

**DBHDS STATE BOARD MEETING**  
**Wednesday, October 12, 2011**

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**Thursday, October 13, 2011**

***MINUTES***

Central Virginia Training Center  
Nagler Building (# 50)  
521 Colony Road  
Madison Heights, Virginia  
24572

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**Regular Session AGENDA**

**9:30 a.m.**

**Members Present** Ruth G. Jarvis, **Chair**, Andrew Goddard, Daniel E. Karnes, Bonnie Neighbour, Anand Pandurangi

**Members Excused** Cheryl Ivey Green, **Vice-Chair**, Gretta Doering, Joseph Guzman, Jennifer Little

**Staff Present** Charline Davidson, Director of Planning and Development  
Heidi Dix, Assistant Commissioner, Developmental Services  
Olivia J. Garland, Ph.D., Deputy Commissioner  
Paul Gilding, Director of Community Contracting, DBHDS  
Linda Grasewicz, Assistant Director and Regional Coordinator, Planning and Budget, DBHDS  
Katharine Hunter, Child and Family Services  
Kli Kinzie, Executive Secretary, Office of Human Rights  
Lee Price, Director, Director, Developmental Services  
Carolyn Robinson, Policy and Planning Manager, CVTC  
Adam Sass, Developmental Services, Community Resources  
Pervis Thomas, Training Instructor, CVTC  
Ruth Anne Walker, Director, Office of Legislative Affairs  
Dale Woods, Facility Director, Central Virginia Training Center  
Dianne Young, Media Specialist, Central Virginia Training Center

**Others Present** Nancy Cottingham, Executive Director, Central Virginia Community Services  
Lynn Crammer, Board Chair, VACSB  
Charles Fallis, President, Families and Friends United for CVTC  
William R. Frank, Public Policy Manager, Va Association of Community Services Boards  
William R. Frank, Public Policy Manager VACSB

Karen Wilder, Executive Director, ARC of Central Virginia

**Call to Order and Introductions**

At 9:30 a.m., Ruth Jarvis called the October 13, 2011, State Board of Behavioral Health and Developmental Services meeting to order. A call for introductions of members, staff and guests took place prior to proceeding.

**Approval of October 13, 2011 Agenda**

*At 9:36 upon a motion by Dan Karnes and seconded by Andrew Goddard the Board unanimously voted to adopt the October 13, 2011 agenda as circulated.*

**Approval of Draft Minutes**

*At 9:37 upon a motion by Andrew Goddard and seconded by Anand Pandurangi the Board unanimously approved the minutes of the July 25, 2011 Planning Retreat.*

*Upon a motion by Dan Karnes and seconded by Bonnie Neighbour the Board unanimously approved the minutes of the July 26, 2011 meeting.*

*Ruth Jarvis thanked Dale Woods and staff for hosting the Board meeting Ms. Jarvis thanked all present for attending the meeting and thanked Nancy Cottingham for arranging the program tours, the business dinner and presentation given on the evening of October 12.*

*Ms. Jarvis recognized Olivia Garland, Deputy Commissioner, for participating on behalf of Commissioner Stewart.*

**Public Comment**

At 9:41 Ruth Jarvis called for public comments.

Charles Fallis, President of Families and Friends United for CVTC (Families and Friends) addressed the Board and talked about his organization's history and mission. He stated that membership in the organization has dwindled over the years due to the reduced number of residents at the training center. Mr. Fallis recognized the Board's role in facilitating the transition of residents to the community and stated that Families and Friends will not try to stop anyone who wishes to go, however, in their view the overwhelming majority of residents at CVTC are profoundly developmentally challenged and the community is not ready to receive them. Mr. Fallis asked that the Board please keep this in mind as it pursues the transition to the community and to please be aware that, in some cases, the group feels the transition to the community can be a death sentence.

Ruth Jarvis thanked Charles Fallis for coming to the meeting and sharing comments with the Board.

