

Screening Instruments for Pregnant Women and Women of Childbearing Age Substance Use, Mental Health and Intimate Partner Violence

Instrument	Description	Primary Population Focus	Format	Availability and Source
Screening Instruments for both Alcohol and Drug Use				
ASSIST (Alcohol, Smoking, and Substance Involvement Screening Test)	<p>The ASSIST provides information about: the substances people have used in their lifetime; those used in the past three months; problems related to substance use; risk of current or future harm; dependence; and injection drug use.</p> <p>Comments: The ASSIST collects information regarding use of tobacco, alcohol, cannabis, cocaine, amphetamine type stimulants, sedatives, hallucinogens, inhalants, opioids, and other drugs.</p> <p>Administration Time: 10 min Scoring Time: 5 min Training: Recommended but not required; a guidance document is available free of charge. Language: English, Spanish, & 4 other languages. Translation directions provided</p>	<p>General population; primary and other health care settings worldwide</p> <p>Focus: Recent and Past Drug and Alcohol Use</p> <p>Comments: Prenatal care providers may prefer this instrument as it collects substance use information they are required to collect on all pregnant women (Code of Virginia §54.1-2403.1)</p>	<p>Clinician Administered Interview</p> <p>Computer administered format available</p>	<p>Available in the public domain.</p> <p>FREE: Available for download on the DBHDS website at the following links. The document may be freely reviewed, abstracted, reproduced, and translated, in part or in whole but it may not be sold or used in conjunction with commercial purposes.</p> <p>ASSIST English: http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-assist_v3_english</p> <p>ASSIST Spanish: http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-ASSIST-spanish</p> <p>For more information:</p> <p>Program on Substance Abuse World Health Organization 1211 Geneva, Switzerland email: Publications@who.int</p> <p>WHO web site</p>

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4P's	<p>The 4Ps (Parents, Partners, Past and Pregnancy) was developed for use with pregnant women and women of child bearing age. The tool has 4 questions intended to facilitate discussion</p> <p>Comments: Recommended for use by medical & non-medical providers</p> <p>Administration Time: 2 min Scoring Time: < 1 min Training: Brief training recommended but not required Language: English</p>	<p>Pregnant women and women of child bearing age</p> <p>Focus: Recent and past drug and alcohol use</p>	<p>Clinician administered: intended to facilitate discussion regarding substance use</p>	<p>Available in the public domain</p> <p>Developed by Hope Ewing</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/screener-4ps.pdf</p>
5Ps	<p>The 5 Ps is actually a 6 question tool. It is the 4Ps plus an additional question on peers and on smoking</p> <p>Comments: recommended for use by both medical & non-medical providers</p> <p>Administration Time: 2 -3 min Scoring Time: < 1 min Training: Brief training recommended but not required Language: English</p>	<p>Pregnant women and women of child bearing age</p> <p>Focus: Recent and past drug and alcohol use as well as tobacco</p>	<p>Clinician administered: intended to facilitate discussion regarding substance use</p>	<p>Available in the public domain</p> <p>The 5Ps was adapted by the Massachusetts Institute for Health and Recovery in 1999 from Dr. Hope Ewing's 4Ps (1990). The attached version includes guidance from the Louisiana Office of Addictive Behaviors.</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-5ps.pdf</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-5ps-tobacco.pdf</p>

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<p>Virginia Behavioral Health Risks Screening Tool</p>	<p>The Virginia Behavioral Health Risks Screening Tool incorporates the 5 P’S, the Quantity/Frequency of tobacco use, the 3 item anxiety scale from the Edinburgh Postpartum Depression Scale and a question regarding the woman’s experience with violence. The Virginia Behavioral Health Risks tool was adapted from the Institute of Health and Recovery (IHR) High Risk Screening tool.</p> <p>Comments: The IHR tool is currently used in 32 community health centers in Massachusetts & is in the process of being validated. It is available in Spanish.</p> <p>Administration Time: 3-5 min Scoring Time: approx 2 min Training: recommended but not required. Language: English</p>	<p>Pregnant women, women of child bearing age and adolescent females</p> <p>The Virginia tool can be used with pregnant women and women of child bearing age but recommends different follow-up screens if the woman expresses concern about her emotional health.</p>	<p>Clinician administered or self administered</p> <p>Intended to facilitate discussion regarding substance use, domestic violence and depression</p>	<p>Available in the public domain</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-VAHighRiskTool-provider-101514</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-vahighrisktool-patient.pdf</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-BHRS-patient-span</p> <p>For more information re: the Virginia tool contact Martha Kurgans, Women’s Services Coordinator Dept. Behavioral Hlth. & Dev. Services (DBHDS) Martha.kurgans@dbhds.virginia.gov Ph: 804-371-2184</p> <p>The IHR 5 P’S was developed through funding by the Maternal and Child Health Bureau for the ASAP Project. It can be downloaded at the DBHDS website at http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-IHRIntegratedScreeningTool</p> <p>For more information, please contact: Enid Watson, M. Div. Director, Screening and Early Identification Projects Institute for Health & Recovery 349 Broadway Cambridge, MA 02139 enidwatson@healthrecovery.org Ph: 617-661-3991 Toll Free: 1-866-705-2807</p>

