Building
1100 Bank Street
Richmond, VA 23219

Regular Session AGENDA
10:00 a.m.

- Members Present** Ruth G. Jarvis, **Chair***, Cheryl Ivey Green, **Vice Chair**, Daniel E. Karnes, **Former Chair***, Gretta Doering, Andrew Goddard, Joseph Guzman, Jennifer Little, Bonnie Neighbour, Anand Pandurangi
**Note: An election of officers was held on July 26th and Ms. Jarvis assumed the role of Chair, Ms. Ivey Green that of Vice Chair.*
- Staff Present** Charline Davidson, Director of Planning and Development, DBHDS
Paul Gilding, Director of Community Contracting, DBHDS
Linda Grasewicz, Assistant Director and Regional Coordinator, Planning and Budget, DBHDS
Kli Kinzie, Executive Secretary, Office of Human Rights
James W. Stewart, III, Commissioner report
Ruth Anne Walker, Director, Office of Legislative Affairs
Margaret Walsh, Director, Office of Human Rights
- Others Present** Helen Conley, Member and Art Instructor, Kenmore Club of Central Virginia, Rappahannock Area Community Services Board
Christina Delzingaro, State Human Rights Committee Chairperson
Denita Garthe, Kenmore Club of Central Virginia, Rappahannock Area Community Services Board
Karen Grizzard, First Vice-Chair Virginia Association of Community Services Boards, and Chair, Henrico CSB
John P. Lindstrom, Ph.D., Director of Assessment, Emergency, and Medical Services, Richmond Behavioral Health Authority
Linda Redmond, Evaluation and Policy Manager, Virginia Board for People with Disabilities
Jennifer Smith, Counselor, Rappahannock Area Community Services Board
- Call to Order and Introductions** At 10:06 a.m., Daniel Karnes called the July 26, 2011, State Board of Behavioral Health and Developmental Services meeting to order. A call for introductions of members, staff and guests took place prior to proceeding.
- Approval of July 26, 2011 Agenda** At 10:08 Jennifer Little noted that Cheryl Ivey Green's name should be stricken from the agenda on item 3, C.

Upon a motion by Andrew Goddard and seconded by Anand Pandurangi the Board unanimously voted to adopt the July 26, 2011 agenda as amended.
- Officer Elections** At 10:10 Jennifer Little reported that the nominating committee met and discussed officers for the upcoming term. The Nominating committee

recommended Ruth Jarvis for Chair and Cheryl Ivey Green for Vice Chair.

Dan Karnes asked for nominations from the floor. Hearing none Dan Karnes asked for a motion.

Upon a motion by Joseph Guzman and seconded by Andrew Goddard the Board unanimously elected Ruth Jarvis as Chair.

Upon a motion by Joseph Guzman and seconded by Jennifer Little the Board unanimously elected Cheryl Ivey Green as Vice-Chair.

Ruth Jarvis thanked her fellow Board members for their confidence in her, and thanked outgoing Chair Dan Karnes for his past leadership in serving as Chair. Dan Karnes voiced his appreciation and said it has been a pleasure working with his peers on the Board. Ruth Jarvis thanked Cheryl Ivey Green for agreeing to serve as Vice-Chair.

Ruth Anne Walker presented Dan Karnes with a gift and card on behalf of the Board.

At 10: 20 Jennifer Little announced that some people had difficulty passing thru security upon entering the Washington Building. Ruth Anne Walker responded that the difficulty was specific to the individual assigned to the security post and the issue will be addressed with the appropriate parties.

Approval of Draft Minutes

At 10:22 upon a motion by Jennifer Little and seconded by Cheryl Ivey Green the Board approved the minutes of the April 28, 2011 Regular Meeting. The motion carried with one abstention.

Public Comment

At 10:23 Ruth Jarvis called for public comments.

Ms. Helen Conley, Member and Art Instructor for the Kenmore Club of Rappahannock Area CSB (RACSB), talked about the “Art of Recovery” exhibit currently on display. Kenmore Club is a psychosocial clubhouse for adults with severe and persistent mental illness. The “Art of Recovery” show, organized by members of Kenmore Club, features original artwork by adults with mental illness. The show provides a forum for artists living with mental illness to gain confidence in their abilities, challenge mental health stigma, and experience community support.

