



Virginia Department of
Behavioral Health &
Developmental Services

How to Complete Your Annual Waiver Waitlist Forms!

Each year, individuals who are currently on Virginia's DD Waiver Waiting List (the Waitlist) must complete the **Annual Attestation Documentation of Individual Choice for Home and Community-Based Services form (the Choice form)** and the **Needed Services form** to stay on the Waitlist.

Reminder: You can complete the required **Choice form** and the optional **Needed Services form** online at dbhds.virginia.gov/waitlistforms!



- Our [Quick Reference Guide](#) shows how to access the Waitlist website, log in, and complete the form online.
- Our [DBHDS Waitlist Website User Guide](#) gives detailed instructions on how to use the website.

If you have questions about how to complete these forms, email waiverwaitlist@dbhds.virginia.gov. You can also contact My Life, My Community at **844-603-9248** (M-F, 9 AM to 4 PM).