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Screening Instruments for both Alcohol and Drug Use				
4Ps Plus	<p>The 4 P's Plus© is a revised version of the 4Ps tool and includes additional questions regarding mental health, domestic violence and substance use. This screen has been tested and validated and effectively identifies pregnant women at highest risk for substance use during pregnancy.</p> <p>Comments: recommended for use by medical & non-medical providers</p> <p>Administration Time: 3 to 5 min. Scoring Time: approx 2 min Training: Technical Assistance & training available through NTI Upstream Solutions/ Children's Research Triangle Language: English or Spanish</p>	<p>Pregnant women Women of childbearing age</p> <p>Focus: Recent and Past Drug and Alcohol Use, domestic violence & depression</p>	<p>Clinician administered</p> <p>Intended to facilitate discussion regarding substance use, domestic violence and depression</p>	<p>Copyrighted: For permission and rights to use this tool, contact Dr. Ira Chasnoff at: ichasnoff@aol.com</p> <p>Ira Chasnoff NTI Upstream /Children's Research Triangle 180 North Michigan Avenue Suite 710 Chicago, IL 60601 P: 312.726.4011 Fax: 312.726.4021 email: info@ntiupstream.com</p>

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Instrument	Description	Primary Population Focus	Format	Availability and Source
Screening Instruments for both Alcohol and Drug Use				
UNCOPE (Used, Neglected, Cut Down, Objected, Preoccupied, Emotional Discomfort)	<p>The UNCOPE can be used in mental health and medical clinics, employee assistance counseling, marital and family counseling, child welfare services. It is not appropriate for evaluating persons arrested for driving under the influence, those presenting for treatment, or those being evaluated for any issue associated with substances.</p> <p>Administration Time < 1 min. Scoring Time: 1 min Training: not required Language: English</p>	<p>Adults receiving social services; home visiting services</p> <p>Focus: Drug & Alcohol Use</p>	<p>Clinician Administered</p>	<p>Available in the public domain. Can be downloaded from the from the DBHDS website at http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-UNCOPE_for_web</p> <p>FREE: The UNCOPE is available free on the web and has been printed in various publications. The questions may be used free of charge for oral administration in any medical psychosocial, or clinical interview. Attribution to the developer is requested when citing the instrument</p> <p>The Change Companies 5221 Sigstrom Drive Carson City, NV 89706 tel: 888-889-8866 fax: 775-885-0643 email: info@changecompanies.net web: http://www.changecompanies.net</p>
Screening Instruments for Alcohol Use Only				
AUDIT (Alcohol Use Disorder Identification Test)	<p>The AUDIT is a 10-item screening questionnaire designed to identify adults whose alcohol consumption has become hazardous or harmful to their health</p> <p>Administration Time < 2 min (10 minutes when incorporated into other aspects of medical exam.) Scoring Time: < 5 min Training Intended for use by trained health professionals or paraprofessionals Language: English</p>	<p>Adult men & women</p> <p>Focus: Alcohol Use</p>	<p>Clinician Administered</p> <p>Computer administered format available</p>	<p>Available in the public domain. Can be downloaded from the DBHDS website at: http://www.dbhds.virginia.gov/library/mental_health_services/scrn-pw-AUDIT</p> <p>Portions available in the public domain : The core questionnaire can be reproduced without permission. Test and manual are free; training module costs \$75 and contains a videotape and manual</p> <p>World Health Organization Division of Mental Health & Prevention of Substance Abuse;CH-1211 Geneva 27, Switzerland email: Publications@who.int</p>