The RACSB received over 120 submissions and displayed over 70 pieces for the show. Individuals submitted original drawings, paintings, sculpture, textiles, prints, mixed media, and ceramics. Pieces from the travelling exhibit are on display in the Board Room at DBHDS. Helen Conley said it was inspiring to see the show come together and that she hopes the Board will view the show, some pieces of which are available for purchase.

Ruth Anne Walker thanked Helen Conley for coming and thanked Michelle Wagaman, Public Information Officer for RACSB, for her work in setting up the exhibit on display at DBHDS central office.

Ruth Jarvis thanked Helen Conley for coming to the meeting and sharing her comments with the Board.

**Presentation:
Richmond Behavioral
Health Authority**

At 10:25 John P. Lindstrom, Ph.D., Director of Assessment, Emergency, and Medical Services, Richmond Behavioral Health Authority (RBHA) thanked the Board for coming to Richmond. Dr. Lindstrom presented a PowerPoint slideshow on RBHA's expansion, which includes a Residential Crisis Stabilization program. Licensed by DBHDS, the crisis stabilization unit provides a community-based alternative for individuals with mental health and co-occurring disorders in psychiatric distress. Individuals served receive psychiatric evaluation, medication and individualized services.

Bonnie Neighbour asked about the cost of services to persons not covered by Medicaid. Dr. Lindstrom answered that there is no cost to those individuals and went on to say that the focus of the program is on stabilization and respite opportunities. The program issues no forced medication and it does not use seclusion or restraint.

Dr. Lindstrom thanked the Board for having him and wished the Board well as it enters a new year of activities on behalf of the DBHDS.

Anand Pandurangi praised RBHA for development of the new unit and said it was impressive how so much came together in a short span of time. Chairperson Jarvis voiced her praise for the RBHA and John Lindstrom and thanked him for the presentation.

SHRC Annual Report

At 10:45 Christina Delzingaro, Chairperson of the State Human Rights Committee (SHRC), thanked the Board for inviting her to present the 2010 Annual Report of the SHRC. Ms. Delzingaro summarized statistical data for human rights complaints, hearings and appeals. Most human rights complaints and issues are resolved at the local level with the assistance of DBHDS human rights advocates. The advocates work very hard to insure a high level of consumer advocacy system-wide at the local level.

The SHRC strives to overcome various cultural differences to provide a consistent degree of advocacy throughout the Commonwealth across diverse populations needing services. In 2010 the SHRC issued a Bylaws model for the Local Human Rights Committees (LHRCs) to help insure consistency in the role of the LHRCs in direct connection to human rights and in keeping with the outlines provided in the human rights regulation (12 VAC 35-115-et seq).

The SHRC placed a moratorium on the formation of new LHRCs so the growing number of committees would not become unmanageable by the advocate staff who provide quality assurance and technical support to the LHRCs. In clarifying the role of the LHRC, the SHRC is evaluating program requirements for affiliating with LHRCs and the fees associated with affiliation and administrative support of LHRCs. The SHRC continues to support LHRC membership recruitment, and to foster recovery and self-empowerment of DBHDS consumers.

The SHRC continues to work with the Department to develop a consistent patient funds policy and to overcome extraordinary barriers to discharge

from state facilities due to the lack of adequate supports in the community.

The SHRC has again accepted the role of acting as the local committee for the Virginia Center for Behavioral Rehabilitation (VCBR). The number of complaints from residents of VCBR rose significantly due to changes at the facility and the anticipated double-bunking of residents. Jennifer Little voiced concern about double-bunking and rights protections at VCBR.

Anand Pandurangi asked about direct consumer access to the SHRC. The SHRC acts as an appellate body to the LHRCs. Generally, complaint resolution starts at the level of program staff and Director, then to the program's LHRC before going to the SHRC, however, the SHRC can be contacted directly.

Anand Pandurangi asked about uniform human rights training. There are training materials available on the department's web site and human rights advocates provide uniform training for all programs licensed, funded and operated by DBHDS.

Bonnie Neighbour asked about LHRC membership. In its role as an oversight body to the LHRCs, the SHRC is involved in insuring consumer membership and health care providers on LHRCs. The SHRC is tracking membership vacancies and encouraging the merging of LHRCs, as well as investigating possible alternatives in the sharing of mandated positions between LHRCs

Upon a motion by Andy Goddard and seconded by Jennifer Little the Board accepted the submission of the 2010 annual report of the SHRC as presented and in writing.