**Regulatory Actions**

**General Matrix Update**

At 9:49 Linda Grasewicz, Assistant Director, Office of Planning and Development, gave an overview of the regulatory items currently in process.

**Authorization of Periodic Reviews**

At 9:52 Linda Grasewicz provided an overview on the periodic review of regulations. Every state regulation must be reviewed every four years to:

- (1) ensure it is supported by statutory authority (as determined by the Office of the Attorney General),
- (2) determine that the regulation is (a) necessary for the protection of public health, safety and welfare and (b) clearly written and easily understandable, and to
- (3) make sure its economic impact on small businesses is minimized as much as possible.

Andrew Goddard asked for more information regarding who will conduct the economic study and how it will be conducted. DBHDS staff will conduct the study.

Linda Grasewicz respectfully requested that the Board make a determination to begin the periodic review of the human rights regulations and the Temporary Leave from State Facilities.

*Upon a motion by Dan Karnes and seconded by Andrew Goddard the Board unanimously authorized initiation of the Temporary Leave and the Human Rights regulations.*

**Central Virginia Training Center: Overview**

At 10:00 Dale Woods, Ed. D., Director, CVTC, provided an overview of Central Virginia Training Center. Dr. Woods again welcomed all to CVTC. CVTC is the largest of the five training centers in DBHDS. The facility began as an epileptic colony in 1910 and soon began serving individuals with developmental disabilities. Currently 280 persons are served in the ICF/MR portion of the facility, which is the level of care provided at the other four training centers. CVTC also provides skilled nursing to the residents.

CVTC places emphasis on learning activities, physical activities and on development of increasing independence through activities of daily living.

Ruth Jarvis thanked Dale Woods for his presentation.

*BREAK FOR CVTC TOUR*

At 10:30 the Board recessed in order to take a tour of CVTC.

At 12:00 Ruth Jarvis called the meeting to order.

**Committee Reports**

**Grant Review**

At 12:00 Linda Grasewicz briefly reported on grant reviews.

**Planning & Budget**

At 12:01 Charline Davidson, Director, Office of Planning and Budget, reported on the Comprehensive State Plan. The public comment period will begin on October 14, 2011.

Ms. Davidson turned the floor over to Linda Grasewicz. On November 9, 2011, at 2:00 p.m. a video conference will be held to allow the public the opportunity to provide comments on the plan. Host sites Eastern State Hospital, Fairfax Falls Church CSB, Southside Virginia Training Center and Blue Ridge Behavioral Healthcare will be linked so that each site can see and hear comments from other sites. Video will be posted in the DBHDS web site and Commissioner Stewart will send out notice to advise the public and constituents of the availability of the plan.

Ruth Jarvis thanked Linda Grasewicz and Charline Davidson.

Ruth Jarvis asked Board members to make commitments now to cover the sites as representatives of the Board. Ms. Jarvis will cover the Eastern State Hospital site. Ms. Jarvis suggested Board members contact the CSBs in their catchments areas prior to the November 9 hearing and discuss issues and concerns about what will be going on. Ruth Jarvis hoped also that Board members will be informed as to what the strategic plan will include.

**Policy Development and Evaluation**

At 12:12 Ruth Anne Walker provided an update on policy development and evaluation. The committee met in September to continue work on the current block of five existing policies under review. She indicated that the presentation later in the Board meeting on Employment First was to inform Board members of this initiative in advance of the development of a new policy regarding Employment First.

**Commissioner's Report**

At 12:15 Olivia J. Garland, Ph.D., Deputy Commissioner, reported on behalf of Commissioner Stewart. Dr. Garland commended Dr. Woods on his leadership of Central Virginia Training Center and spoke highly of his extensive experience and compassion.

Dr. Garland reported on the State and International Conferences on Crisis Intervention Team (CIT) held in Virginia Beach recently to address strategies for special training for law enforcement to give them necessary tools to appropriately work with individuals with disabilities whom they might encounter in the community.