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Instrument	Description	Primary Population Focus	Format	Availability and Source
Screening Instruments for Alcohol Use Only				
T-ACE (Tolerance, Anger / Annoyance, Cut Down, Eye-Opener)	<p>The T-ACE is a four-item questionnaire developed for use with pregnant women. Positive results indicate need for further exploration of the subject's drinking.</p> <p>Administration Time can be administered by anyone, including non-professionals, in less than 1 minute.</p> <p>Scoring Time: 1 minute</p> <p>Training No special training is required</p> <p>Language: English</p>	<p>Pregnant women</p> <p>Focus: Alcohol Use</p>	<p>Clinician Administered</p>	<p>Available in the public domain. Can be downloaded from the DBHDS website at: http://www.dbhds.virginia.gov/library/mental_health_services/scrn-pw-T-ACE_alcohol_screen</p> <p>Permissions Department, Mosby, Inc. (a division of Elsevier) 6277 Sea Harbor Drive Orlando, FL Ph: 407-345-3994 web: http://www.us.elsevierhealth.com/</p>
TWEAK (Tolerance, Worry, Eye-Opener, Amnesia, Cut-Down)	<p>The TWEAK is a five-item scale originally developed to screen for risk drinking during pregnancy. The items are not gender specific, however, and the scale can be used with either women or men.</p> <p>Administration Time: 2 minutes</p> <p>Scoring Time: 1 minute</p> <p>Training No special training is required for the administration or scoring of this instrument.</p> <p>Language: English</p>	<p>Primary Focus: Alcohol Use</p>	<p>Pencil-and-paper / computerized self-administered / or in interview formats.</p>	<p>Available in the public domain. Can be downloaded from the DBHDS website at: http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-TWEAK</p> <p>Marcia Russell Prevention Research Center 1995 University Ave., Suite 450 Berkeley, CA 94704 Ph: 510-883-5703 email: russell@prev.org</p>

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Instrument	Description	Primary Population Focus	Format	Availability and Source
Screening Instruments for Drug Use Only				
DAST-A (Drug Abuse Screening Instrument)	<p>The DAST is a 20 item instrument for clinical and non-clinical screening to detect drug abuse or dependence disorders. It is most useful in settings in which seeking treatment for drug use problems is not the patient's stated goal.</p> <p>Administration Time: 5 minutes Scoring Time: 2 minutes Training No special training is required for the administration of this instrument. Language: English</p>	Adult – drug use	Self-administered	<p>Available in the public domain. Can be downloaded from the DBHDS website at: http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-DAST-A</p> <p>Harvey A. Skinner Department of Behavioural Sciences University of Toronto 12 Queens Park, Crescent West McMurrich Building, 1st floor Toronto, ON M5S 1A8, Canada tel: 416-978-2040 email: harvey.skinner@utoronto.ca web: http://www.phs.utoronto.ca</p>

Screening Instruments for Pregnant Women and Women of Childbearing Age Substance Use, Mental Health and Intimate Partner Violence

Instrument	Description	Primary Population Focus	Format	Availability and Source
Screening Instruments for Depression or Mental Health Concerns				
Edinburgh Postnatal Depression Scale (EPDS)	<p>The EPDS is a 10 item tool developed to evaluate depression in childbearing women. It has been used - but not validated -for perinatal use.</p> <p>Administration Time: < 5 min. Scoring Time: 1 minute Training: Not required Language: Available in 20 languages</p>	Primary Focus: pregnant & postpartum women who may be experiencing depression	Self-administered	<p>Available in the public domain. English and Spanish versions can be downloaded from the internet at:</p> <p><i>English -</i> http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-edinburgh_depression_scale_english</p> <p><i>Spanish</i> http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-edinburgh_depression_scale_spanish</p> <p>Conduct an internet search to obtain other languages.</p> <p>Edinburgh Postnatal Depression Scale (EPDS) J. L. Cox, J. M. Holden, R. Sagavsky From: British Journal of Psychiatry (1987), 150, 782-786</p>
Beck Depression Scale (BDI-II)	<p>The BDI -II is a 21 item tool developed to assess depression severity and allow for monitoring depression over time. It has good concurrent validity with measures of postpartum depression</p> <p>Administration Time: 5 min. Training: Review of manual and understanding of the DSM IV. Language: Available in Spanish and English</p>	Primary Focus: General population of adults who may be experiencing depression	Clinician or self-administered. The BDII uses diagnostic criteria for major depressive disorder in the Diagnostic and Statistical Manual Fourth Edition (DSM-IV).	<p>Copyrighted. Information about ordering can be found at: http://pearsonassess.com/haiweb/cultures/en-us/productdetail.htm?pid=015-8018-370</p> <p>\$49 for pkg. of 25 record forms \$65 for manual</p>