Gretta Doering commented that as a former member of an LHRC, she commends Margaret Walsh, Human Rights Director, and the human rights advocates for their work on behalf of consumers.

Regulatory Actions

General Matrix Update At 11:19 Linda Grasewicz, Assistant Director, Office of Planning and Development, gave an overview of the regulatory items currently in process.

Petition for Rulemaking from S. Shoon At 11:20 Linda Grasewicz provided background information on seven petitions for rulemaking.

Upon a motion by Andrew Goddard and seconded by Jennifer Little the Board unanimously accepted the department's recommendation to take no action on all seven petitions.

Anand Pandurangi asked if the Commissioner is aware of the recommended action. Linda Grasewicz answered that the Commissioner has been informed of the status and recommendations every step of the way.

Commissioner Report At 11:25 James W. Stewart, III, Commissioner, reported on the status of the Department of Justice case. Any proposed agreement regarding the case will have to be presented to the General Assembly for approval of funds.

Reporting on the implementation of budget initiatives, Commissioner Stewart provided an update on the diversion of people from Eastern State Hospital (ESH). The department is working to prevent new admissions to the hospital and to effect transfers out of the hospital. The department is evaluating the transition to the community in all five health planning regions. The department continues to address the various issues of the SVP (Sexually Violent Predator) program at VCBR, with special focus on the planned double-bunking of residents. The department is also working on expanding the kitchens, etc., to accommodate a larger census.

DBHDS is pursuing a block grant for the dispensation of medications to criminal justice agencies and the community in support of the inmates who are transitioning to the community.

Commissioner Stewart reported on management positions currently in recruitment at the department.

Ruth Jarvis thanked Commissioner Stewart for his thoroughness when informing the Board of the department's activities and for the balance with which the information is given.

Committee Reports

Grant Review At 11:50 Linda Grasewicz reported that since the last Board meeting the department has received one grant that will come before the Grant Committee's review next week.

Jennifer Little asked that the Office of Planning and Budget work to be sure the Board does not implement duplicate requests for grants. Anand Pandurangi asked about the process for writing and co-writing grants with the department. The department has a Departmental Instruction that outlines the process for letters of intent / letters of support for grants that anyone wants to pursue. Charline Davidson said that it really is up to the individual office within the department to identify grant opportunities.

Planning & Budget At 11:58 Charline Davidson reported that earlier in the morning the Planning and Budget Committee looked at data to be used for the next statutory plan. An updated plan is issued every other year. The main focus for the next statutory plan will be on the Commissioner's Creating Opportunities Initiatives. Linda Grasewicz reported that Joseph Guzman's corrections will be made to the draft document.

Linda Grasewicz reviewed the schedule for adoption of the comprehensive plan. A draft will be ready for review at the October Board meeting. In December the Board will be asked to accept the plan before presentation to the General Assembly.

Jennifer Little asked if this is the appropriate time for review of services provision to children transitioning to adulthood. Ruth Anne Walker suggested that the Planning Committee can meet before the next Board meeting for this review.

Policy Development and Evaluation At 12:10 Ruth Anne Walker reviewed changes to State Board Policy 6005 (FIN) 94-2, Retention of Unspent State Funds by Community Services Boards. Paul Gilding provided some background on why certain language

is being stricken from the text. Joseph Guzman asked to have a copy of the document. The Board discussed how funds are carried forward and how to avoid frivolous expenditures.

Upon a motion by Andrew Goddard and seconded by Anand Pandurangi the Board unanimously adopted the recommendation to approve the revised State Board Policy 6005 (FIN) 94-2, Retention of Unspent State Funds by Community Services Boards, as presented.

At 12:21 Ruth Anne walker reported that the Policy and Evaluation Committee has reviewed Policy 2011 (ADM) 88-3, Naming of Buildings, Rooms and Others at State Facilities; Policy 3000 (CO) 74-10, Department Employee Appointments to Community Services Boards; Policy 5006 (FAC) 86-29, Razing of Dilapidated Buildings; and Policy 5008 (FAC) 87-12, Accreditation/Certification. The committee agreed to maintain these four policies and approved them to go forward with some edits. The Committee recommends staff incorporate edits to the policies and bring them before the Board in October as initial drafts for acceptance.

The Policy and Evaluation Committee also reviewed Policy 7000 (INTER) 85-4, Department/University and College Relationships. The Committee recommends staff gain additional information before presenting to the Board for review and action on this policy.