**Discharge Planning Process Overview**

At 12:40 Heidi Dix, Assistant Commissioner, Developmental Services, provided an overview on Improving Discharge Processes Updates and on expected changes to Medicaid Waivers.

**Employment First**

At 1:10 Lee Price, Director, Office of Developmental Services (ODS),

<b>Initiative</b>	and Adam Sass, also with ODS, presented on Employment First, a statewide initiative to increase opportunities for competitive employment for individuals with developmental disabilities in the community.
<b>Presentation of Board Resolution</b>	<p>At 1:34 Ruth Jarvis presented a DBHDS State Board Resolution to former Chair Daniel Karnes. Ms. Jarvis thanked Mr. Karnes for his past leadership of the Board. Ms. Jarvis also thanked Ruth Anne Walker for her involvement and support of the Board.</p> <p>Ms. Jarvis asked Mr. Karnes to stand as she read the Resolution aloud. (Addendum)</p> <p>Mr. Karnes thanked the Board for this recognition and said it has been an honor to serve.</p>
<b>Update on Children’s Mental Health Services</b>	<p>At 1:39 Katharine Hunter, Office of Child and Family Services, provided an update on children’s mental health services.</p> <p>Ruth Jarvis thanked Ms. Hunter on behalf of the Board.</p>
<b>Update on the Virginia Association of Community Services Boards</b>	<p>At 1:52 Lynn Crammer, Board Chair, and William R. Frank, Public Policy Manager, of the Virginia Association of Community Services Boards provided an update of budget priorities of the VACSB.</p> <p>Ruth Jarvis thanked Lynn Crammer and William Frank.</p>
<b>Board Liaison Reports</b>	At 2:00 Board Members reported on activities since the July 26, 2011, meeting.
<b>Board Correspondence September 12, 2011</b>	At 2:06 Mrs. Jarvis acknowledged receipt of emailed feedback on the letter to Governor McDonnell expressing the Board’s priorities for the system through endorsement of the Creating Opportunities Plan priorities.
<b>Draft State Board Annual Executive Summary</b>	At 2:07 Ruth Ann Walker provided an overview of the draft annual executive summary to report on the board for the year. She asked that members respond by email on any suggested edits.
<b>Other Business &amp; Adjournment</b>	<i>At 2:10 the meeting adjourned.</i>

Respectfully Submitted:

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**Ruth Jarvis, Chair**

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**Kli Kinzie, Secretary**

**ADDENDUM**

Commonwealth of Virginia



State Board of Behavioral Health and Developmental Services

Resolution Honoring Daniel E. Karnes

**WHEREAS**, Virginians rely on their state government to assure that all individuals who are affected by mental illness, intellectual disability, or substance use disorder have access to treatment, care, and prevention services of the highest quality that supports their self-determination, empowerment, and recovery; and

**WHEREAS**, during his tenure on the State Board Daniel Karnes served as Acting Chair from August 19, 2008 to January 13, 2009, and as Chair from January 13, 2009 to July 26, 2011; and

**WHEREAS**, during his term of office Daniel Karnes gave generously of his time, talents, and energy in order to improve public behavioral health and developmental services in Virginia; and

**WHEREAS**, all Virginians have benefited from his dedication, personal commitment, and conscientious influence on statewide behavioral health and developmental services policy; therefore be it

**RESOLVED** that the Virginia Department of Behavioral Health and Developmental Services and the State Board of Behavioral Health and Developmental Services hereby express their gratitude to Daniel Karnes and recognize his exemplary leadership and excellent service to the Commonwealth of Virginia, and call this observance to the attention of all Virginians.

Prepared and approved in the County of Amherst, Virginia on the 13<sup>th</sup> day of October 2011.

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Chair, State Board of Behavioral Health and Developmental Services

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Commissioner, Virginia Department of Behavioral Health and Developmental Services