

Alcohol and Aging Awareness Group (AAAG)  
Alcohol, Medication and Older Adults related Resources

**Books**

Alcohol, Medications and Older Adults: How to Get Help  
Hazelden and AARP 1995

Alcoholism in the Elderly: Diagnosis, Treatment, Prevention 1997  
American Medical Association

Substance Abuse Among Older Adults  
Blow, Frederic C.  
Rockville, MD: U.S. Department of Health and Human Services, Public Health Services,  
SAMHSA. CSAT, 1998

Alcohol and Aging  
By Thomas P. Beresford, Edith Lisansky Gomberg-Psychology-1995

Alcohol Problems and Aging  
Edited by Edith S. Lisansky Goldberg, Andre M. Hegedus, Robert A. Zucker-Psychology  
2000

Women and Alcohol: Contemporary and Historical Perspectives  
By Moira Plant-Psychology-1997

Aging and Addition: Helping Older Adults Overcome Alcohol or Medication  
By Carol Colleran, Debra Jay-self help-2002

Under the Influence: Alcohol and Human Behavior  
By John Jung-Psychology-1994

Encyclopedia of Aging  
By Richard Schulz-Medical-2006

**Consumer Literature**

Caring and Coping: For Family Members of Older Adults in Recovery  
Walker, B.  
1989 Center City, MN Hazelden

How to Talk to an Older Person Who has a Problem with Alcohol or Medications  
Hazelden Center City, MN Hazelden

Messages of Concern: Alcoholism and the Older Adult  
Osgood, N.

Richmond, VA Medical College of Virginia, VCU

Messages of Hope: For Older Adult Alcoholics

Osgood, N.

Richmond, VA Medical College of Virginia, VCU

Problems with Alcohol and Medications Among Older Adults, The Early Recovery

Workbook, Session One: Denial and Session Two: Shame

Halzelden and AARP

Center City, MN Hazelden

### **Websites**

- What is Substance Abuse Treatment? A Booklet for Families  
<http://ncadistore.samhsa.gov/catalogRM/ProductDetails2007.aspx?ProductID=16890>
- Recovery and the Military: Treating Veterans and Their Families (Alcohol and Substance Abuse)  
<http://ncadistore.samhsa.gov/catalog/mediaDetails.aspx?ID=470>
- [www.niaaa.nih.gov/publications/aa40-text.htm](http://www.niaaa.nih.gov/publications/aa40-text.htm)
- [www.seniornavigator.com](http://www.seniornavigator.com)
- [www.mayohealth.org](http://www.mayohealth.org)
- [www.samhsa.gov](http://www.samhsa.gov)