Upon a motion by Jennifer Little and seconded by Cheryl Ivey Green the Board unanimously accepted the recommendations of the Policy and Evaluation Committee.

Break for Lunch At 12:28 Ruth Jarvis called for a break.

At 12:55 Ruth Anne Walker requested additions to Miscellaneous Business.

The Board approved a general agreement to add Confirmation of Discussion for the Retreat: a) 2012 Meeting schedule; and b) Communications on Priorities; and Schedule for Review of the Annual Executive Summary.

Departmental Instructions At 12:56 Charline Davidson, Director, Office of Planning and Development, presented a PowerPoint slide show on an Overview of DBHDS Departmental Instructions (DIs). There is a wide range of subjects or topic areas covered by the DIs, which varies from very broad areas to very specific operational guidance. The purpose of DIs is to provide a formal structure and consistent process for communicating agency policy and guidance and to promote uniform implementation of procedures across the central office or state facilities, or both. Charline Davidson summarized the process for developing or revising Departmental Instructions.

Jennifer Little asked if the DIs have been revised to update the agency name change. As the DIs come up for revision, the department name is updated.

Ruth Jarvis thanked Charline Davidson for her presentation.

VACSB At 1:21 Karen Grizzard, First Vice-Chair VACSB and Chair, Henrico CSB, provided an update on activities of the Virginia Association of Community Services Boards. Ms. Grizzard took a few minutes to talk about how she

became involved in the volunteer work of the CSB, and then reviewed the VACSB 2012 – 14 Budget Priorities. The VACSB funds services that support consumer choice, recovery and independence through quality care and flexible, integrated services.

The VACSB Public Policy Committee recommends funding priorities for children and families and requests that DBHDS make available funding needed for DMAS to increase reimbursement for early intervention targeted case management. The VACSB also requests that the Department develop a plan by November 2012 to sustain funding and infrastructure to Part C early intervention supports for infants and toddlers. Funds are requested for the prevention of high-risk behavior among youth and to provide behavioral health services for youth.

The Children's Council requests an Autism Spectrum Disorder (ASD) initiative to develop a workforce to provide ASD training for CSBs. The initiative would train staff to provide services to those with ASD as well as educate families how to access non-school based specialized mental health services and supports. VACSB also requests funding for developmental services and supports for families of people with intellectual disabilities and for people with substance abuse disorders, as well as mental health supports for adults.

The VACSB will host a conference on Coordinated and Integrated Healthcare in Richmond on August 18 and 19, 2011. The conference will highlight healthcare integration, substance abuse disorders and primary healthcare integration, and workshops on financing healthcare integration.

Jennifer Little asked about finding and identifying those people who need Part C Services. Ruth Anne Walker commented that Commissioner Stewart is currently recruiting for a Part C Administrator for DBHDS. Anand Pandurangi asked about the managed care aspect of providing supports. Paul Gilding said the department is working on crafting a proposal to shift the focus from managed care to community supports. At this time models are changing and everything is in a state of flux.

Miscellaneous At 1:38 the Board discussed the availability of funds for Board members to attend trainings and conferences.

At 1:42 Jennifer Little commented that she thinks the Board still has a lot of work to do in connecting crisis services with the CSBs. She described a recent situation and said there is a disconnect in dealing with the criminal justice system, especially for people with mental illness. Anand Pandurangi said that from a system perspective the services system and the justice system is not continuous. People continuously fall thru the cracks and there is a serious need for this to be addressed.

At 1:45 Dan Karnes reported that he continues to attend meetings of the Catawba Partnership. The partnership works very closely with private hospitals to improve services delivery and facilitate the transitioning from facilities to the community.

Joseph Guzman reported that during the sub-committee meeting, it was noted that Hispanics are not included in the demographics under review. He suggested that information on the Hispanic community should be tracked

along with the others.

Ruth Jarvis attended two Chesapeake CSB meetings. She participated in a dialog concerning the removal of consumers from Southeastern Virginia Training Center. Now that some of the community buildings are going up, families are witnessing how well the system is working and they have gained confidence in the department's moving of consumers to community supported arrangements.

Ruth Jarvis has attempted to contact Western Tidewater CSB about attending their meetings but has not had a response from them. Staff will try to establish contact with them.

