VIRGINIA’S PRESCRIPTION MONITORING PROGRAM

A Resource for Patient Management with Controlled Substances
Past Year Initiates of Specific Illicit Drugs among Persons Aged 12 or Older: 2009

<table>
<thead>
<tr>
<th>Drug</th>
<th>Numbers in Thousands</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marijuana</td>
<td>2,361</td>
</tr>
<tr>
<td>Pain Relievers</td>
<td>2,179</td>
</tr>
<tr>
<td>Ecstasy</td>
<td>1,226</td>
</tr>
<tr>
<td>Stimulants</td>
<td>813</td>
</tr>
<tr>
<td>Cocaine</td>
<td>702</td>
</tr>
<tr>
<td>LSD</td>
<td>617</td>
</tr>
<tr>
<td>Sedatives</td>
<td>337</td>
</tr>
<tr>
<td>Heroin</td>
<td>186</td>
</tr>
<tr>
<td>PCP</td>
<td>180</td>
</tr>
<tr>
<td></td>
<td>45</td>
</tr>
</tbody>
</table>

Note: The specific drug refers to the one that was used for the first time, regardless of whether it was the first drug used or not.

Source: 2009 NSDUH
Department of Health Professions

ONDACP DECLARES AN EPIDEMIC

• Prescription drug abuse is the Nation’s fastest growing drug problem

• Response plan focuses on four major areas
  – Education
  – Tracking and Monitoring
  – Proper Medication Disposal
  – Enforcement

www.dhp.virginia.gov
WHAT IS A PRESCRIPTION MONITORING PROGRAM?

Prescription Monitoring Programs (PMPs) are systems in which controlled prescription drug data are collected in a database, centralized by each state, and administered by an authorized state agency to promote the appropriate use of controlled substances for legitimate medical purposes, while deterring the misuse, abuse, and diversion of controlled substances.
ELEMENTS OF DATA COLLECTION

• What Drugs Are Reported?
• Who Must Report?
• Exemptions To Reporting?
WHO MAY GET INFORMATION?

• Doctors and Pharmacists for their patients
• Investigators for licensing boards
• Certain law enforcement agents if they have an open investigation
• Patients for their own prescription history

www.dhp.virginia.gov
New Reporting Requirements Effective October 1, 2011.

The new reporting manual detailing the requirements that become effective October 1, 2011 is now available. Changes include:

- Reporting within 7 days of dispensing
- Use of ASAP 2009 Version 4.1
- The DEA number of the dispender
- The date the prescription was written
- Whether the prescription is new or a refill
- The number of refills authorized.

Click here for Reporting Manual.

Register Now! Free Education Forums on Prescription Drug Abuse.

Earn Continuing Education Credits! Click here for more information.

Agenda for Substance Abuse Forums

Substance Abuse Forum Flyer

**Regulations**

Regulations for the Prescription Monitoring Program have been amended to conform to federal requirements for grant eligibility. Standards for the format and timing of the required report of dispensed drugs and the data elements to be reported have been amended; all amendments are effective October 1, 2011.

The PMP Data Center

The PMP Data Center is now available with 24/7 access and auto-response capabilities for prescribers and pharmacists. 

If you are a prescriber or pharmacist and have not registered to use the program please do so today by clicking on "Access the PMP Data Center". Click on "Not a user? Register to become a user". Fill out the form and click the SUBMIT button. Print the form out, sign and date it, and fax to 804-527-4470.

Once your registration request is verified and approved you will receive information about how to use the program.

Access the PMP Data Center

Pain Management Course offering

The Virginia Department of Health Professions has partnered with the VCU School of Medicine in the development of VCU Pain Management: An Online Curriculum. This curriculum emphasizes the assessment and management of pain through a case-based format with evidence-based content, tables, tools, and practice resources. Seven modules cover topics from assessment, treatment including opioid management, legal issues, and specific concerns for pain management in Virginia. A module on Pediatric Pain Management was added in 2010.
Please read the reports carefully. If you have questions, contact the program at pmp@dhp.virginia.gov or 804-367-4566
USE OF THE REPORT

• MAY
  • 2010 legislation: May report suspected criminal activity to law enforcement: 54.1-3408.2
  • 2011 legislation: Clarified that prescribers and dispensers may discuss contents of PMP reports with other prescribers and dispensers: 54.1-2525 Para C

• MAY NOT
SELECTED STATISTICS

Annual Totals Through June 30, 2011

Time Period

2007 2008 2009 2010 2011

22156 43819 75432 433450 291801

24/7 Access was introduced on October 1, 2009.

www.dhp.virginia.gov
SELECTED STATISTICS

Registered Users of PMP DataCenter
January 2009 Through June 30, 2011

www.dhp.virginia.gov
SELECTED STATISTICS

Percentage of Prescribers as Registered Users of VPMP:  April - June 2011

<table>
<thead>
<tr>
<th>Prescribers</th>
<th>Registered Prescribers</th>
<th>% of Registered Prescribers</th>
</tr>
</thead>
<tbody>
<tr>
<td>1000+</td>
<td>258</td>
<td>76.6%</td>
</tr>
<tr>
<td>500+</td>
<td>590</td>
<td>67.0%</td>
</tr>
<tr>
<td>250+</td>
<td>1064</td>
<td>57.6%</td>
</tr>
<tr>
<td>100+</td>
<td>1766</td>
<td>45.0%</td>
</tr>
<tr>
<td>50+</td>
<td>1022</td>
<td>30.9%</td>
</tr>
<tr>
<td>25+</td>
<td>718</td>
<td>22.2%</td>
</tr>
<tr>
<td>1+</td>
<td>1205</td>
<td>10.3%</td>
</tr>
</tbody>
</table>

www.dhp.virginia.gov
RECENT PROGRAM ACTIVITIES

• Participated at White House Roundtable on Use of PMP Data
• Participation in NABP InterConnect project
• Participation in Substance Abuse Forum Project
• Participation in Drug Take-Back Task Force
• Participation in DBHDS Substance Abuse Task Force

www.dhp.virginia.gov
NEXT STEPS

- Interoperability project
- Implementation of new software
- Implement regulations changing reporting requirements
  - Within 7 days of dispensing
  - New or Refill?
  - Date written

www.dhp.virginia.gov
Department of Health Professions

Chronic Non-Malignant Pain Management

Course Home Page

- Overview and Assessment
- Treatment Goals
- Common Pain Diagnoses: Fibromyalgia
- Common Pain Diagnoses: Neuropathic Pain
- Identifying and Meeting Challenges
- Legal and Regulatory Aspects
- Virginia

Post-Test Assessment

Virginia Commonwealth University
ACCESS TO OTHER PROGRAMS

- West Virginia:  https://65.78.228.163
- Kentucky:  http://chfs.ky.gov/os/oig/KASPER.htm
- Tennessee:  
  https://prescriptionmonitoring.state.tn.us
- North Carolina
  http://www.ncdhhs.gov/mhddsas/controlledsubstance/index.htm
PROGRAM CONTACT INFORMATION

• Program Phone #: 804-367-4566
• Fax 804-527-4470
• Email- pmp@dhp.virginia.gov
• www.dhp.virginia.gov/dhp_programs/pmp/def ault.asp