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Screening Instruments for Depression and Mental Health Concerns				
CES –D Center for Epidemiologic al Studies	<p>The CES-D is a 20 item self-report scale which measures the current level of depressive symptoms with an emphasis on depressed mood during the past week</p> <p>Administration Time 5-10 min. Scoring Time: estimated 5 min Training: not required Language: English & Spanish</p>	General population	Self-administered	<p>Available in the public domain. Can be downloaded from the DBHDS website at:</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-cesdscale</p>
Abbreviated Patient Health Questionnaire PHQ-2	<p>The PHQ-2 is a tool which consists of the first 2 questions of the PHQ-9 and is expected to be used as a conversational screen. A positive response to either question warrants the need for additional evaluation. The PHQ-9 can be used to provide a follow-up to PHQ-2 to determine if DSM-IV criteria for major depression diagnosis are met.</p> <p>Administration Time: 1 min. Scoring : estimated < 3 min Training: Instructions for use of the questionnaire. Language: English and Spanish</p>	Primary Focus: General population of adults who may be experiencing depression and other mental health disorders	Clinician administered.	<p>Available in the public domain. Available with acceptance of terms of use by Pfizer, Inc.. Can be downloaded from the DBHDS website at:</p> <p>http://www.dbhds.virginia.gov/library/mental%20health%20services/scrn-pw-PHQ2</p> <p>NOTE: The PHQ-2 is an abbreviated version of the PHQ-9 tool.</p>

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Screening Instruments for Depression and Mental Health Concerns				
Patient Health Questionnaire PHQ-9	<p>The PHQ-9 is an abbreviated version of the Primary Care Evaluation of Mental Disorders</p> <p>Administration Time: 5-10 min Scoring: : estimated < 5min Training: DSM IV diagnosis codes. Language: English and Spanish</p>	<p>Primary Focus: General population of adults who may be experiencing depression and other mental health disorders</p>	<p>Clinician administered. The PHQ-9 is based directly on the diagnostic criteria for major depressive disorder in the Diagnostic and Statistical Manual Fourth Edition (DSM-IV).</p>	<p>Available in the public domain. Available with acceptance of terms of use. Can be downloaded from the internet at:</p> <p>http://www.dbhds.virginia.gov/library/mental_health_services/scrn-pw-phq9.pdf</p>
Screening for Intimate Partner Violence				
Abuse Assessment Screen(AAS)	<p>Tool from the Family Violence Prevention Fund Addresses past, and current physical, emotional and sexual abuse as well as threats of abuse.</p> <p>Administration Time: estimated to be 5-10 min Scoring: estimated < 5min Training: not required Language: English and Spanish</p>	<p>Pregnant women</p>	<p>Clinician administered</p>	<p>Available in the public domain. Can be downloaded from the Virginia Department of Health/Project Radar website on Intimate Partner Violence:</p> <p>http://www.dbhds.virginia.gov/library/mental_health_services/scrn-pw-aas-eng.pdf</p> <p>http://www.dbhds.virginia.gov/library/mental_health_services/scrn-pw-aas-span.pdf</p>

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Instrument	Description	Primary Population Focus	Format	Availability and Source
Screening for Intimate Partner Violence				
Women's Experience with Battering (WEB)	<p>This 10 item tool operationalizes the experiences of battered women rather than the abusive behaviors they encounter. The tool demonstrated high internal consistency reliability, was significantly correlated with known-group status, exhibited good construct validity, and was not significantly correlated with a measure of social desirability.</p> <p>Administration Time: estimated to be 5-10 min Scoring: estimated < 5min Training: not required Language: English and Spanish</p> <p>Scoring procedures: Reverse score and then add the responses for all items. Range of scores is 10 to 60. A score of 20 or higher is a positive screening test for battering (Coker et al. 2002; Punukollu 2003).</p>	women	Self Report	<p>Developed by: Paige Hall Smith, Irene Tessaro, and Jo Anne Earp, 1995</p> <p>http://www.dbhds.virginia.gov/library/mental_health_services/scrn-pw-WEB.pdf</p> <p>http://www.dbhds.virginia.gov/library/mental_health_services/scrn-pw-WEB-span.pdf</p>