Board Liaison Reports *The Board approved the additions to the agenda: Confirmation of Discussion for the Retreat a) 2012 Meeting schedule and b) Communications on Priorities; and Schedule for Review of the Annual Executive Summary.*

Additions to the Agenda At 2:00 Ruth Anne Walker reported that the Quarterly Budget Report is provided in the packet for information. Paul Gilding commented on yearly appropriations.

Ruth Jarvis asked about funds for Board members to attend training and workshops. Board members can work with staff to submit travel reimbursement vouchers for travel associated with liaison activities.

Quarterly Budget Report *At 2:12 upon a motion by Jennifer Little and seconded by Bonnie Neighbour the Board unanimously accepted the recommendation in support of Commissioner Stewart's Creating Opportunities Plan.*

At 2:15 Ruth Anne Walker discussed the proposed 2012 meeting schedule with the Board.

Upon a motion by Jennifer Little and seconded by Andrew Goddard the Board unanimously adopted the 2012 meeting schedule as discussed.

Other Business & Adjournment At 2:22 Ruth Anne Walker reviewed the Annual Executive Summary with the Board. A draft will be provided in October for review and approval at the December meeting.

Upon a motion by Cheryl Ivey Green and seconded by Jennifer Little, having no further business to discuss, the July 26, 2011 BDHDS State Board meeting adjourned at 2:24.

Respectfully Submitted:

Ruth G. Jarvis, Chair*

Kli Kinzie, Secretary

**Note: An election of officers was held on July 26th and Ms. Jarvis assumed the role of Chair, Ms. Ivey Green that of Vice Chair.*

A. Current and Pending Regulatory Actions – OCTOBER 2011

2011 Regulatory Actions in Progress

| Code Section | Title | Action Start Date | Current Stage | Under Current Review by | Review Start Date |
|---------------|---|-------------------|---------------|-------------------------|-------------------|
| 12 VAC 35-105 | Licensing | 2/15/2007 | Final | Governor | 11/11/10 |
| 12 VAC 35-115 | Human Rights | 6/4/2009 | Final | HHR Sec. | 6/7/11 |
| 12 VAC 35-220 | Certification Requirements for Early Intervention Case Managers | 5/17/11 | Emergency | HHR Sec. | 5/17/11 |
| 12 VAC 35-220 | Certification Requirements for Early Intervention Case Managers | 5/17/11 | NOIRA | HHR Sec. | 5/17/11 |

B. Authorization of Periodic Reviews

Based on recent General Assembly action that modified what is required of the Board related to its periodic review of regulations and guidance from the Department of Planning and Budget, there are several regulations for which the Board will need to initiate a periodic review.

Period Review Schedule

| Code Section | Title | Mandate | Last | Periodic Review |
|--------------|--|---|-----------|-----------------|
| 12VAC 23-46 | Children's Residential Facilities | Code of Virginia §§ 37.2-408 and 37.2-203 | 12/2/2008 | By 12/2012 |
| 12VAC 35-115 | Human Rights | Code of Virginia §§ 37.2-400 and 37.2-203 | 9/2007 | 10/2011 |
| 12VAC 35-210 | Temporary Leave from State Facilities | Code of Virginia §§ 37.2-837 and 37.2-203 | 7/2007 | 10/2011 |

The requested Board action is to authorize periodic reviews of the 12VAC 35-115, the Human Rights regulations and 12VAC 35-210, the Temporary Leave regulations. A summary of public comments received, as well as any recommended regulatory action that results from these reviews, will be presented to the Board at the December meeting.



COMMONWEALTH of VIRGINIA

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

MEETING AGENDA

Wednesday, October 12, 2011

6:00 p.m. – 7:30 p.m.

Central Virginia Community Services (Old Forest Road Facility)
3410 Old Forest Road, Lynchburg, Virginia

- 6:00** **Welcome and Introductions**
Ruth G. Jarvis, Chair
State Board of Behavioral Health & Developmental Services
- Nancy Cottingham, Chief Executive Officer
Central Virginia Community Services
- 6:10** **DINNER**
- 6:40** **PRESENTATION – CENTRAL VIRGINIA COMMUNITY SERVICES**
- Nancy Cottingham
- 7:10** **COMMENTS/DISCUSSION**
- 7:20** **REMARKS**
Dale Woods, Director
DBHDS Central Virginia Training Center
- 7:25** **CLOSING REMARKS**
Olivia Garland, Deputy Commissioner
Department of Behavioral Health & Developmental Services
- Ruth G. Jarvis
- 7:30** **ADJOURNMENT**

REGULAR BOARD MEETING, 9:30 A.M., THURSDAY, OCTOBER 13, 2011 (INCLUDES FACILITY TOUR AT 10:30 A.M.)
DBHDS CENTRAL VIRGINIA TRAINING CENTER, NAGLER BUILDING (#50), 521 COLONY ROAD, MADISON HEIGHTS, VA 24572

EVENT SCHEDULE

Wednesday – Thursday, October 12-13, 2011

| | |
|------------------|--|
| Wednesday | <p><u>COMMUNITY TOUR AND BUSINESS DINNER PROGRAM</u></p> <p><u>4:00 p.m.</u> Overnight Guests are checked in or have at least arrived and are ready to leave:</p> <ul style="list-style-type: none"> • Wingate By Wyndham 3777 Candler's Mountain Road Lynchburg, Va 24502 (434) 845-1700 phone (434) 845-1800 fax Website: www.wingate-lynchburg.com <i>An interactive map can be found at this link.</i> <p><u>4:00 p.m.</u> DEPART FROM LOBBY AT 4:00 p.m. sharp. (OR, go directly to Stop #1 from out of town)</p> <p><u>4:10 – 6:00 p.m.</u> Central Virginia Community Services made arrangements for a THREE-STOP TOUR of community programs, with the last stop being the location for dinner.</p> <ul style="list-style-type: none"> • Program: Presentation by Central Virginia Community Services • Attendees: State Board Members, CSB staff and Board Members, Central Office staff, CVTC staff, General Assembly Members. |
|------------------|--|

| Stop | Arrival Time | Departure Time | Location | Programs Reviewed |
|----------|--------------|---|---|---|
| 1 | 4:10 | 4:25 <small>(12 minutes to T/B)</small> | Courtland Center 620 Court St. Lynchburg, VA 24504 | <u>Services for Adults</u> Crisis Stabilization Medical Detoxification Access & Emergency Services |
| 2 | 4:40 | 5:00 <small>(9 minutes to Old Forest)</small> | Timothy & Bethany Homes 3009 Roundelay Dr. Lynchburg, VA 24502 | <u>Services for Adults with Intellectual Disability</u> Intermediate Care Facilities (ICF) |
| 3 | 5:30 | 6:00 | Therapeutic Day Treatment 3410 Old Forest Rd. Lynchburg, VA 24501 | <u>Services for Children & Adolescents</u> Therapeutic Day Treatment Kindred Homes Early Intervention Services Adolescent Substance Abuse Program |
| | 6:00 | 7:30 | Dinner & Presentations (same location) | Central Virginia Community Services (Day Support Program location) |

Schedule continued next page.....

| | |
|--------------------------------|--|
| TUESDAY | <p><u>REGULAR BOARD MEETING SCHEDULE</u></p> <p>DBHDS CENTRAL VIRGINIA TRAINING CENTER NAGLER BUILDING (#50) 521 COLONY ROAD MADISON HEIGHTS, VA 24572</p> |
| <u>8:30 – 9:20 a.m.</u> | <p>Committee Meeting at 8:30 a.m. The Planning and Budget Committee will meet in the Room 106, NAGLER BUILDING (#50)</p> |
| <u>9:30 a.m.</u> | <p>Regular Meeting at 9:30 a.m. – 2:15 p.m. → <i>includes 10:30 – 11:30 a.m. facility tour</i></p> |
| <u>2:15 p.m.</u> | <p>Adjournment</p> |

➤ **Wingate by Wyndham**

3777 Candler's Mountain Road
Lynchburg, Va 24502
(434) 845-1700 phone
(434) 845-1800 fax

DIRECTIONS TO THE HOTEL for those staying overnight (some main directions to the Lynchburg area on the last page may be helpful):

- **FROM US 460:** Exit Liberty University Rt. 670, Hotel on right.
- **From West US 460:** Exit at University Blvd., Turn right off exit then, Turn right again at stop light at Hardees, Hotel on right.
- **From US 29:** Exit 8B for Liberty University, Turn right at 2nd stop light, Hotel is 1/4 mi. on the right.

For electronic mapping to the hotel: www.wingate-lynchburg.com

SEQUENTIAL DRIVING DIRECTIONS TO WEDNESDAY TOUR LOCATIONS

TOUR STOP #1: Directions from Wingate Hotel to Courtland Center

Courtland Center (620 Court St., Lynchburg, VA 24504) tour will begin at 4:10 p.m.

1. Start out by taking a left out of the hotel parking lot onto Candler's Mountain Rd.
2. Continue **straight** on **Candler's Mountain Rd.** through two stoplights (will pass Thomas Road Baptist Church on your left and Toys 'R US on your right).
3. After the second light, take a **right** onto **501 N ramp** (Applebee's restaurant will be in front of you to your right as you turn onto the ramp).
4. **Merge** onto **501 N**
5. Pass through two stoplights (pass a Wells Fargo on your right).
6. After you pass Wells Fargo on your right you will get into the **right** turning lane to take the **US-29 N Charlottesville ramp.**
7. **Merge** onto **US-29-BR N**
8. Continue **straight** on **US-29-BR N**
9. Take the **Main Street exit** on your **right, EXIT 1A**, towards **Downtown/Riverfront.**
10. Turn **right** onto **Main Street.** You will continue through two lights.
11. At the third stoplight (12th and Main) take a **left** onto **12th Street.**
12. Continue through one stoplight
13. At the **second stoplight** you come to on 12th Street you will take a **right** onto **Court St.**
14. Continue **straight** on Court St. , you will come upon a **two way stop intersecting with 7th Street.**
15. **Courtland Center** will be your **right.** (For parking, continue to the light -intersection of Court and 5th St. – take a right and another immediate right into a gravel parking lot)

➤ Depart at 4:30 p.m. for Tour Stop #2

TOUR STOP #2: Directions from Courtland Center to Timothy & Bethany Homes

The drive time is 12 minutes to **Timothy & Bethany Homes** (620 Court St., Lynchburg, VA 24504 to 3009 Roundelay Rd. Lynchburg, VA 24502). Tour will begin at 4:45 p.m.

1. Leave Courtland Center and head **straight on Court St. (Courtland Center should be on your left)** toward 12th street (you will past the circuit courts and Police Station on your right).
2. **At the light** (intersection of Court St. and 12th street), **take a left onto 12th street**, stay in far right lane (Post Office will be on your right as you approach light).
3. At the **next light**, which is the intersection of 12th and Church St. take a **right onto Church St. heading towards 29 BR-S.**
4. Travel **straight on Church St.** (past the Y on your right) and reach the **29 S ramp on your right.**
5. Take the ramp, on **right**, to **US 29-BR S**
6. Continue **straight** onto **29-BR S**

7. **US 29-BR S becomes 501 N.** Continue **straight** on **501 N**, you will come upon a **sign for exit 10B for 460- BR W/Timberlake Rd on your right.**
8. **Take exit 10B**, on **right** towards **460-BR W/Timberlake Rd.** and merge onto Timberlake Rd.
9. Continue **straight** through three lights, you will pass Vinny's Grill and Exxon on your right.
10. You will pass through the third light and continue up a hill, at the top of the hill apartment complexes will be on your left, Roundelay Rd. will be on your right.
11. Turn **right** onto **Roundelay Rd.**(There will be a yellow sign for Power 2 Excel: Child Development Center)
12. Continue **straight** on Roundelay Rd. until you come upon Thomas More Church, Timothy and Bethany homes will be on your right.
13. Arrive at **3009 Roundelay Rd. Lynchburg, VA 24502 on right.**

➤ **Depart at 5:15 p.m. for Tour Stop #3 (final stop)**

TOUR STOP #3 (and dinner location): Directions from Timothy & Bethany Homes to Day Treatment Facility The drive time is 9 minutes to CVCS' Day Treatment Facility (3009 Roundelay Rd. Lynchburg, VA 24502 to 3410 Old Forest Rd. Lynchburg, VA 24501).

- **The tour will begin at 5:30 p.m.**
- **Dinner and presentation will also take place in this facility 6-7:30 p.m.**

1. Take a **left** out of Timothy & Bethany homes.
2. Continue **straight** until Roundelay Rd. runs into Timberlake Rd.
3. Take a **right** onto Timberlake Rd. and stay in the right lane.
4. Continue on to the first light (at the Shell gas station, intersection of Timberlake and Old Graves Mill Rd.) and take a **right** onto Old Graves Mill Rd.
5. Continue **straight** on Old Graves Mill Rd. until you reach a light where Old Graves Mill Rd. dead ends into Graves Mill Rd.
6. Take a **right** onto Graves Mill Rd.
7. Continue **straight** through the first and second lights and prepare to take a left at the third light to merge onto **501 N.**
8. Turn **left** to merge onto **501 N.**
9. You will arrive at the first stoplight at **Lakeside Drive.** There is a Honda dealership across the street on your left. Go **Straight** at the light. You are now on **Old Forest Road.**
10. In a block, 501N exits to your left (Doss Expressway). Continue **Straight** on **Old Forest Road.** You should begin to see small businesses on both sides.
11. Get in the Left Lane. Go **straight on Old Forest Road through the light at Wigginton.**
12. **At the next light for King's Drive, turn Left into the parking lot for the "Y Express". There is also a restaurant called Suzaku Café on the corner.** Your destination will be adjacent to the Y Express, 3410 Old Forest Rd.

DIRECTIONS to State Board of BHDS Meeting

9:30 a.m. Thursday, October 13, 2011

Central Virginia Training Center, AV Room, Nagler Building (#50), 521 Colony Road, Madison Heights, VA 24572

Time: The Planning and Budget Committee begins at 8:30 a.m., and the Regular Board Meeting at 9:30 a.m.

Regular Meeting Location: DBHDS Central Virginia Training Center
AV MEETING ROOM, Nagler Building (#50)
521 Colony Road
Madison Heights, VA 24572

DIRECTIONS: THIS PAGE HAS DRIVING DIRECTIONS TO THE DBHDS CENTRAL VIRGINIA TRAINING CENTER.

FROM NORTHERN VIRGINIA

I-66 West to Rt. 29 South, Lynchburg. Follow Directions for Rt. 29 Southbound.

FROM NORTHERN SHENANDOAH VALLEY

I-81 South to I-64 East at Staunton. Take I-64 East to Exit 99 (Rt. 250 Afton/Waynesboro). Bear right on ramp at blinker light onto Rt. 250 (Afton). Follow Rt. 250 to the bottom of hill. Turn right on Rt. 151. Proceed 10 miles and turn left on Rt. 6 towards Rt. 29. Turn right onto Rt. 29 South towards Lynchburg. Follow directions below for Rt. 29 Southbound.

****ROUTE 29 SOUTHBOUND (NORTH OF LYNCHBURG)****

Follow Rt. 29 South, taking care to remain on the main road towards Lynchburg-Danville. Do not exit onto or follow Rt. 29 (Business) South. Exit at Rt. 210 West, Downtown Lynchburg. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

FROM ROUTE 29 NORTHBOUND (SOUTH OF LYNCHBURG)

Take Rt. 29 North past the Lynchburg Airport to Rt. 460 East, Appomattox. Do not continue North on Rt. 29 (Business). Proceed East on Rt. 460 to Rt. 29 North. Once you cross the James River on the Monacan Bridge on Rt. 29, take the first exit, Rt. 210 West. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

FROM ROUTE 460 EASTBOUND (WEST OF LYNCHBURG)

Follow I-81 North to the I-581 South/220 South Exit. Merge onto I-581 South. Exit at Rt. 460 East - Orange Avenue. Follow Rt. 460 East to Lynchburg and continue past the exits for Rt. 29 Business North and Liberty University. Exit onto Rt. 29 North. Once you cross the James River on the Monacan Bridge on Rt. 29 North, take the first exit, Rt. 210 West. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

FROM EAST OF LYNCHBURG – TWO OPTIONS:

FROM I-64 WESTBOUND (FROM EAST OF LYNCHBURG)

I-64 West to Charlottesville, take the exit for Rt. 29 South, Lynchburg. Follow directions above for Rt. 29 Southbound.

FROM ROUTE 460 WESTBOUND (EAST OF LYNCHBURG)

Rt. 460 West. Follow Rt. 460 West until you see the exit for Rt. 726, Mt. Athos Road. Continue on Rt. 460 West 1 mile past the Mt. Athos Road exit and take the exit to Rt. 29 North. Cross the James River on the Monacan Bridge and take the exit for Rt. 210 West. Follow Rt. 210 West to first traffic light, turn left onto Rt. 334 South (Colony Road) and proceed straight onto campus.